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The Quincy Sun

Quincy's Hometown Weekly Newspaper Since 1968

VOL. 55 No. 41

Thursday, June 29, 2023

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HAPPY DAY - New Quincy Police Chief Mark Kennedy shares a moment with his two daughters, Ainsley (left) and Ava (right) moments before he was sworn in as the city's 18th police chief at a ceremony held in the Great Hall of the James R. McIntyre Government Center (old City Hall) June 23.

Quincy Sun Photo/Robert Bosworth

Mark Kennedy Sworn In As City's 18th Police Chief

'Together We Can Continue To Push Department Forward'

By SCOTT JACKSON

A 24-year veteran of the Quincy Police Department, Mark Kennedy was sworn in as the city's 18th chief of police in front of a standing-room-only audience of

family members, friends and police officers past and present.

"Today is just the beginning of the journey," he said moments after taking his oath of office. "There

are many more peaks that I know we need to climb, and I know that together, we can do great things and continue to push this department forward."

A 47-year-old native of

Squantum, Kennedy was sworn in as the police chief by City Clerk Nicole Crispo on the morning of June 23 inside the McIntyre Government Center. Kennedy's

Cont'd On Page 3

\$2 Million In Community Preservation Spending OK'd

By SCOTT JACKSON

City councillors have approved appropriating \$2.06 million in community preservation funds toward eleven separate items, with nearly all the funds going to historic preservation projects.

Councillors on June 20 okayed the slate of community preservation projects in a unanimous vote. Each of the projects had previously

been vetted by the city's Community Preservation Committee.

Nine of the eleven items receiving funding are classified as historic preservation projects. Those initiatives will receive a combined \$1.98 million in funding.

The city's Department of Natural Resources will receive \$825,000 for phase two of the project to restore

Cont'd On Page 11

New Zoning Eyed For South Quincy

By SCOTT JACKSON

To comply with a state law that encourages the development of new multi-family housing in communities served by the MBTA, city officials are looking at rezoning parts of South Quincy in the vicinity of the Quincy Adams station.

City Solicitor Jim Timmins on June 20 provided councillors with an update on Quincy's plan to comply

with the state law, known as Section 3A. Following Timmins' presentation, councillors unanimously voted to allow city officials, including the Planning Department, to continue working on potential zoning changes over the summer. The proposed changes could then be presented to councillors in September for review.

Approved by state law-

Cont'd On Page 11

Quincy Sun \$2.00 On The Newsstand Effective July 6th Issue

The newsstand price of The Quincy Sun will increase to \$2.00 per issue effective with the July 6th edition.

This is the first increase in the newsstand price in three years. The price adjustment is due to rising costs to produce, print and distribute the newspaper.

The cost for home delivery by mail is also increasing as of July 6th. Those prices for a one-year subscription by mail are \$48 in Quincy, \$50 outside Quincy (in state) and \$60 out-of-state.

To order a mail subscription, call the Circulation Department at 617-471-3100.

Early Deadline For Next Week's Quincy Sun

Because of the Independence Day holiday Tuesday, July 4, The Quincy Sun has an early news and advertising deadline for next week's issue.

The deadline for news releases, retail and classified advertising and legal notices to be published in the July 6th edition is 4 p.m. today (Thursday).

The Sun office will be closed Monday, July 3rd and Tuesday, July 4th in observance of the Independence Day holiday.

The July 6th Sun will be circulated on Wednesday, July 5th. For more information, call The Sun office at 617-471-3100 or email the editor: thequincysun@verizon.net.

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Children's Activities At Crane Library - Page 12
Council On Aging July Events - Page 22

More Quincy news:

The Quincy Sun.com



14 Quincy Firefighters Complete Academy Training

By SCOTT JACKSON

The newest graduates of the city's firefighting academy – including 14 new Quincy firefighters and one from the town of Belmont – were recognized at a recent ceremony.

A standing-room-only crowd of family, friends and fellow firefighters past and present were on hand for the firefighters' graduation, which was held the morning of June 9 in the Tirrell Room.

The new Quincy firefighters who received their certificates at the ceremony are: Christopher Barbone, Austin Kelley, Thomas Barrett, Frederick Barsamian, Shane Bowen, Steven Conroy, Matthew Flaherty, Daniel Gibbons, Michael Golden, Matthew Goodrich, Thomas Koch Jr., Jeffrey Mitchell, Michael Weeks and Deming Yang. Joining them was Joseph Brock of the Belmont Fire Department, who trained alongside the Quincy recruits.

The 15 firefighters trained together over the course of 13 weeks, starting in March, at the former St. Mary School in West Quincy. Quincy Fire Chief Joseph Jackson said the department was fortunate to be able to do all the training in-house.



FOURTEEN QUINCY FIREFIGHTERS graduated from the firefighting academy on June 9 at the Tirrell Room. Here they pose with Fire Chief Joseph Jackson (far left) and Mayor Thomas Koch (far right) after receiving their certificates and badges.

"A lot of you know that this drill school was held in Quincy. What a lot of you might not know is that it's not the norm for a city or a town to put on their own drill school," Jackson said.

"We're very fortunate in the city of Quincy – with the support of the mayor and the City Council, we have such a robust depart-

ment. We have the facility, we have the personnel, we have the equipment to put on our own drill school and quite frankly you get a better result because we're able to kind of tweak it to our own guys, how we operate. As much as we do things the same, we do things a little bit differently."

Cont'd On Page 17



QUINCY FIRE Chief Joseph Jackson speaks during the graduation ceremony for the city's newest firefighters on June 9 at the Tirrell Room. "I'll give you the same advice my father gave me," Jackson said, "never stop learning, don't take a day for granted, always remember how fortunate you are to be in the position you are."



QUINCY FIREFIGHTER MATTHEW FLAHERTY was all smiles after his wife, Ava, and daughter, Charlotte, pinned him during the June 9 ceremony. In the background is Fire Chief Joseph Jackson.

Quincy Sun Photos/Scott Jackson

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The USDA funded Summer Food Service Program for Children sponsored by the Quincy Public Schools will provide free meals to all children without charge, regardless of race, color, national origin, sex, age or disability.

Lunch Service: Monday—Friday 11 am to 1 pm - July 5 through August 18, 2023

Please note the following guidelines for the Quincy Summer Eats Program:

This is a congregate feeding program. Children must eat the meals on site.

Children age 18 years old and younger are allowed to take one lunch.

Parent/guardian cannot take meals on their child's behalf or for themselves.

There are no registration or income requirements to participate.

"This is an equal opportunity provider."

SITE LOCATIONS:

The Snug Harbor School

The Ward II Community Center

The Lincoln Hancock School cafeteria

The F.W. Parker School cafeteria

The Montclair Elementary School gym

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More Quincy news:

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"TODAY IS JUST the beginning of the journey," new Quincy Police Chief Mark Kennedy said moments after taking his oath of office. "There are many more peaks that I know we need to climb, and I know that together, we can do great things and continue to push this department forward."



MARK KENNEDY is sworn in as the City of Quincy's 18th police chief at a ceremony June 23 in the Great Hall of the James R. McIntyre Government Center (old City Hall). Administering the oath is City Clerk Nicole Crispo. Kennedy was appointed police chief by Mayor Thomas Koch. He succeeds retired Chief Paul Keenan.

Quincy Sun Photos/Robert Bosworth

Mark Kennedy Sworn In As 18th Police Chief

Cont'd From Page 1

Kennedy, who joined the family — his wife, Laura, sons Jackson and Ryan and daughters Ainsley and Ava — were on hand to pin the chief with his new badge.

Kennedy, who joined the department in 1998, had been serving as a lieutenant prior to his promotion to chief and scored the highest among four candidates

for the position in an assessment center evaluation conducted by the city. He succeeds Paul Keenan, who retired from the department

on June 22, as police chief. Addressing the crowd inside City Hall following his swearing in, Kennedy first thanked his family for their

support over the years.

"I'd like to start by thanking my family — my wife, Laura, my sons Jackson and Ryan, Ainsley and

Ava — for all their love and support and encouragement through all these promotional and exam periods, all

Cont'd On Page 19

Nominations Open For 'Neat Neighbors' Contest

Nominations are now open for the annual "Neat Neighbors" contest, announces Mayor Thomas Koch.

The annual contest aims to recognize Quincy residents that maintain their yard or property in the spirit of a Cleaner, Greener Quincy. Each year 30 winners are chosen from throughout the City.

If you would like to nominate a friend, neighbor, or simply a house that does a great job with the upkeep of their property, call (617) 376-1251 or email pdoherty@quincyma.gov. Nominations are open from now through Labor Day. Winners are chosen at random from those properties that meet the standards of the contest; this is not a competitive evaluation contest. Winners will be announced in September.

"Quincy is one of the cleanest and most beautiful cities in the Commonwealth due in large part to the efforts of our residents who keep their properties up," said Mayor Koch. "It is a labor of love for many Quincy residents and I am quite impressed with the work that most people do to keep their properties looking clean and neat. A beautiful property can make a big impact on an entire neighborhood and I want to thank the great many people that help make Quincy such a beautiful place to live."

Quincy has conducted a "Neat Neighbors" contest for many years now. Thirty winners will be awarded a \$30 gift certificate from a local garden center in recognition of their efforts.

"It is our hope not just to recognize those residents that maintain their properties but also to encourage others that do not," said Commissioner of Natural Resources Dave Murphy. "Beautification is contagious and one home can make it big difference in a neighborhood; both good and bad. We hope to build increasing interest in property maintenance to keep our city both cleaner and greener."

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Moments in time

THE HISTORY CHANNEL

• On July 10, 2011, the British newspaper News of the World published its final edition after 168 years in print, when owner Rupert Murdoch received a high amount of criticism following accusations against his staff that complained of phone hacking and bribing police to obtain the paper's stories.

• On July 11, 1977, Dr. Martin Luther King Jr. was posthumously awarded the Presidential Medal of Freedom, the nation's highest civilian honor, by Jimmy Carter, who called King "the conscience of a generation" who "made our nation stronger because he made it better."

• On July 12, 1957, Dwight D. Eisenhower became the first sitting American president to opt for flying in a helicopter over using a motorcade to get to his destination (in this case, Camp David, the presidential retreat in Maryland).

• On July 13, 1930, France defeated Mexico 4-1 and the United States defeated Belgium 3-0 in the first-ever World Cup football matches, played simultaneously in host city Montevideo, Uruguay. The World Cup has since become the world's most watched sporting event.

• On July 14, 1882, gunfighter John Ringo was found dead in Turkey Creek Canyon, Arizona. Romanticized as a supposedly Shakespeare-quoting fellow of honor and courage whose wit was as quick as his gun, Ringo was not formally educated and came from a struggling, working-class Indiana family, but cultivated the image of a refined gentleman.

• On July 15, 1986, Columbia Records dropped Johnny Cash from its roster after a 26-year partnership, due to changing tastes in country music and declining album sales. At the time, Cash hadn't made it into the Top 10 with a single since releasing "The Baron" in 1981.

• On July 16, 2007, an earthquake with a magnitude of 6.8 struck central Japan, killing nine people and damaging hundreds of homes, as well as one of the world's largest nuclear power plants, which had a small electrical fire and leaked of radioactive air and water into the environment. The incident prompted increased safety in power plants over concern of a repeated scare.

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Also known as "tickseed" or "pot-of-gold," coreopsis is easy to grow. Sprinkle the seeds over a prepared area of soil in a very sunny location, and cover lightly with soil. Keep this area watered until the seeds germinate in about 3 weeks. This plant tolerates heat, humidity, and drought. It is well suited to beds, borders and containers. Not only do bees and butterflies love its nectar, but also small birds like goldfinches love its seeds. It's an excellent cut flower in a mixed bouquet. - Brenda Weaver
Sources: lanet.geog.ubc.ca, www.gardeningknowhow.com, almanac.com

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Adams National Historical Park Hosting Events July 1, July 2

Adams National Historical Park will be hosting a variety of events in July for the public to attend.

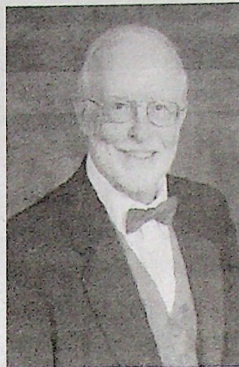
Saturday, July 1

Location: 135 Adams St.
Quincy

At 11 a.m. the public is invited to gather on the porch of the Old House for a live reading of the Declaration of Independence. Larry Gall will begin the event singing "Adams and Liberty." This song was written in 1798 in support of President John Adams and is set to a then-well-known popular tune. He will be accompanied by Grace Choi.

Immediately following, copies of the Declaration of Independence will be handed out. Anyone in the audience who wants to read a section is welcome to join in and let your voice be heard. This free event doesn't require tickets and is open to the public.

Larry Gall, baritone, has been a life-long avocational singer, first as a tenor and then as a baritone, in church and school choirs and did musical theater in high school and college. After a brief (37 year) detour as a career senior manager with



LARRY GALL

the National Park Service, he retired and now devotes himself pretty much full time to musical pursuits. He is base section lead at St. Michael's Episcopal Church, Milton, having formerly held that position at First Parish Concord.

Grace Choi is a pianist, composer, and choral conductor. Her works have been premiered at Carnegie Hall, Seiji Ozawa Hall, Orchestre National De Lorraine France, SCI National Conference, ISCM Festival, Chicago Museum Art, and Bowdoin International Music Festival. She won numerous prizes including the Contemporary Music Society of Seoul, ASCAP/SCI,



GRACE CHOI

the Virginia Carty delillo Prize from Peabody Conservatory, and the National Association of Composers USA.

Sunday, July 2

Location: 135 Adams St.
Quincy

So, you've read the Declaration of Independence, but how, was this important document written? Join John Adams, portrayed by Michael LePage, as he tells the story of the Continental Congress and the heated debates the Founding Fathers engaged in when they were writing the Declaration of Independence. John Adams will be giving a talk every hour on the hour at the Carriage House from 10 a.m. to



MICHAEL LePAGE

4 p.m.
Michael LePage has been a Historical Interpreter since 1992. He has played historical characters since 1998 including: John Adams, Paul Revere, Dr. Joseph Warren, Peter Oliver, a British Soldier, a Civil War Soldier, and Baseball Player/Manager John McGraw. Michael has performed at a variety of venues including: the Adams National Historical Park, the John F. Kennedy Library and Museum, Minuteman National Park, The Paul Revere House, the Boston Tea Party Museum, the Old South Meeting House, the Old State House, Marriott's Custom House, and corporate events.

Money Lessons To Teach Your Teen As They Start Their First Job

With school out, many teens are searching for their first summer job. This milestone not only marks the beginning of financial independence, but it shapes how they approach spending and saving in the future.

"Many parents want to guide their teens towards making wise financial decisions but aren't sure how to approach the conversation," said Amy Maliga, financial educator with Take Charge America, a nonprofit credit counseling and debt management agency. "Consider bringing it up in a way that gets them excited about saving money rather than positioning it as another set of rules."

Maliga shares five conversation starters to discuss with teens as they enter the job market:

• **Provide insight into your own decision-making process.** Give examples of how you budget, create savings goals and spend your money. Share the pros and cons of those decisions and the long-term impacts to help them see the reasoning behind your current choices. These transparent conversations build their confidence in talking about their own spending habits.

• **Ask your teen about their savings goals.** Outlining goals or items they'd like to save up for can generate excitement and make saving money more approachable. From there, you can create an action plan to achieve those goals.

• **Help them structure a basic budget.** In a nutshell, a budget details the money coming in and going out. It requires expense tracking and goal setting. Work with your teen to estimate their projected costs. This video on the basics of budgeting can help with the "how" and "why."

• **Teach them how to use a bank account.** Many banks and credit unions offer fee-free checking and savings accounts specifically for teens that include a debit card. Parents can also provide a layer of oversight by setting spending limits on debit cards. Using a bank account will teach your teen about ATMs, budgeting and effective spending habits.

• **Create healthy competition.** Encourage your family to make a game out of saving money. You can track who reaches their savings goal the fastest, or who can save the most money (or a percentage) in a set period. Making it a competition fosters both mutual excitement and accountability.

Chris, Trudy Peter Blood Drive July 11

The Houghs Neck Community Council will hold its annual Chris and Trudy Peter Blood Drive on Tuesday July 11th from 10 a.m. to 3 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy

Contact the Red Cross to make an appointment at 1-800-733-2767 or contact Eileen Timcoe @ houghsnecknews@yahoo.com if you have any questions. Appointments are required.

READERS FORUM

Running Red Lights A Severe Problem

Why didn't somebody tell me that running Red Lights is now totally acceptable? If you slow down approaching an intersection and your light is yellow (amber), you need to stand on the accelerator or the driver behind you gets angry and at their first chance of passing you, give you a signal that you are Number One on their Christmas card list.

Do yourself a favor when waiting for your light to turn green: count to at least five before entering the intersection. It has become a severe problem. There are 14 possible red lights from the intersection of Furnace Brook Parkway to the Dunkin' Donuts at East Squantum Street.

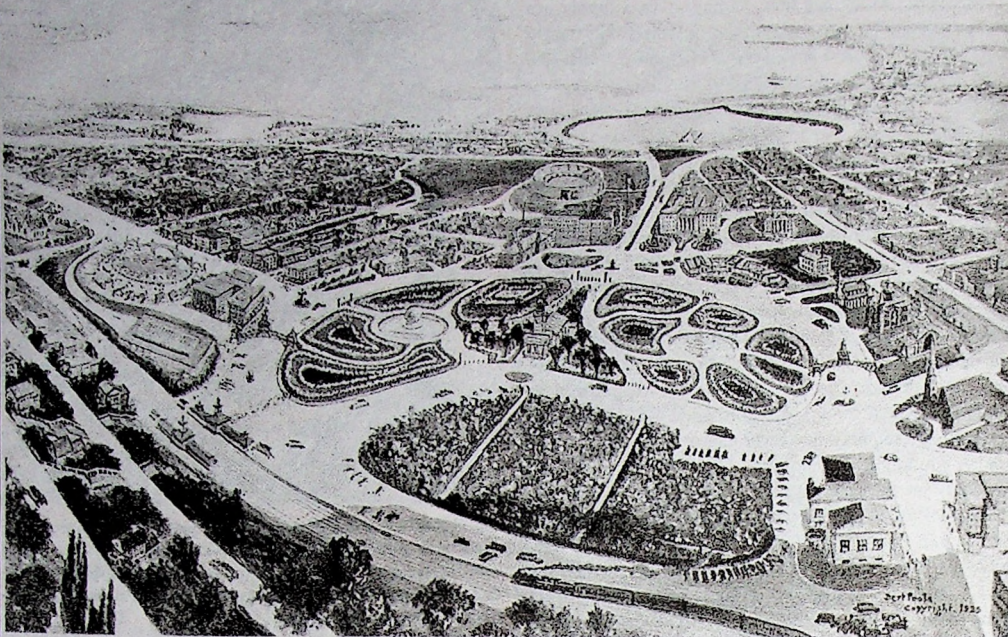
To add insult to injury, when you are stuck in traffic with some driver next to you who had the good fortune of acquiring the PA system from Veterans' Memorial Stadium and attaching it to his car's entertainment system and now plays a training disc on "how to play the bass drum within the next thirty miles."

To alleviate this problem I generally try going a different route or whichever side street comes first. The problem with that is, when you reach the end of that particular road, there are obstructions on both corners and you cannot see the oncoming traffic in either direction until you move out into the danger zone. Good luck with that.

I'm almost convinced that taking the Red Line is the best option when and if it is running. Ah, maybe not.

Edward Spring
Quincy

Scenes From Yesterday



THIS IS A postcard reproduction of "Quincy's Civic Center in 1925," a vision 100 years into the future as presented 98 years ago by the Quincy City Planning Board to Mayor Perley Barbour in 1925. It was the board's contribution to the history of the City's Tercentenary (300th) Celebration that year. This bird's eye view is looking east with the First Parish Church in the center. The foresighted vision was a precursor to today's Hancock-Adams Common except the old City Hall is missing. It was planned to replace it with a new City Hall on the corner of Spear and Coddington Streets as can be seen here. That never happened, of course, and that is now the site of the Bethany Church, which was then located at the lower right, now the site of the Bank of America building. The large building in the lower right was the then new Mount Wollaston Bank build-

ing, now the site of the Stop and Shop headquarters. Foster Street and Cottage Avenue as show here on the upper right were planned to be widened and extended to become an east-west connector between Hancock and Washington Streets and beyond to the new Southern Artery just being built, diverting traffic from the Center. In the distance, beyond all the open space and pedestrian friendly greenways, there was envisioned a large coliseum style stadium with a running track on Faxon Field next to the high school that was also just built. The Adams Academy building is on the far upper left. Many other of today's landmarks are also discernible. Note the steam-powered railroad train approaching the side-by-side Quincy Center stations; diesel at the time had only limited use.

From the Tom Galvin Postcard Collection

READERS FORUM

Lone Sailor Statue Should Be Looking Out To Sea

I have decided to write this letter as I have flip flopped between sadness and anger for the last month.

Anger that Mayor Koch finds it so easy to spend Pandemic Funds, meant for the benefit of Quincy residents on yet another monument. Sadness that Mayor Koch does not understand the solemnity of the Lone Sailor Monument Program.

Mayor Koch has said that these funds are intended for conservation and recreation. How is tearing down part of a lovely restaurant and destroying a beautiful garden and sitting area considered conservation? This is NOT conservation.

How does positioning the Lone Sailor overlooking a marina full of expensive yachts show any respect to the Sailors whom we are honoring. The Lone Sailor should be looking out to sea.

The limited parking at Marina Bay is always filled, during the week by office workers and on weekends by boaters. On weekdays the entire street, abutting the proposed Lone Sailor site, is a loading dock with a constant stream of delivery trucks servicing the local restaurants as well as regular visits by fuel delivery tankers and septic pump-out services. Is this supposed to be recreation? It is NOT recreation.

There are 52 parks in Quincy. Some of these parks overlook the sea and would be more appropriate site for the Lone

Sailor Monument. On the City of Quincy website, Nickerson Park is described as having 20 acres and Squantum Point Park is described as having 20-plus acres. Pandemic funds should be used for the benefit of the people of Quincy. Use of the funds to clean up one of these parks while including a beautiful new monument would be a benefit to all in Quincy. This would be conservation. Use the funds to send every child in Quincy to camp for the summer. Use the funds to plan nice luncheon or dinner for residents living with food insecurity. Two more examples of recreation.

There are so many situations where Conservation and Recreation Pandemic Funds would be used to benefit the residents of Quincy. Unfortunately, Mayor Koch seems to place more of a priority on monuments than he does the people who voted for him.

The Lone Sailor will be a public monument built on private land. While the owners are free to destroy whatever they want, pandemic funds are certainly not meant to be used for the destruction of a beautiful place in order to squeeze in another monument. I do not think the Lone Sailor would approve of anything being destroyed in order to make way for him.

Marie Donahue
North Quincy

Thank You From The Houghs Neck Garden Club

The Houghs Neck Garden Club would like to thank everyone who attended our Annual Plant Auction on June 7th. It was very gratifying to see so many new and different faces. Also a heart-felt thanks to those who joined our Club that night. Without new members we would cease to exist as older members age out.

For anyone interested in joining:

We meet on the first Wednesday of the month, at 7 p.m., except September and April. (In September we have a Pot Luck Dinner the second Wednesday and in April we have a Tri-Club meeting that is hosted by Wollaston one year, Squantum, one year and us the following year, with dates

and times varying.)

We have some very interesting speakers at each of our monthly meetings and some great refreshments. If this appeals to you, contact me at 617-347-3901 or Tessa Dancheck at 774-218-2077 for an application to join.

We don't meet in the summer so we can work in our gardens and enjoy the weather but the Beautification Committee can be seen on Saturday mornings at 9 a.m. tending to our sites.

Hoping to see you in the neighborhood,

Joanne Bythrow
Houghs Neck Garden Club

Quincy's Yesterdays

This Week
1991
32 Years Ago

Special Election For Cerasoli Rep. Seat

A special election will be called in October to fill the vacancy created when Robert Cerasoli was named the state's new Inspector General.

Cerasoli, 43, Quincy Democrat, who represented the Third Norfolk District for 18 years, was unanimously selected Inspector General from 109 applicants by Gov. William Weld, Attorney General Scott Harshbarger and Auditor Joseph DeNucci.

He replaces Joseph Barresi who retired last week after 10 years in office. State law limits the term to two five-year terms.

Based on the number of inquiries regarding Cerasoli's seat since his appointment, City Clerk John M. Gillis said the special election should generate considerable interest in Quincy and Weymouth.

Some names mentioned include Councillor Daniel Raymond, former Mayor Joseph LaRaia, Bruce Tobin, brother of Rep. Steve Tobin, and School Committee Member Ron Mariano.

(Editor's note: Ron Mariano won and still holds the seat.)

QUINCY HOSPITAL AWARDED \$108,799 GRANT FROM THE STATE

Quincy Hospital has been awarded a \$108,799 grant from the Massachusetts Executive Office of Human Services for career advancement and education toward professional certification in medical library science.

The proposal was submitted by Quincy Hospital's Department of Human Resources. The program will provide an opportunity for laboratory personnel to enhance their skills through courses at Northeastern University.

QUINCYISMS

Previte's Market, 72 Sumner St., Quincy Point, was offering: "Previte's Own Roast Beef for \$3.79 a pound"... Sam's Variety, "North Quincy's Family Store for Over 10 Years," was advertising: "Low Fat Milk for \$1.89 Per Gallon"... The Hibernia Savings Bank, 731 Hancock St., Wollaston, was offering fixed rate mortgages "15 years - 9.75%, 30 years - 10%"... **State Senator Paul D. Harold** presented a Senate Proclamation to **Uncle Sam Rounseville**, aka **Sandy Rounseville**, declaring him as the state's official Uncle Sam for the Fourth of July holiday... **Sandra McCauley**, wife of former Mayor Frank McCauley, celebrated her birthday July 3... Mayor James A. Sheets had taken out nomination papers indicating he would seek a second term as Quincy's mayor... **Edward Lee**, Highland Avenue, Wollaston, became the first Asian to seek elective office in Quincy when he took out papers for election to the Quincy School Committee... **Quincy Public Works Commissioner David Colton** was a member of the newly formed Citizens Committee, which launched a review of wastewater planning and management that faced the MWRA... **Stephen Moynihan**, retired director of business affairs for the Quincy Public Schools, was elected president of the Advisory Board of the Quincy Teen Mothers Program... **Celeste Flaherty** of Quincy was honored as the April Employee of the Month at Quincy Hospital. Mrs. Flaherty, wife of **Edward Flaherty**, holds a Bachelor of Arts degree from Northern Arizona University... **Bethany McCloy**, daughter of **Dr. Jerold** and **Martha McCloy**, was elected treasurer of the 1991-1992 junior class of Eastern Nazarene College. She was a 1989 graduate of Fontbonne Academy in Milton... **Judy Goodman**, daughter of **Dr. and Mrs. Carl Goodman**, Revere Rd., Quincy, attended Girls State, 1991, at Mount Holyoke College. The American Legion Auxiliary Unit #95 sponsored Miss Goodman, a junior at Quincy High School... **Ariadne Sokolove**, daughter of **Mr. and Mrs. Robert Sokolove** of North Quincy, received a Bachelor of Arts degree, magna cum laude, from Pine Manor College, Chestnut Hill... Beauty Gardens, 1436 Hancock St., Quincy Center, was advertising: "Special Complete Perm for \$25, a \$50 Value, First-Time Customers Only"... The Quincy Sun was honored at the Red Cross Recognition Event held at King's Hill, Braintree. The Sun received the special Media Award for their cooperation in publishing materials sent to them about Red Cross services and programs... **The Committee to Elect Michael W. Morrissey** was sponsoring an "Annual Harbor Cruise, Friday, July 12, 1991. Donation: \$25"... **Esther Sanger**, director of the Quincy Crisis Center, was the guest speaker at the Sunday worship services at Covenant Congregational Church... **JB Optical and Hearing Aids**, 1361 Hancock St., Quincy Center, was offering: "Hearing Aids Complete, \$499, With Two-Year Warranty."

Fun, Educational Programs For Adults, Families At MPL In July

By **JEAN HLADY**
Milton Public Library

The Milton Public Library is offering some fun and educational events for adults and families during the month of July.

The library's ongoing **MPL Walking Club** will meet on **Thursdays, July 6 and July 20**, for a one hour hike, gathering in the parking lot at 12 noon. Come join like-minded people to get some exercise in the neighborhood, to chat about books and more, and to meet new and old friends. We do ask you to register in advance for each session to attend, at the MPL website: www.miltonlibrary.org (then click on events from the main page).

On **Tuesday, July 11**, starting at 6:30 p.m., there will be a virtual photography workshop called: **"Learn to Take Great Photos and Videos with your Smart Device."** The instructor will be Bob Michelson, who is a very experienced photographer and diver. You will learn why and how to take photos/videos successfully, and how the type of phone we use can affect how we edit and store them. Whether you plan to print, create digital slideshows, publish photo books, or post to social media, this class will help you learn to download, backup, and organize your photos and videos. No photography experience is required to attend this program, but we do ask you to please register in advance at our website, and you will then receive the Zoom link to participate. We hope you will join us!

The MPL's **Monthly Wednesday Movie series** continues on **July 12** in the Keys Community Room with the film **"The Fabelmans."** This free showing starts at 5:45 p.m. - earlier than usual - because this movie is quite long (151 min) and this narrative, inspired by true events and the life of the director, follows Sammy Fableman on a journey of

self-discovery. At the age of 7, Sammy lives a simple life with his parents, but after finding out an unsettling family secret, he falls in love with cinema and its power to tell stories. Read more about this wonderful film at our website's events list. The movie is rated PG-13 and the running time is 151 minutes long. No registration is required to attend, but please bring your popcorn!

Next, the MPL's Food Series continues with a once-a-month presentation about the menus and cooking from several cultures, and this one is called **"A Taste of Israel: Experience the Middle East."** The talk will be held on **Tuesday, July 18**, starting at 6:30 p.m.. As the only democratic country in the Middle East, you read about Israel all the time. But what is it really like to be there? Find out about the culture of the Holy Land through a special one-hour tour of the land, people, and food. A small sampling of authentic Israeli food will be provided to the audience. Registration is required in advance as space is limited, and we hope you might join presenter Dave Williams and host Jean Hlady for a fun evening.

There will be an in person program on **Tuesday, July 18**, from 1-3 p.m., in the Keys Community Room called: **"Milton Grows Film: 'The Gardener.'" This 2016 documentary reflects upon the meaning of gardening and its impact on our lives. Shortly before his passing at the age of 86, influential gardener and plantsman Frank Cabot recounts his personal quest for perfection at Les Quatre Vents, his 20-acre English-style garden and summer estate that was opened to a film crew for the first time ever in 2009. Nestled among the rolling hills of Charlevoix County in Quebec, Les Quatre Vents has become one of the world's foremost private gardens. Created over 75 years and three generations, it is an enchanted place of beauty and surprise, a horticultural masterpiece of the 21st century. We hope you will join us to experience this wonderful film! No registration is required and drop-ins are welcome. Feel free to bring your own lunch or snack to enjoy while you watch too.**

On **Tuesday, July 25**, starting at 7 p.m. via Zoom, web producer and online security expert Ken Gagne will teach us all about: **"Online Security - Best Practices."** When using your email or the Internet, are you concerned about the security and safety of your personal information? What does it mean to get doxxed? What do you do if it happens to you, and how do you prevent it in the first place? Whether you're worried about your address, cell phone, or credit cards, this virtual workshop gives you both preventative and reactive steps you can take to protect your digital identity and maintain your peace of mind. Sign up at the Milton Public Library website in advance to receive the Zoom link to attend this informative session.



ON TUESDAY, JULY 25, starting at 7 p.m. via Zoom, web producer and online security expert Ken Gagne will talk about **"Online Security - Best Practices."** Sign up at the Milton Public Library website in advance to receive the Zoom link to attend this informative session. *Courtesy Photo*

And the last program for adults this month will be a Milton Grows initiative talk called: **"Seed Saving"** which will happen on **Wednesday, July 26**, at 7 p.m. in person in the MPL's Keys Room. Saving seeds is a great way of preserving plants that perform well in this area, and to also get next year's plants for free. Learn to tell if a plant will "breed true," and also how to collect and preserve seeds for next year's garden and harvest. This information will be presented by Gretel Anspach, a retired systems engineer for Raytheon. She is a trustee of the MA Horticultural Society and a lifetime master gardener with MMGA. For more details and to register in advance, go to the Milton Public Library website: www.miltonlibrary.org (then click on "see all events" to find the date).

The film on July 18th and the talk on July 26th are part of Milton Grows, a year-long initiative for all ages focused on gardening and sustainability. It is funded by the federal Library Services and Technology Act, administered by the MBLC, and supported by library partners Sustainable Milton and the Friends of the Milton Public Library. And all of these July events are kindly supported by the Friends of the Milton Public Library and are free and open to all.

For questions, email jhlady@milton.ocln.org or call the Reference Department at (617) 898-4964. We hope you might consider joining in for a library program this month.

Declaration Of Independence Reading, Tours At Dorothy Quincy Homestead July 1

The Dorothy Quincy Homestead will host Mayor Thomas Koch for a special reading of the Declaration of Independence on Saturday, July 1.

This event in celebration of Independence Day, will also feature a fife and drum performance, tours of the Homestead, and ice cream for all visitors. The reading will take place at 11 a.m. Tours of the Homestead will follow from 11 a.m. to 1:30 p.m.

The Dorothy Quincy Homestead, located at 34 Butler Rd., Quincy, was home to four generations of the Quincy family from 1681 to 1763. The well preserved and beautifully decorated Georgian style mansion was the childhood home of Dorothy Quincy, wife of John Hancock.

The July 1st event is free to the public, however, a donation of \$10 per adult is recommended for the 45-minute interior tours.

The Dorothy Quincy Homestead is operated by the National Society of the Colonial Dames of America in the Commonwealth of Massachusetts (NSCDA-MA) in partnership with the Massachusetts Department of Conservation and Recreation (DCR).

The City of Quincy Community Preservation Committee and provided several generous grants over the years to help restore and preserve this historic gem. For more information about the Homestead, the NSCDA-MA can be reached at 617-742-3190 or email dames@nscdama.org.

Beware Of Fitness, Social App Scams

By **BETTER BUSINESS BUREAU**

You are on a fitness journey and have decided to purchase a fitness tracker. Having a fitness tracker can raise awareness of your activities throughout the day. The benefits of a fitness tracker are also connecting you to friends and an extended community of fitness enthusiasts. See BBB's tips on choosing a fitness tracker.

Within a couple of weeks, you start receiving messages from a member of your fitness application social group. The sender begins by asking about your fitness goals, and then the conversation becomes more personal. Questions are asked about your family, where you work, and your hobbies. After creating a bond, the scammers start sharing fake personal stories with you.

"He told me he was a single dad working overseas to provide for his daughter," one victim said. "I really believed him, and once I sent him money the first time, he continued to ask repeatedly. When I refused to send more money, he threatened me and my family. I am now out of \$100,000, and I know it will be difficult to get any of that money back."

Signs of the scam

- **Moving fast.** Scammers will begin to ask personal questions quickly. (Are you married, where do you work, etc.).

- **Emotional stories.** The scammer may have a sick, elderly parent or child need-

ing medical care.

- **Specific instructions when asking for financial help.** The scammer will request you wire money or use a prepaid debit card.

- **Ask to communicate differently.** As the scammer develops a relationship with a victim, they will ask for email contact or a personal cell phone number to connect outside the app.

Tips to avoid fitness app and other social app scams

- **Do not post a picture of yourself as a profile.** Use an avatar or free stock photo as a protective measure to avoid scammers targeting certain groups of people (ex: senior community).

- **Do not share personal information (marital status, employment) with a stranger.** The more the scammer knows about you, the more information they

have to manipulate you out of your identity and money.

- **Think before accepting requests from strangers.** Being a part of a community is rewarding but can also be dangerous. Only connect with people you already know.

- **Avoid clicking on unsolicited links.** Clicking on a link may lead to downloading malware onto your device. The downloaded malware can lead to scammers collecting personally identifiable information that can be used for identity theft or tracking your digital footprint.

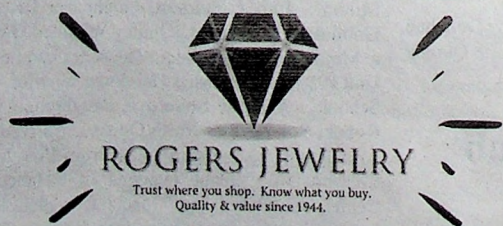
- **Share with a family member or close friend.** If uncomfortable or unsure about the communication you receive, share your concerns with someone you know. Receiving a different perspective is always helpful when in doubt.

Five Quincy Students On Roger Williams Dean's List

Five students from Quincy have been named to the Dean's List for the spring semester at Roger Williams

University in Bristol, R.I.

They are: Brendan Donovan, Julia Keldsen, Niki Poutre, Sami Poutre and Kate Tenney.



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Quincy Bay Race Week Annual Regatta Begins July 15-16

The Quincy Bay Race Week Association announces that the 85th Annual Regatta will commence on July 15th July and 16th hosted by Squantum and Wollaston Yacht Clubs.

Quincy Bay Race Week Association was born from the idea of creating a week of racing off the waters of Quincy and Weymouth to supplement the racing schedule found on the Northern coastline of Massachusetts. In the winter of 1937-1938 members of the Quincy Bay Yacht Clubs got together and organized the "Quincy Bay Race Week Association."

Today, Quincy Bay Race Week Association is made up of the eight member yachts clubs which include Metropolitan YC, Squantum YC, Wollaston YC, Quincy YC, Town River YC, Braintree YC, Wessagussett YC and South Shore YC. Quincy Bay Race Week Association includes partnerships and collaborations with many local businesses along with the leadership of the City of Quincy and the Towns of Weymouth and Braintree.

Over its 85 years, Race Week activities and events included the racing, a boat parade and even a beauty pageant. These events have evolved into the present-day Quincy Bay Race Week Association activities of racing on our Inside Line for the children (juniors) and the Outside Line racing for the adults. Nothing has endured and been more meaningful than the junior events. All participants are filled with the passion and the joy that comes from being involved in this historic sailing competition requiring skill, knowledge, and enthusiasm.

The mission of the Quincy Bay Race Week Association is to promote sailing excellence for both the novice and the experienced through competition. More importantly, Quincy Bay Race Week provides a fun, safe, sail racing forum for the youth of Quincy and Hingham Bay and beyond. Not alone in its mission of racing, the Quincy Bay Race Week Association also promotes camaraderie and brotherhood between its eight-member yacht clubs.

Quincy Bay Race Week Association is a non-profit organization. Due to the leadership and the Association's fiscal management, Quincy Bay Race Week Association is proud to be able to provide four scholarships to any post high school student of a related member of any yacht club within the eight member clubs.

For more information on the Quincy Bay Race Week Association, visit the website WWW.QBRWA.org.

Social



RICHARD AND CAROLE CAHILL (left) are celebrating their 64th wedding anniversary. They were married July 4, 1959 at St. Ann's Church in Wollaston (right). *Courtesy Photos*



Richard And Carole Cahill Celebrating 64th Wedding Anniversary

The family of Richard (Dick) and Carole Cahill would like to congratulate them on their 64th wedding anniversary. They were married on July 4, 1959 at St. Anne's Church in Wollaston.

The couple made Wollaston their home for the next 40 years. Their first home being on Beach Street, before moving around the corner to Bromfield Street.

Dick worked for the telephone company for 30-plus years and enjoyed teaching CCD classes at St. Ann's Church. While a stay at home mother to their five children, Carole did work as a lunch lady at Mass. Fields School while her children were attending there. When the children were older, she also enjoyed working part-

time as a church secretary. Carole, an accomplished artist, was a long-time member of The Quincy Art Association. Dick and Carole are parents to Joe Cahill and his wife Marilyn of East Falmouth, Susan McCullough and her husband Mike of Lakeville, Stephen Cahill and his wife Ann of Centerville, Lynne Coutts and her husband Alex of Taunton and Jim Cahill and his wife Mary of Weymouth. They are also proud grandparents to 13 grandchildren and one great-granddaughter.

Today, and for the last 20-plus years they have made their home in Taunton, where they enjoy spending time with their grandchildren and their many friends at St. Ann's Parish in Raynham.

Movie Review: 'The Flash'

By **BOB GARVER**

It's been a few weeks since "Spider-Man: Across the Spider-Verse" opened, so it's about time we had another superhero multiverse movie. This one takes place in the DC Extended Universe, which means we're sure to get some fun takes on Batman and Superman. It's enough to make one forget that "The Flash" is even in this movie, even though his name is the movie's entire title.

It's no surprise that the main character is being de-emphasized, given that actor Ezra Miller has spent the last three years embroiled in one scandal after another. That said, if you can look past Miller's offscreen behavior (and I don't blame you if you can't), you'll find a movie that does justice to

Batman, Superman, and especially The Flash.

Chemically-altered forensic scientist Barry Allen (Miller) is the titular speedy superhero, always good for saving many lives at once, but his true passion is finding a way to prove that his father (Ron Livingston) is not the one that murdered his mother (Maribel Verdu) when he was a child, a crime for which his father has spent the last twenty years in prison. One night, while running particularly fast, Barry discovers that he can go against the Earth's rotation and go back in time. If he can use this newfound ability the right way, he can save not only his father from prison, but his mother's life. Fellow Justice League member Bruce Wayne/Batman (Ben Affleck) warns him not to mess with things that have to happen, but what harm can a single life-saving can of tomato sauce do? As it turns out, it doesn't do any harm twenty years ago, but it does a lot of harm ten years ago.

It turns out that Barry's trip back in time altered not only the past that he wanted, but the past after that, and even the past even before

that. There's a whole convoluted explanation with spaghetti noodles and a mystery attacker, but the short version is that Barry is now stuck ten years in the past with his younger self (and his parents, who he's desperate to not lose again), no Superman, and General Zod (Michael Shannon) invading Earth and ready to destroy humanity. Only one member of the Justice League exists in this universe, and it's an aging version of Batman (Michael "99% of this movie's business" Keaton), who might just be up for one last adventure. Barry assumes the mission to save the planet will eventually involve Superman, but he has to settle for his cousin Kara (Sasha Calle).

We get a very exciting, very funny action scene with a maternity ward early in the movie, and then the action is bland after that. It's a thrill to see Keaton back, but his arc descends into blandness too. Shannon and Calle are bland the entire time. Only two things kept me awake for over two hours: Barry's journey and multiverse goodies. I'm serious about that first one - Miller is funny, sympathetic, and has

seamless chemistry with... himself. I hope that he can pay his debt to society in such a way that he can return to the big screen soon.

As for the multiverse surprises that make the fans go crazy, you'll get them, don't worry. There are some doozies to be sure, but do yourself a favor and don't make your viewing experience all about them. For one thing, you'll be waiting a long time, as the best ones don't show up until well into the third act. More importantly, you shouldn't let tunnel vision for cameos get in the way of a pretty good movie about "The Flash."

Grade: B-
"The Flash" is rated PG-13 for sequences of violence and action, some strong language and partial nudity. Its running time is 146 minutes.



Yuet Tung Chang Awarded \$1,000 Scholarship From MV Credit Union

Merrimack Valley Credit Union (MVCU) recently awarded a total of \$17,500 in scholarships to 16 high school students from southern New Hampshire and Massachusetts.

The students were honored with a special ceremony and dinner with MVCU's senior leadership team at the credit union's Lawrence corporate office.

Yuet Tung Chang, of

Quincy, received a \$1,000 scholarship. Chang graduated from North Quincy High School and will attend Northeastern University to study biology.

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SAVE THE HARBOR Executive Director Chris Mancini, Donnie Todd from JetBlue, Sen. John Keenan and Better Beaches grant recipients Asian Women For Health, Friends of Wollaston Beach, MetroWest Writers' Guild, Harvey's Saltwater Fishing Club, The Black Literacy & Arts Collaborative and St. Stephen's Youth Programs.

Courtesy Photos



LAST YEAR'S BETTER BEACHES events in Quincy included the Sheriff's Summer Safety Fest and Kids Fest.

WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Rita's Potato-Crusted Quiche

By MARIE

I have made many quiches out of practically every vegetable imaginable, but on Mother's Day, my daughter, Rita, served a potato-crust quiche that was very delicious and a wonderful side dish that complemented the rest of our dinner.

Directions and Ingredients:

Preheat oven to 350-degrees, grease a large pie plate

2 large potatoes, peeled, washed and sliced as thin as you can.

1 large green bell pepper, chopped

1 medium onion, chopped

½ cup of shredded favorite cheese

3 tablespoons olive oil

6 eggs

1 and ½ cups of half and half

Salt and pepper to taste

Begin by setting the oven to 350 degrees.

Lightly grease a large pie plate.

After the potatoes are thinly sliced, layer onto the bottom of the pie plate as if it were a pie crust.

Bake for about 15 minutes, remove from the oven and set aside.

Then, in a skillet in the olive oil, sauté the peppers and onions until cooked and tender.

Beat the eggs and add the half and half, blending well.

When all mixed and added together, pour the mixture onto the crust.

Sprinkle your favorite cheese over top and bake for about 30 or 35 minutes until done. You will see when the cheese is melted.

Slice, preferably when hot, and serve.

This dish is a wonderful side and will complement any meal.

Chia Seed Pudding

By SUZIE

Want a quick and easy breakfast that you can make the night before that requires no cooking, will fill you up, taste great, give you heart/brain healthy omega 3's (more than a serving of salmon) loads of calcium, fiber, and protein?

Well, Chia pudding is your answer.

Simply place 2 cups of organic milk of choice in a container (coconut milk or A2 milk but you can use whatever you prefer) with

½ cup chia seeds

A couple of tablespoons or so of grade B maple syrup

2 teaspoons of vanilla

½ tsp of nutmeg (optional).

Fresh fruit

Just stir or cover and shake up well.

Place in fridge the night before. (It must be refrigerated a couple of hours or so before it gets thick like a pudding).

The chia expands and "gels" and makes for a tapioca/rice like pudding.

All you have to do is re-stir and top with your favorite toppings like berries, mangoes, bananas, etc. You can even stir in some peanut butter.

This will make a few servings so you will have enough for a couple of days.

Enjoy!

Ann Marie's Chicken Cacciatore With Bowtie Pasta

By MARIE

Today's recipe for chicken cacciatore is from my daughter, Ann Marie. It is an easy and delicious way to make popular treat. Makes a great dinner without a lot of work.

Directions and Ingredients

½ pound bowtie pasta

6 or 8 chicken tenders, cut in bite sized pieces, (boneless thighs can be used if dark meat is preferred)

1 large red bell pepper, sliced

1 medium sized onion, chopped

1-pound sliced mushrooms

1 can of crushed tomatoes

3 tablespoons olive oil

Salt and pepper to taste.

Start water boiling for the bowtie pasta and follow directions on the box.

While pasta is cooking, in a skillet in the hot oil start to sauté the chicken.

After a couple of minutes add sliced peppers, sliced mushrooms and chopped onion and sauté together.

Add the tomatoes and then cover and simmer for about 20 minutes.

Once all cooked add the mixture to the cooked, drained pasta and mix well.

Quincy Groups Receive \$23,500 In Beach Grants

Save the Harbor/Save the Bay recently awarded \$23,500 to several Quincy organizations to fund free beach events as part of Save the Harbor's Better Beaches program partnership with the Department of Conservation and Recreation.

This year's Quincy grant recipients are Asian Women for Health, Friends of Wollaston Beach, MetroWest Writers' Guild, Harvey's Saltwater Fishing Club, The Black Literacy and Arts Collaborative Project and St. Stephen's Youth Programs.

Events this year will include free movie nights, DJ sets, circus performances, bike rides, Asian, Latin-American, and Afro-Arabian cultural nights, physical and mental wellness workshops, beach parties for kids and teens, beach wheelchairs, mobility mats, and grants to organizations that promote racial justice, access for people with disabilities, language accessibility, public safety and swimming safety.

"It's going to be a terrific summer, with more free events and programs than ever before," said Executive Director of Save the Harbor/Save the Bay, Chris Mancini. "Working with our program partners, we intend to highlight the racial and cultural diversity of our region and amplify our core messages of public safety, inclusion and fun. Above all, we want our beaches to be safe and healthy places for everyone to enjoy. Diverse and welcoming programming is a key piece of that effort."

This follows the recommendation from the recently released report by the Metropolitan Beaches Commission (MBC). "Equity, inclusion, and diversity are critically important to our communities," said MBC House Co-Chair Rep. Adrian Madaro of East Boston. "We heard loud and clear from residents, visitors and neighbors alike that invest-

ing in free, culturally relevant programming is one of the best ways to support everyone in our community, so that's what we'll continue to do."

"The Better Beaches Program has been improving beach access for everyone since 2008, bringing our beaches to life, connecting kids and families from across our diverse community to each other and Boston Harbor," said MBC Senate Co-Chair Sen. Brendan Crighton of Lynn. "I'm proud to see participation increase and become more diverse each year thanks to the efforts of Save the Harbor's dedicated staff."

"More free events that bring people of every age and race to our beaches means a safer summer for kids, teens and families who want to experience these spectacular urban natural resources that truly belong to them and their community," said MBC Commissioner Sen. John Keenan.

Funds to support the program came from the Department of Conservation and Recreation (DCR), the Commonwealth of Massachusetts, and the annual Harpoon Shamrock Splash, which was held on March 12 at Constitution Beach.

"DCR is committed to working with our partners like Save the Harbor/Save the Bay to ensure that our beautiful beaches are welcoming and inclusive places for residents of all abilities, races, incomes, and language capabilities," said DCR Commissioner Brian Arrigo. "We are looking forward to another great summer of free events and programs for our families on our DCR beaches from Nahant to Nantasket."

Some of the events scheduled by Quincy orga-

nizations this summer include:

July 10 and Aug. 14: Storytime on the Beach 2-6 year olds

July 15th: Black Men Breathe

July 16: Yoga on the Beach

July 19: Disabled Veterans Fishing Outing

Aug. 4th: Fun in the Sun
Sept. 10th: Write-in Reading at the Beach

In total, the Better Beaches Program is awarding \$317,500 in grants to 92 organizations from Nahant to Nantasket.

"Thanks to all of our partners and event sponsors for making the Better Beaches Program possible, especially the DCR and the Healey/Discoli Administration" said Mancini. "Thanks to the Metropolitan Beaches Commission Co-Chairs Senator Brendan Crighton of Lynn, and Representative Adrian Madaro of East Boston and the legislative and community members of the Commission as well as Senate President Karen Spilka and House Speaker Ron Mariano for their support for our beaches and our communities."

"We couldn't do this our sponsors JetBlue, Harpoon Brewery, FMC Ice Sports, P&G Gillette, National Grid, Coast Cannabis, the Daily Catch, Comcast, and the hundreds of people who take part in the annual Jet-Blue Shamrock Splash."

To learn more about Save the Harbor/Save the Bay and the work they do to restore, protect and share Boston Harbor, the waterfront, islands, and the region's public beaches with all Bostonians and the region's residents, visit their website at www.savetheharbor.org and follow @savetheharbor on social media.

Three On URI Dean's List

Three students from Quincy are on the Dean's List for the spring semester at the University of Rhode

Island in Kingston, R.I.

They are: Molly Cronin, Olivia Notarangelo and Ashley Tai.

Social Security Matters Working Widow Seeks To Maximize Social Security Benefits

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I was widowed years ago and, when I approached age 60, I looked into Social Security survivor benefits based on my late husband's record. He started receiving Social Security shortly before he died at \$1,200 per month. My income at age 60 was \$42,000 and, since Social Security would keep \$1 for every \$2 above the limit (around \$15,000 at that time), I did not apply. Next year I will reach my full retirement age of 66½, but I plan to work until I am 70. Will I be able to receive full survivor benefits next year if I continue to work? I plan to switch to my own Social Security benefit at age 70, which will be higher than my husband received. Since I am waiting to apply for survivor benefits, will there be an increase in the amount I receive? I am a municipal employee and when I retire, I will collect from the state retirement system. I paid into the state retirement system and also paid Social Security taxes, so will my state pension have any impact on my Social Security?

Signed: Still Working

Dear Still Working: Congratulations on having an excellent strategy for maximizing your survivor benefit as well as your personal SS retirement benefit. Once you reach your full retirement age (FRA) next year, you are no longer subject to Social Security's "earnings test" and can collect Social Security benefits without those benefits being affected by your work earnings.

Your surviving spouse benefit will be more because you are waiting until your full retirement age to claim it. At your FRA you can claim your full survivor benefit from your deceased husband (without reduction) and collect only that while still allowing your personal SS retirement benefit to grow to maximum when you are 70. Then, at age 70, you can switch from your smaller survivor benefit to your maximum SS retirement benefit and collect that higher amount for the rest of your life. Essentially, your survivor benefit reaches maximum at your FRA and your personal SS retirement benefit reaches maximum at age 70.

Note that you should apply for your benefits a couple of months before you wish them to start. For example, if you reach your FRA in May of next year you can apply for your survivor benefit in February or March, specifying that you wish your survivor benefit to begin in May 2024 at your full retirement age. Just be sure to emphasize that you are applying only for your survivor benefit and wish your personal SS retirement benefit to continue to grow by earning Delayed Retirement Credits (DRCs) until you are 70.

You cannot apply for your survivor benefit online, so you will need to call Social Security, at either the national number (1-800-772-1213) or your local Social Security office, to make an appointment to apply for your benefit as your husband's widow.

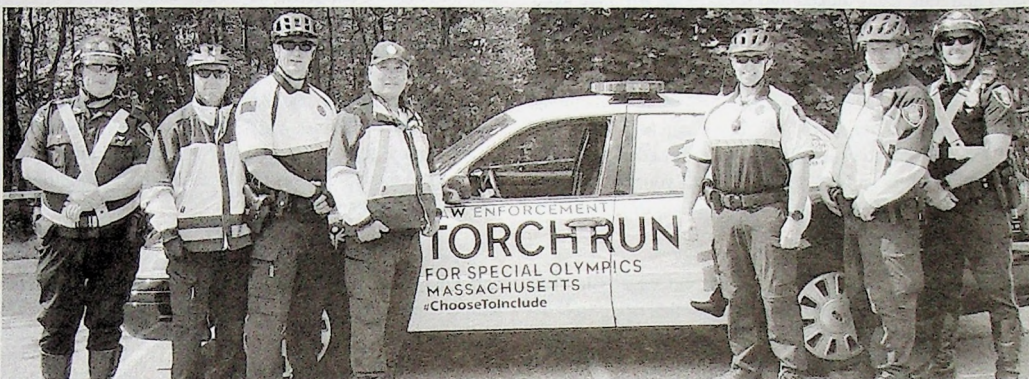
And to answer your last question, your state pension won't affect your monthly Social Security payments because you paid Social Security FICA payroll taxes from your municipal earnings.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.



LAW ENFORCEMENT TORCH Run Team (left to right): Officer Kerry Baxter, Officer Dana Delorenzo, SOMA Athlete Matthew Cobb, Officer Chris Liacos, PLAN of MA & RI, INC. Executive Director Joan McGrath, SOMA Athlete Danny Williamson, Officer Kristine Crosman, Officer Erica Ireland, Officer Michael Wilk, Officer Amy Wiswell and Officer Andy LaRose.



QUINCY POLICE DEPARTMENT (from left to right): Officer James Borden, Officer William Mitchell, Officer Stephen Cleary, Officer Greg Mar, Lieutenant James Flaherty, Officer Jimmy Whedbee and Officer Sean Harrington. *Courtesy Photos*

Rally Stop In Quincy Celebrates Special Olympics

On behalf of Special Olympics Massachusetts and the Law Enforcement Torch Run (LETR), Planned Lifetime Assistance Network of Massachusetts and Rhode Island, Inc. (PLAN) participated in their first-ever Massachusetts LETR Statewide Final Leg on June 7.

The run included a Rally Stop at two Adams Place in Quincy where a half-hour program celebrated Special Olympics, and a Final Leg run off PLAN property.

Since 2020, Planned

Lifetime Assistance Network of Massachusetts and Rhode Island, Inc. (PLAN) has granted more than \$1 million to other nonprofits who, like PLAN, offer services to people with disabilities. PLAN's mission is to educate and advocate for people with disabilities by letting them know that special needs trusts are an option for their loved ones with disabilities. PLAN helps preserve assets, protects access to public benefits and helps people live well.

One of PLAN's partners is Special Olympics Massachusetts (SOMA), who has been awarded \$100,000 each year. While the financial award is amazing, partners realize that PLAN's constant presence and support as a partner is equally as important. When asked by SOMA to participate in the Law Enforcement Torch Run (LETR), PLAN was honored and eager to help bring awareness to all the wonderful ways that SOMA accomplishes their mission of providing year-round

sports training and competition for children and adults with intellectual disabilities.

The LETR was created with a goal of "championing worldwide acceptance and inclusion for people with intellectual disabilities." Law Enforcement members from all over Massachusetts act as "Guardians of the Flame" and carry the Special Olympics Torch and "Flame of Hope." This run is a "salute to all of the SOMA athletes who will travel to Boston to compete in the Summer Games."



BACK ROW left to right: Members of PLAN of MA & RI, INC and Law Enforcement Torch Run Team Joan McGrath, Kevin Coulter, Dana Delorenzo, Chris Liacos and Danny Williamson. **Middle row:** Margaret Galvin, Valerie Vernon, Clare Keating, Tiana Moore, Kimberly Jackman, Sarah Devine, Matthew Cobb, Erica Ireland, Michael Wilk, Kristine Crosman, Andy LaRose, Dani-Lyn Sedleski and Nancy Galvin. **Kneeling:** Kerry Baxter, Amy Wiswell, Kathy Vitello and Susan Angelakis.



PLAN of MA & RI, INC. Executive Director Joan McGrath (at podium): "We are so appreciative of all of the Law Enforcement officers that have been supporting Special Olympics for all of these years, and we are thrilled to be a part of this."

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MA Dept. Of Public Health Summer Safety Guidance

The Massachusetts Department of Public Health (DPH) reminds residents to take recommended common-sense precautions to keep everyone, especially young children, safe this summer.

Prevent Tick Bites

Certain kinds of ticks can bite and make you sick with diseases such as Lyme disease and Powassan virus. Ticks are most commonly found in damp, grassy, brushy, or wooded areas, including your own backyard. Ticks only attach when you come into direct contact with them — they cannot jump or fly. Follow these steps to help protect yourself from tick bites:

- Check yourself for ticks once a day — it's the single most important thing you can do.
- Use repellents with an EPA-registered active ingredient; always follow the directions on the label.
- Weather permitting, wear long-sleeved, light-colored shirts and long pants tucked into socks. This will help keep ticks away from your skin and make it easier to spot ticks on your clothing.
- After spending time outdoors, a shower can help rinse off a tick before it becomes attached and putting your clothes in the dryer on high heat for 10 minutes can help kill ticks.
- Pets that spend time outdoors are exposed to ticks, too, and may bring ticks back inside. Talk to your veterinarian about the best ways to protect your animals from ticks and tick-borne disease.

Prevent Mosquito Bites

Eastern Equine Encephalitis (EEE) and West Nile virus (WNV) are two mosquito-borne diseases that occur in Massachusetts. While there were no cases of EEE in Massachusetts last year, there were eight people with WNV. Mosquito surveillance is essential to monitor activity as the summer unfolds. DPH posts updates about activity throughout the season on the Massachusetts Arbovirus Update page.

While the risk for human infection of EEE or WNV won't occur until mid to late summer, people have an important role to play in protecting themselves from these illnesses which can be very serious. To prepare for mosquito season:

- Drain standing water in and around your house or yard to prevent mosquito breeding.
- Repair window and door screens to keep mosquitoes out of your home.
- Use a mosquito repellent with an EPA-registered ingredient according to the directions.
- Wear long-sleeved shirts, long pants, and socks to reduce exposed skin when weather permits.

For more information about preventing mosquito and tickborne illness, visit DPH's Mosquitoes and Ticks page.

Water and Pool Safety

Drowning is a leading cause of death among young children, nationally and in Massachusetts, with backyard pools posing the highest risk for children under age 5. To help prevent water-related injury and drowning:

- Supervise children in and around water at all times.
- Whenever infants and toddlers are in or around water, including the bathtub, an adult should be within an arm's length at all times providing "touch supervision."
- Teach young children to always ask for permission before going near the water.
- Do not dive headfirst into the water.
- Do not swim during a storm or when there is lightning.
- Completely separate the house and play area of the yard from the pool area with a fence. Consider automatic door locks or alarms to prevent access.
- Remove floats, balls, and other toys from the pool after use so that children are not tempted to reach for them. After children are done swimming, secure the pool so they cannot get back in.
- Keep rescue equipment (such as a shepherd's hook or life preserver) and a phone near the pool.
- For children who cannot swim, use a properly fitted U.S. Coast Guard-approved life jacket. DPH, in cooperation with the USCG, has created a fit test video that can assist with proper fit testing of life jackets: <https://youtu.be/1I3VZF-NqPc>.
- Do not use toys such as "water wings" or "noodles" in place of life jackets. These are not designed to keep swimmers safe.

In public swimming areas:

- Select swimming sites that have lifeguards whenever possible, and swim only in designated swimming areas.
- Always swim with a buddy.
- Look for signage at beaches. DPH collects beach water quality data and notifies the public about bacteria levels to minimize swimming-associated illness and injury.
- Know the limits of your swimming skills. Through the Learn to Swim program, the state will provide free swimming lessons to children at select pools across the Commonwealth starting in July 2023.

Consider becoming a lifeguard: the Commonwealth is recruiting lifeguards at its inland and coastal beaches, as well as swimming pools. This year, the Healey-Driscoll Administration raised the hourly pay for pool and waterfront staff to between \$22 to \$27. Qualified applicants can receive up to \$1,000 in signing bonuses. For more information, visit the Department of Conservation and Recreation's lifeguarding website.

Window Safety

Falls are the leading cause of injury to children. Falls from windows involving young children are especially serious — and preventable. Screens are not strong enough to protect children from falling out of windows. To prevent window falls, parents and caregivers should:

- Keep furniture — and anything a child can climb on — away from windows.
- Open windows from the top, not the bottom, when possible and lock all unopened doors and windows.
- Be sure children are always supervised.
- Install quick-release window guards which can be found in most hardware stores.

To learn more about childhood injury prevention, visit the DPH injury prevention and control program website.

Additional tips on preventing falls among children can be found on the US Centers for Disease Control and Prevention fall prevention website.

Car Safety

Leaving children and animals inside of a vehicle can be very dangerous. In the summer months in New England, the temperature in a closed car can rise quickly, and the vehicle can become a deadly place for a child or animal left, even for just a moment.

To keep young children and animals safe in and around cars:

- Never leave children or animals alone in a parked vehicle, even when they are asleep or restrained, and even if the windows are open.
- Always check inside the vehicle — front and back — before locking the door and walking away.
- If a child is missing, check your vehicle first, including the trunk.
- Do things to remind yourself that a child or animal is in the vehicle, such as placing your purse or briefcase in the back seat so you will check there when you leave the vehicle.
- Always lock your car and keep the keys out of children's reach.

dren's reach.

- Ensure adequate supervision when children are playing in areas near parked motor vehicles.

If you see a child or animal alone in a hot vehicle, call the police. If they are in distress due to heat, get them out as quickly as possible and call 911 immediately.

Remember, all children ages 12 and under should ride in the back seat, properly restrained, even during quick errand trips. Infants and toddlers should remain in rear-facing car seats until they reach the highest weight or height allowed by their car safety seat manufacturer. At a minimum, children should ride rear facing until they are at least 1 year old and weigh at least 20 pounds. You can find more information on child passenger safety on the DPH website.

Preventing Rabies Exposures

All mammals (animals with fur) can get rabies and there are usually more than 100 rabid animals found every year in Massachusetts. Most of these cases occur in wild animals like raccoons, skunks, bats, woodchucks, and foxes, but some pets (especially cats) and farm animals also get rabies.

People can be exposed to the rabies virus when an infected animal bites them, or when the animal's saliva gets into a scratch or the person's eyes, nose, or mouth. People who are bitten or scratched by an animal, or who find a bat in a room where someone was sleeping, or with a young child or pet, should call their local board of health or the DPH Division of Epidemiology at 617-983-6800 for advice.

Other rabies prevention steps include:

- Teach children never to approach animals they don't know — even if they appear friendly.
- Report any animal that seems sick or injured to the local animal control official.
- Enjoy wild animals from a distance and do not keep wild animals as pets.
- Make sure pets are vaccinated against rabies. By law, all dogs, cats, and ferrets must be regularly vaccinated against rabies.
- Don't leave food or water for pets outside. Even empty bowls will attract wild and stray animals.
- Do not let pets roam freely. Keep them in a fenced yard or on a leash.
- Keep garbage securely covered. Open garbage will attract wild or stray animals.
- Keep chimneys capped and repair holes in attics, cellars, and porches to help keep wild animals like bats and raccoons out of the house.

When It Comes To Summer Fire Safety, It's All About Location, Location, Location

With the summer season in full swing, fire and water damage cleanup specialist Michael Yeomans with SERVPRO of Quincy reminds area homeowners that popular summer activities — like grilling, setting off fireworks, and relaxing around a fire pit or campfire — can quickly turn from fun to flames, resulting in damage to property and structures, and even personal injury.

"Where you place your grill and fire pit matters," says Yeomans. "If you don't pay close attention to the location and environment, it could cause much more serious problems than just property damage. Even if the location of your grill or fire pit hasn't changed from past years, the setting may have changed and created a more dangerous situation with the addition of fallen branches, leaves or more combustible, aging decking materials."

To help avoid a potential fire disaster, you need to control the three factors that allow a fire to start and grow: fuel, heat, and air. When you do build an intentional fire, for cooking, warmth, or simple enjoyment, a key element to control is fuel. The U.S. Fire Administration, a division of FEMA, offers guidelines to help keep your summer fire activities under control.

Friends Of The Blue Hills Member Celebration Thursday

The Friends of the Blue Hills invites the entire community to a special Membership Celebration on June 29 from 4:00 pm to 7:00 pm at Trillium Brewing, 100 Royall Street in Canton. At this event, participants are invited to drop in at any time to enjoy refreshments and connect with the Blue Hills community.

The event celebrates the vital role that Friends of the Blue Hills members play in

caring for the Blue Hills' forests and trails and helping to ensure current and future generations can enjoy all that the Blue Hills has to offer.

There is a ten dollar suggested donation for non-members who attend this event. Discounted membership prices will be available on site.

For more information about Friends of the Blue Hills Membership Month,

Grills. Place your grill well away from siding and deck railings and out from under eaves and overhanging branches. Do not store or use a grill on a porch or balcony. Use propane, charcoal and wood pellet barbecue grills outdoors only to avoid the risk of fire or carbon monoxide poisoning.

Chimineas, outdoor fireplaces, and fire pits. Use these items outdoors only and position them at least 10 feet away from your home or anything that can burn. Build campfires at least 25 feet away from homes, tents, shrubs and anything that can burn. Flying embers can start fires that are not in direct contact with flames.

Fireworks. If you want to see fireworks, consider going to a public show put on by experts. Even the simplest fireworks like "sparklers" can reach 1,200 degrees Fahrenheit and cause third-degree burns.

"A small spark can start a major fire," says Yeomans. "Leave the fireworks to the professionals and put some time and thought into where you set up your grill, chiminea and fire pit, including clearing away any combustible materials. Then spend your summer enjoying good times and great food, not dealing with the destruction and heartbreak of a house fire."

visit www.friendsofthebluehills.org/membership2023.

Nathan Caldwell Awarded \$5,000 Scholarship

Nathan Caldwell, a 2023 graduate of North Quincy High School, was among 20 college-bound students from Massachusetts and Rhode Island who were awarded a \$5,000 OneCommunity Scholarship from HarborOne Bank.

Since inception, the ONECommunity Scholarship Program has awarded \$800,000 in college scholarships to local high school seniors demonstrating an outstanding commitment to educational excellence and their local community.

\$2 Million In Community Preservation Spending OK'd

Cont'd From Page 1

Veterans' Memorial Stadium. The project will include completing the restoration of the brick wall surrounding the stadium as well as a structural assessment of the walkway at the Hancock Street entrance to the venue, Kerin O'Toole, the city's CPA administrator, wrote in a memo provided to councillors.

The Department of Natural Resources was awarded funds for three other historic preservation projects: \$75,000 for landscape vulnerability and restoration

planning at the Hancock Cemetery, \$25,000 for planning and documentation of the Souther Tide Mill historic site, and \$14,000 to plan for the restoration of the Winthrop Blast Furnace.

Christ's Church will receive \$465,800 in community preservation money, which will be used for exterior restoration and preservation of the church's historic edifice. The work will include masonry repairs, painting and sealing exterior wood trim, and replacing the main entrance stairs, O'Toole said.

The United States Naval Shipbuilding Museum will receive \$250,000 for continued preservation projects aboard the USS Salem. Those include waterline painting, hangar preservation, an environmental assessment, health and safety surveys, and collections digitization, O'Toole said. The museum plans to seek additional grants from other sources, she added.

Bethany Congregational Church will receive \$149,000 in funding for exterior restoration and preservation of the church

building. O'Toole said the work will include restoring the limestone columns at the front entrance to the building, stripping and refinishing the main doors of the sanctuary, painting and sealing the limestone joints at the main entry, inspecting and sealing the tower, and addressing rotting wood in the historic chapel doors.

The National Society of Colonial Dames of Massachusetts will receive \$134,450 for work at the Dorothy Quincy Homestead, which will be used to make the first floor of the

historic home accessible for people of all abilities as well as upgrading the visitor reception area. O'Toole said the funds would be used to create a new accessible entrance, a handicapped accessible bathroom, and a more efficient ticketing area.

The United First Parish Church was awarded \$30,500 in funding for the exterior paint of the bell tower, which O'Toole said is presently chipping.

One project receiving funds is classified as recreation.

The Quincy Public Schools will receive \$50,000 for a playground enhancement project at the Wollaston Elementary School. The project will include the addition of five tables and benches, a Gaga Ball pit, and a resurfaced asphalt section with painted games, O'Toole said. The school's PTO has committed \$15,000 to the project.

The remaining project falls in the category of open space.

The Seaside Gardeners of Squantum will receive \$28,000 for continued support of their causeway beautification program. The money will be used to rehabilitate flower beds that

sustained storm damage as well as the installation of an irrigation line that will supply all of the beds, O'Toole said.

In addition to historic preservation, recreation and open space, community preservation funds may also be allocated to affordable housing developments. The Community Preservation Committee, however, did not receive any requests for affordable housing initiatives during the most recent round of requests, O'Toole said.

City councillors in February approved an appropriation of \$95,000 in community preservation funds for work at the Souther Tide Mill to shore up the historic structure. City officials sought to expedite that funding request because the tide mill was at risk of collapsing if the repairs were not made.

In a separate unanimous vote on June 20, councillors approved an appropriation of \$51,800 in community preservation funds toward the park department budget. The appropriation provides an offset to fund the salary for the CPA administrator for fiscal year 2023, which ends July 1.

New Zoning Eyed For South Quincy

Cont'd From Page 1

makers in 2021, Section 3A requires communities served by the MBTA, aside from Boston, to have in place zoning districts that allow for multi-family housing as-of-right. The law was approved to encourage the development of much needed new housing throughout the region.

Section 3A applies to 177 cities and towns in the eastern part of the state, and each of those communities is assigned to one of four categories based on the type of MBTA service available within it. Quincy, which is home to four Red Line stations, is categorized as a rapid transit community.

Because Quincy is a rapid transit community, the city must come into compliance with the new state law by Dec. 31 of this year, Timmins said. To do so, the city must have in place a zoning district at least 50 acres in size where at least 15 units of multi-family housing could be built as-of-right per acre. The district must also be within a half mile of a rapid transit station.

To illustrate the size of the required new zoning district, Timmins noted that Boston Common is exactly 50 acres. Typical single-family lots in Quincy are between 5,000 and 7,000 square feet, Timmins added, so a Quincy street with eight 5,000-square-foot lots comes to about an acre in size.

"Fifteen units per acre would be taking a little

neighborhood like that - instead of eight homes being there, there would be the capacity for fifteen units," he said. "So, while it sounds onerous, it's not as bad as one might think."

The new zoning district would have to provide capacity for the construction of 11,750 housing units, Timmins said. The figure is equal to one quarter of the 47,000 units of housing available within Quincy as of the 2020 census.

Timmins said it was important to note that Section 3A and the state's compliance guidelines do not require any new multi-family housing actually be built. Communities also do not have to put in place the physical infrastructure to support such developments.

City councillors in 2016 approved the creation of a transit-oriented overlay zoning district in vicinity of the North Quincy station ahead of a mixed-use development there, Timmins noted, the city is currently working on plans for the redevelopment of Wollaston Center, and new zoning rules were put in place in Quincy Center more than a decade ago. Mayor Thomas Koch and planning officials do not want to cede control of redevelopment in Quincy Center, Timmins said, so officials are eyeing the area near the Quincy Adams station for the new zoning district.

"In discussions with the mayor and with the Planning Department, we do not

want to introduce any sort of 3A compliance in Quincy Center because we don't want to give up the ability to control how things are developed there," Timmins said. "So right now we're looking down at the Quincy Adams T station."

"Over the course of the summer, we're going to be looking at how things lay out down in that area and the possibility of proposing Section 3A compliance through a transit-oriented district down near the Quincy Adams T," he added.

City councillors last year approved the creation of a transit-oriented zoning overlay district in the area of Centre Street.

The potential new district would expand upon that district. Along Centre Street, it would run from the Home Depot site to roughly Granite Street, including all the land between Centre Street and Crown Colony. The district would also extend up Burgin Parkway to Water Street and would include sections of the area between Brooks Avenue and Liberty Street to the south and Water Street to the north. The more residential sections of Intervale, Trafford, Rodman and Liberty streets were not included within a map of the potential district shown to councillors.

Ward 4 Councillor James Devine said he was glad that neighborhood was excluded from the potential new district.

"I'm happy to see the neighborhood...is being

left out of that red zone," he said, referring to the color used to highlight the potential new district on the map shown during the presentation.

"[There are] nice neighborhoods in there, so I'm happy to see that."

During his presentation, Timmins noted that the city would still maintain the right undertake site-plan review for as-of-right developments within the new district.

"If you go through the site-plan review process,

Cont'd On Page 13

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Upcoming Children's Activities At Crane Public Library

By JULIE RINES
Children's Coordinator

Thomas Crane Public Library

The following events and activities for children are scheduled at the Thomas Crane Public Library.

Kickoff with Knucklebones All Ages

Find Your Voice this summer with two full months of FREE activities for children of all ages such as storytimes, concerts, podcasting, journal making, stop motion animation, art and music programs of all kinds.

Let your voice be heard as you sing along to favorite songs at movies and storytimes. Try your hand at something new like painting on canvas, creating a podcast or your own movie with stop motion animation.

Show your appreciation for others by creating kindness rocks or leaving inspirational messages on our affirmations wall.

Create a one of a kind journal to record thoughts, stories or poems you want to write, drawings paintings or anything else you want to create

Practice your reading by completing our Book Bingo Challenge or reading aloud to therapy dog Elliot. Book Bingo challenges will be available in 3 different age levels, 0-2, 3-7, and 8-12 so everyone can find a challenge that is just right for them.

Come visit us in the Children's Room at the Main Library any time this summer to write a note for our rainbow wall! Draw a picture, write a favorite quote, or leave a note with words of affirmation (what does that mean? Something that makes you feel good about who you are!).

The fun begins on Friday, June 30th at 2:30 p.m. on the front lawn with Field Day Fun from Knucklebones. Try your hand at walking on stilts, build a structure out of giant foam builders, play gaga ball and much more. We never know what fun things Knucklebones will bring with them. We'll be sure to have games for all ages.

In case of inclement weather the program will move indoors, some activities will have to change to accommodate indoor spaces.

Asian American Ballet Project Ages 5 and older

Join Artistic Director Beth Mochizuki of the Asian American Ballet Project at the Main Library on Monday, July 3 at 10 a.m. as she shares the Mongolian folktale Suho and the White Horse with us. As part of the presentation a costumed dancer will teach participants ballet steps.

Suho will be part of Beginnings the debut performance of the AABP premiering on Friday, July 7th at the at the Cambridge Multicultural Arts Center.

Founded in 2022, the Asian American Ballet Project is the very first Asian American ballet company, ever. Their mission is to present Asian American dancers on stage together in all Asian American productions. They aim to tell stories from their unique perspectives and transform how audiences see Asian Americans in performance, from unexpected to accepted.

Drop in Crafts @Adams Shore Ages 3-8

Mondays, July 3- Aug. 28 from 2-3 p.m.

Stop by the Adams Shore Branch on Monday afternoons to do some crafting. Each week we'll have a new craft. Our craft for the week of July 3 is Push pops

Can't join us on Mondays? Stop by Adams Shore during our open hours to pick up a craft to take and make at home, while supplies last.

Puppet Tales with Leigh @ North Quincy Ages 3+

Join us at the North Quincy Library on Wednesdays July 5 from 10 to 10:45 a.m. where Leigh Baltzer of Through Me To You Puppetry invites you to join Newton and his puppet friends for some storytime fun!

Newton and his friends take turns reading stories and singing songs with the kids. At the end of the show, the kids are invited to say "hi" to Newton. Our show is geared to ages 3-7, but all are welcome!

Sponsor Quincy Cultural Council and the Friends of the Thomas Crane Public Library.

Fingerprint Art Ages 2-7

Children ages 2-7 are invited to join us in the Children's Room at the Main Library on Thursday, July 6th at 10 a.m.

to create some unique art using their fingerprints.

We'll be using paint and stamp pads so dress to get messy!

Lego Building @ Wollaston Ages 5+

Stop by the Wollaston Branch on Thursday afternoons this summer from 2 to 4 p.m. for free-play LEGO building. Grab some LEGO bricks and build a boat, a spaceship, a double-decker couch - anything you want, then toss them back and try to make something else. LEGOs must be returned by the end of the program, sorry!

Parents please note regular LEGO are intended for children ages 5 and older, DUPLO and other building toys will be available for younger children.

Bubble Play All Ages

Join us on the front lawn at the main library on Friday, July 7 from 10 to 11 a.m. for our annual Bubble Play program. Grab a tub of bubble solution and a spot on the lawn to blow some bubbles! We will have plenty of bubble makers to experiment with. Can you make giant bubbles? Little tiny bubbles? Can you make bubbles with your hands or do you need a bubble wand? Find out if a square bubble wand makes square bubbles.

Parents, this is sure to be loads of soapy, soaking fun so make sure your children are dressed to get messy!

Fresh water will be available for hand washing and splashing fun for the littlest ones.

This program must take place outdoors so in case of bad weather we will blow our bubbles on July 14th.

Inspiration Hour All Ages

Join us on Friday, July 7 from 2 to 3 p.m. when art and music combine for this hour of inspiration. We'll have art supplies of all kinds for all ages and music to get those artistic sparks flying. Our music choices will range from classical and folk songs to kid-friendly pop music and even some nature sounds mixed in.

How ever the music inspires you, let your voice be heard through the art that you create! We will have all kinds of art materials available to use so be sure to dress to get messy.

City Receives \$130,000 In State Grants For Tree Planting, Care

Mayor Thomas Koch announces the City of Quincy is receiving two grants totaling \$130,000 from the state to assist with neighborhood tree-planting, watering of new trees, and expanding tree-pits.

This grant will augment the \$400,000 Mayor Koch has dedicated to street-tree planting in the municipal operating budget. The grants is from the Greening the Gateways Grant Program.

"Our city and its neighborhoods are defined by its tree-lined streets; it's what separates Quincy from other cities our size," said Mayor Koch. "I appreciate the state contributing to our efforts to continue to grow our urban forest. It is critically important in our changing world that we prioritize tree-planting and tree main-

tenance. This grant will add to our efforts to plant over 500 new trees in the upcoming year."

City officials said Quincy has planted more than 2,500 trees in the past five years. Through its partnership with the DCR and the Greening the Gateways Tree Planting program, the new tree-planting number is close to 4,000.

The Department of Natural Resources has developed a "right tree, right place" planting policy that increases a new tree's likelihood of success. Project Manager/Urban Forester Mike Casinelli selects each planting location and matches an appropriate species based on a variety of factors to include utility interference, biodiversity, planting areas, and other factors.

Soil augmentation has

also been added to the city's bid specifications to provide new trees the nutrients needed to thrive. The city has also extended the warrantee required from contractors for new trees and placed heavy emphasis on new-tree watering.

"I want to thank Mayor Koch for his relentless support for tree-planting in our city," said Commissioner of Natural Resources Dave Murphy. "Planting trees is a great investment in the future of our city. Our trees provide cleaner air, help with cooling in the summer months, help manage stormwater, provide habitat, increase property values, and are aesthetically wonderful for our neighborhoods. I want to thank Mike Casinelli for his work on this grant and all of our tree-planting efforts."

Museum Open, Stone Splitting At The Lyons Turning Mill

The Quincy Quarry and Granite Workers Museum and the Lyons Turning Mill will be open on Saturday, July 1st and Sunday, July 2nd from 11 a.m. to 3 p.m. along with a granite splitting demonstration.

The splitting demonstration will be held at the historic Lyons Turning Mill and Quarry Museum on Quarry Hills Drive, West Quincy Saturday, July 1st at 12 noon. The demonstration will include a short presentation on the splitting of stone and a hands-on splitting of granite by the attendees.

Also, a self-guided walking tour of the Lyons Turning Mill grounds to view artifacts around the mill with interpretive information

at each location will be viewable. The museum has acquired new artifacts of the granite industry from the collection of the late Dave Hodgdon that are on display at the mill.

The museum has also added several new displays on the walking tour around the mill. Historic pictures of Quincy's granite industry with interpretive information on each picture will be displayed. Visitors can view the locations of where the machinery was located by the foundations and stud locations.

The Museum will also be open for a self-guided tour to view pictures and artifacts from Quincy's granite industry. Museum members will be on hand to answer

questions and Quarry Museum T-shirts will be on sale to help support the museum. Safety equipment will be supplied by the museum.

Directions: Curry Hardware, at the intersection of Copeland and Willard Streets, West Quincy. Proceed under expressway, stay to right to stop sign, the U.P.S. building will be on the other side of ramp. Proceed with caution across ramp onto Ricciuti Drive to end and right on to Quarry Hills Drive. Turning Mill will be 100 yards on left.

Visit the website www.quincyquarrymuseum.org

For weather related information on presentation or any other additional questions call the museum at 617-472-1322.

Summer Sweat Saturdays At Crane Public Library Lawn

Revamp Training joins Thomas Crane Public Library on the lawn Saturday, July 8, from 10 to 11 a.m. for Summer Sweat Saturdays.

TCPL invites local trainers for fitness meetups on the second and fourth Saturdays of summer. In the second session of the series, Jeremy Colon of Revamp Training tests your upper, lower, and core muscles for a full-body workout.

"Get ready to sweat and have fun while enjoying some fresh air and our beautiful library grounds," said Rosie, Adult Services Librarian said. "Anyone looking for a fun way to get active this summer in a welcoming and positive environment should join."

Colon brings a wealth of knowledge and expertise to the fitness floor. With a passion for helping people reach their fitness potential,

he has dedicated his life to the health and wellness field. A master trainer, he is always looking for new and innovative ways to help his clients achieve their goals.

Registration for Summer Sweat Series sessions is encouraged. Email Rosie at quref@ocln.org to reserve your space. Visit the Library's online events calendar for more info on the Summer Sweat Series.

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MA Opioid-Related Overdose Deaths Rose 2.5 Percent In 2022

Quincy's Opioid-Related Deaths Drops From 50 In 2021 To 44 In 2022

Opioid-related overdose deaths in Massachusetts increased by 2.5 percent in 2022 compared to 2021, with rates among Black, non-Hispanic residents making up the largest increase, according to preliminary data released June 22 by the Massachusetts Department of Public Health (DPH).

There were 2,357 confirmed and estimated opioid-related overdose deaths in 2022, surpassing the previous peak in 2021 by an estimated 57 deaths. Preliminary data also show there were 522 confirmed and estimated opioid-related overdose deaths in the first three months of 2023, a 7.7 percent decrease (an estimated 44 fewer deaths) from the same time period in 2022.

In Quincy, the number of opioid-related deaths dropped from 50 in 2021 to 44 in 2022, according to the state's data. From 2015 to 2020, the number of annual opioid-related deaths in Quincy was 47, 46, 41, 40, 45 and 42 respectively.

The state's new data shows among non-Hispanic Black residents, the opioid-related overdose death rate increased by 42 percent, from 36.4 to 51.7 deaths per 100,000 residents from 2021 to 2022. When broken down by sex, the data show that non-Hispanic Black men had the highest opioid-related overdose death rate

increase among males in all race/ethnicity groups, from 56.4 to 79.6 per 100,000 (a 41 percent increase). The rate for non-Hispanic Black women increased by 47 percent, from 17.4 to 25.5 per 100,000.

The Healey-Driscoll Administration's opioid prevention efforts are focused on providing communities with the resources needed to support a wide range of substance use programs, including those centered on behavioral health and homelessness. The Administration's Fiscal Year 2024 (FY24) budget proposes investments of more than \$600 million for substance addiction prevention and treatment programs, including critical funding for expanding outpatient services, increasing access to crisis stabilization services in communities and emergency departments, and strengthening the continuum of care in inpatient settings.

"As Attorney General, I made combatting the opioid crisis a top priority, and that commitment continues as Governor while we work to provide individuals and communities with the support they need for treatment, prevention and recovery," said Gov. Maura Healey. "Too many Massachusetts families, particularly families of color, have been impacted by this crisis, and in

order to effectively respond, we need to address the gaps in the system by advancing long-term solutions that include housing, jobs, mental health care and more resources for our cities and towns."

The Commonwealth continues to expand existing substance use disorder treatment and overdose prevention initiatives, including increasing access to the overdose-reversal drug naloxone. Massachusetts has already exceeded, and plans to expand upon, federal naloxone "saturation" goals, providing communities with enough naloxone to prevent overdose deaths that may occur from a lack of medication access. Since 2020, DPH has distributed nearly 300,000 naloxone kits to harm reduction programs, opioid treatment providers, community health centers, hospital emergency departments, and county houses of correction, with distribution increasing about 40 percent each year. DPH has increased its investment in naloxone by more than 140 percent in recent years, from \$2.9 million in 2018 to \$7 million in 2022. Through these investments, DPH launched the Community Naloxone Purchasing Program in May 2022 to increase distribution of free naloxone through organizations to community members across Massachusetts.

In response to the rise in opioid-related overdose deaths, DPH issued an advisory last month urging all providers to increase availability of naloxone kits and train staff to dispense and administer naloxone to anyone who may need it. Retail pharmacies in Massachusetts should continue to dispense naloxone without a prescription as part of a statewide standing order. Everyone, especially those around people at high risk for overdose, should carry and know how to use naloxone, which can prevent serious harm and death from overdose. Those at high risk include people taking high doses of prescription opioids, people misusing prescription opioids, and people using illicit opioids or other drugs, which can be contaminated with the powerful opioid fentanyl.

"The increase in opioid-related overdose deaths is a tragedy and alarming," said Department of Public Health Commissioner Robert Goldstein, MD, PhD. "We know overdose deaths are preventable. The pandemic has had a devastating impact on mental health and substance use, especially among marginalized communities. We are working to reverse these troubling trends by continuing to build on our data-driven and equity-based approaches toward responsive support and treatment."

Key Points and Interventions:

- The opioid-related overdose death rate in Massachusetts increased to 33.5 per 100,000 people in 2022, 2.5 percent higher than in 2021 (32.7 per 100,000) and 9.1 percent higher than the pre-pandemic peak in 2016.
- Since August 2022,

DPH has distributed about 275,000 rapid fentanyl test strip kits at no cost to providers and community organizations and plans to expand distribution in the coming year. Single-use fentanyl test strips help reduce the chances of overdose by allowing people who use drugs to test their supply prior to consumption to determine if it is tainted with fentanyl.

- Fentanyl was present at a rate of 93 percent of fatal opioid overdoses in 2022 where a toxicology report was available. Cocaine was present in 53 percent of toxicology reports, a 4 percent increase over 2021. Alcohol was present in 28 percent, benzodiazepines in 27 percent, prescription opioids in 11 percent, amphetamines in 9 percent, and heroin in 6 percent. Xylazine was present in 5 percent of opioid-related overdose deaths from June to December 2022 where a toxicology screening was available.

- 47 percent of all opioid-related overdose deaths were between 25 and 44 years old; 43 percent were between 45 and 64 years old.

- Males comprise 72 percent of all opioid-related overdose deaths in 2022.

- In the first three months of 2023, males aged 35-44 accounted for the greatest number of suspected opioid-related incidents with a known age and sex treated by Emergency Medical Services (EMS) at 19.4 percent. This marks a shift from prior years where the greatest number of incidents occurred among males aged 25-34.

- Naloxone was administered in 97 percent of acute opioid overdoses occurring

in the first three months of 2023.

- Using federal funds, DPH continues to increase investment in 29 opioid addiction treatment programs across the Commonwealth to expand services aimed at reaching historically underserved or hard to reach populations, including those in the hardest-hit communities like Boston, Lawrence, Lynn, Springfield, and Worcester.

- DPH's ongoing investments in temporary and permanent low-threshold housing for homeless or housing unstable individuals struggling with substance use disorder have led to the placement of more than 400 people so far. Using funds from the state's Opioid Recovery and Remediation Fund, DPH expects to increase low-threshold housing units statewide from 394 to 761 and is on track to house more than 500 people by the end of FY24.

- The largest overdose death increases in 2022 were seen in Worcester County (18 percent, from 281 to 331) and Plymouth County (14 percent, from 167 to 190).

- The most rural communities had the highest opioid-related overdose death rate in 2022 at 36.1 deaths per 100,000 residents.

- The following cities and towns experienced a notable decrease in opioid-related overdose deaths in 2022 compared with 2021: Gloucester, Haverhill, Norton, Salem and Taunton.

- The following cities and towns experienced a notable increase in opioid-related overdose deaths in 2022 compared with 2021: Lawrence, Leominster, Lynn, Springfield, Waltham, Weymouth, and Worcester.

New Zoning Eyed For S. Quincy

Cont'd From Page 11

it's not like you're getting a permit or a variance or anything like that," he said. "The Planning Department brings in outside parties to help review a site plan and they tweak it a little to make it work better. We can still do site-plan review...so from the councillor perspective as we move forward, there would still be the ability to have some control over how a project comes together through the site-plan review process."

The solicitor's presentation also noted that mixed-use development may be allowed and incentivized but cannot be made a prerequisite for multi-family housing.

Ward 2 Councillor Anthony Andronico, who works as aide on Beacon Hill, said he has heard from people in other communities who are concerned about districts where mixed-use developments are allowed by-right not counting toward the capacity requirement for new multi-family housing.

"If you say in this area you can do mixed-use

only, even though it will have multi-family housing within that development, it will not count that toward your housing stock. At least to me, that's a frustrating viewpoint," Andronico said.

"We need to create 11,000 more units, except we're not going to create any places for these people to go for third places - if you're not at home, you're not at work, where are you supposed to go, what are you going to do? You can't create those types places within those specific communities."

Ward 3 Councillor Ian Cain said it was absurd for the state to be enforcing the new guidelines encouraging transit-oriented development, given the problems seen with the MBTA in recent years.

"We're talking about transit-oriented districts, and we do not have adequate public transportation to service the number of units that would be located on these parcels. Right now, we've got a huge problem. The entire metro Boston area is just jam packed with cars, because nobody wants to

use public transportation," Cain said.

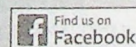
"This is absurd to be saying we need to be absorbing over 10,000 units of housing on locations that are supposed to be more adequate to have people use public transportation, but that public transportation doesn't work. It's absurd."

Cain asked if the city could apply for an exemption from the state requirement. Timmins said state law does not allow exemptions.

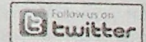
Councillor Anne Mahoney shared a similar sentiment about the state of the MBTA and suggested the city should work with its delegation on Beacon Hill to push back against the new requirements. She also said Quincy should get some credit for housing already built in the city in recent years.

"Everything is being pushed for housing, but other communities around us have not actually met the needs of what of we've already done here in Quincy," Mahoney said. "Some of the developments we've already had done should count towards what we're doing."

Quincy Access Television
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Public Access Channel 8

Thursday, June 29
6:00pm: Bethany Congregational Church
7:00pm: On the Road w/ Jazzy Bill

Friday, June 30
7:00am-9:10am: LIVE: AM Quincy w/ Joe Catalano
11:30am: LIVE: Currently in Quincy

Saturday, July 1
12:00pm: Media Advisory: Police Chief Ceremony
1:00pm: Father Bill's/MainSpring Ribbon Ceremony

Sunday, July 2
11:30am: Quincy Point Cong Good News
1:00pm: The Call

Monday, July 3
8:00pm: 2022 Squantum 4th of July Parade
9:00pm: 2022 Merrymount 4th of July Parade

Tuesday, July 4
7:00pm: 2023 Memorial Day Parade & Ceremony
8:30pm: 2023 Flag Day Parade & Fireworks

Wednesday, July 5
7:00am-9:10am: LIVE: AM Quincy w/ Joe Catalano
8:00pm: Quincy Senior Olympics Awards Ceremony

Government Access Channel 9

Thursday June 29
4:00pm: Board of License Commissioners 6/20
5:00pm: Zoning Board of Appeals 6/20

Friday June 30
7:00pm: Health Links: Aging Strong
8:30pm: Legislative Update: Lt. Gov. Kim Driscoll
9:00pm: Media Advisory: Quincy Police Dept.

Saturday/Sunday, July 1/2
9:30am: For Your Health: Summer Safety
10:30am: Legislative Update: Lt. Gov. Kim Driscoll
11:00am: Health Links: Aging Strong
12:00pm: MA House of Representatives
6:00pm: Media Advisory: Quincy Police Dept.

Monday July 3
1:30pm: TCPL Presents: Howard Johnson

Tuesday July 4
1:00pm: Department Profiles: Quincy Police Dept.
4:00pm: Board of License Commissioners 6/20
6:00pm: Zoning Board of Appeals 6/20

Wednesday July 5
6:00pm: In the Know: Lead Abatement Program
7:00pm: Legislative Update: Lt. Gov. Kim Driscoll

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

On Wednesday, June 21, just before 7 a.m. Officers Meade, Koch, O'Hare, McKeen and Chenette were dispatched to the area Hancock Street near Chestnut Street for the report of a breaking and entering to a motor vehicle that had just occurred. Our Communications Division provided a description and advised that the suspect had fled down Maple Street.

Officers Koch and O'Hare located an individual that fit the description on the lawn of the Thomas Crane Public Library on Washington Street. Officers Meade and Chenette went to 1400 Hancock St. where the crime occurred to speak to the caller/victim. It was reported that the suspect entered the vehicle and placed items into his pockets. A show up identification was conducted by Officer Chenette. The victim confirmed that the detained male was in fact the suspect.

At this time the detained male was placed into custody and transported to police headquarters. He will be charged at Quincy District Court with breaking and entering a motor vehicle in the day time.

Great Teamwork and a Job Well Done!

On Sunday, June 18, at approximately, 5:15 p.m. Officer William Murphy on patrol in a marked cruiser observed a

A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer
Quincy Police Department

group of mopeds maneuvering in and out of traffic, even traveling on the sidewalk. Officers Minton and Watkins responded to the area to assist. The initial attempt to stop these individuals was not successful and the decision was made not to pursue them.

One of the moped operators crashed into a fence at the corner of Cleverly Court and Sixth Avenue. The operator fled on foot jumping over multiple fences and was able to escape arrest. The rear passenger tripped over the moped losing his balance and was guided to the ground by Officer Watkins and placed into custody. This suspect will be charged with receiving stolen property of \$1,200.

Officer Minton caught up to another moped from the group at Washington Street and Southern Artery. This moped was occupied by two males who were uncooperative but did stop. Based on the officers' observations and the moped being stolen both males were placed into custody. The

operator will be charged with refusing to stop for the police, operating to endanger, marked lanes violations, possession of burglarious tools, helmet violation, unregistered moped and receiving stolen property over \$1,200 (moped).

The passenger was charged with possession of burglarious tools and receiving stolen property over \$1,200 (moped). The remaining moped operators and passengers fled the area and were not able to be identified.

There has been an increase of mopeds operating recklessly around the city and these officers were able to apprehend, identify and charge these individuals.

Job Well Done!

On Thursday, June 8, at approximately 7:30 a.m., a resident of Fairview Road called in a panic as she almost crashed her vehicle, due to the fact there was a "frog" inside of her vehicle. Officer Koch and Callhan responded to assist. They were able to remove the frog from her car without incident.

The resident wanted to recognize the patience and professionalism of Officers Koch and Callahan. She stated as minor as the incident may have seen to some she was in a full panic and the officers were extremely helpful.

Job Well Done!

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, JUNE 16

DISORDER (two males), 1:12 a.m., 1354 Hancock St. Two males fighting outside. Officer unable to locate.

VANDALISM/PROPERTY (broken window), 8:50 a.m. United First Parish Church, 1306 Hancock St. Incident closed. Case number provided.

BREAKING AND ENTERING/PAST (business), 11:26 a.m., Champion Auto, 134 East Howard St. Report to be filed.

DISORDER (with customer), 11:30 a.m., Ocean State Job Lot, 141 Newport Ave. Trespass warning issued.

VANDALISM/PROPERTY (car), 1:18 p.m., 5 Edwards St. Someone took a knife to the caller's car. Case number provided. No suspects.

LARCENY, 1:39 p.m., Off the Hook Bar and Grill, 1269 Sea St. Advised.

DISORDER (ex-employee), 3:16 p.m., Home Depot, 177 Willard St. Yelling and screaming in parking lot. Gone on arrival.

SATURDAY, JUNE 17

DISORDER (group of people), 12:15 a.m., Richard Street. House party and an argument. No fight. Units cleared.

BREAKING AND ENTERING/MOTOR VEHICLE (just happened), 2:07 a.m., Bearde's Exxon, 447 Southern Artery. One under arrest. Report to be filed.

SHOPLIFT (female), 7:26 a.m., Seven Eleven Store, 230 Washington St. One female given trespass by clerk in presence of Officer T. DeCristofaro. Sent on way.

WORKING FIRE (fire seen), 8:12 a.m., Montclair Avenue. Fire seen on the third floor. Now reports fully engulfed. Second alarm struck. QFD to handle.

DISORDER (two males fighting), 1:56 p.m., 38 Broad St. Inside at the lobby, no weapons but fist fighting. One party was gone on arrival. X6 to South Shore Hospital.

SUNDAY, JUNE 18

LARCENY (on street), 12:31 a.m., 180 block of Common Street. Verbal argument. One person was transported to the hospital. Intoxicated male was arguing with people passing by.

DISORDER (two groups), 1:42 a.m., 305 Victory Rd. Two groups fighting. One of the groups left prior to officers' arrival. Peace restored.

DISORDER (arguing), 6:06 a.m., Wollaston Recre-

ation Facility, 357 West Squantum St. Gone on arrival.

BREAKING AND ENTERING/PAST (front door), 9:34 a.m., Toodie's Fine Jewelry, 1163 Hancock St. Report to be filed. Most likely a projectile from the road.

LARCENY (red moped missing), 10:22 a.m., 40 block of Broadway. Stolen overnight. Report to be filed.

RECREATION VEHICLE (erratic operator), 5:15 p.m., Southern Artery and Washington Street. Four mopeds. Arrest made one operator crashed. Reports to be filed.

BREAKING AND ENTERING/PAST (to apartment), 8:24 p.m., 20 block of Remington Court. One person trespassed from property. Report to be filed.

TRESPASS (just occurred), 8:36 p.m., Old Colony Liquors, 637 Southern Artery. Person gone on arrival.

VANDALISM/PROPERTY (damaged door), 8:57 p.m., 50 block of Yardarm Lane. Caller states she heard a loud bang and noticed her door was damaged. Case number provided. No suspects.

MONDAY, JUNE 19

DISORDER (female), 12:47 a.m., Holiday Inn, 1 Arlington St. Gone on arrival. Female on do not rent list. Was gone on officers' arrival.

DISORDER (white Jeep), 1:32 a.m., 240 block of Hollis Avenue. Persons involved uncooperative, stating there was an argument over the phone. Sent on way.

DISORDER (with customer), 12:17 p.m., Ocean State Job Lot, 141 Newport Ave. Female upset with the return policy and left the area.

VANDALISM/PROPERTY (front door), 3:59 p.m., 560 block of Washington Street. Report to be filed.

SHOPLIFT (two males), 4:29 p.m., Stop and Shop Supermarket, 495 Southern Artery. Trespassed by loss prevention officer in front of Officer Minton.

LARCENY (packages), 5:28 p.m., low numbers of Crown Drive. Report to be filed.

DISORDER (yelling/arguing), 8:26 p.m., 215 Quincy Ave. Homeless arguing in the wooded area. ACU to follow up and make frequent checks.

TUESDAY, JUNE 20

BREAKING AND ENTERING/MOTOR VEHICLE (three males), 1:40 a.m., Edgewater Place Condos, 133 Commander Shea Boulevard. Little damage to vehicle. Report to be filed.

DISORDER (arguing), 2 a.m., 70 block of Safford

Street. No relation. Disorder. Report to be filed.

SHOPLIFT (just fled), 2:20 p.m., Walgreen Pharmacy, 132 Granite St. Trespassed by manager in the presence of Ptl. Underwood.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 2:20 p.m., 300 Crown Colony Drive. Someone broke into his van and stole a briefcase. Caller is in the police lobby. Report to be filed.

LARCENY (cash), 4:01 p.m., Walmart, 301 Falls Blvd. Property returned to the owner. Peace restored.

DISORDER (two males), 4:09 p.m., 1305 Hancock St. Heading towards the train station. Verbal between friends. Peace restored. Not friends: homeless parties.

ASSAULT AND BATTERY/DANGEROUS WEAPON (pellet gun), 9:38 p.m., Garfield and Quarry Streets. Injured party shot by pellet gun. Patient refused EMS. 774 giving victim courtesy ride. Report to be filed. Be on look-out of suspects given out.

WEDNESDAY, JUNE 21

BREAKING AND ENTERING/MOTOR VEHICLE (just happened), 6:57 a.m., Chestnut and Hancock Streets. Male suspect fled down Maple Street. One in custody.

SHOPLIFT, 11:30 a.m., Stop and Shop Supermarket, 495 Southern Artery. Currently at the Roxie's parking lot. Manager and shoplifter. Person was trespassed and sent on the way.

DISORDER (throwing rocks), 9:37 p.m., 20 Moon Island Rd. Youths throwing rocks at him and his girlfriend. No damage, no injuries. Caller left. Small groups sent on way.

THURSDAY, JUNE 22

DISORDER (employee/customer), 7:18 a.m., Dunkin Donuts, 100 Granite St. Disorder between customer and employee. Peace restored.

BREAKING AND ENTERING/PAST, 11:20 a.m., 1515 Hancock St. Report to be filed.

DISORDER, 1:32 p.m., 1025 Hancock St. Report to be filed.

SHOPLIFT (employee), 6:22 p.m., Target, 298 Hancock St. Advised, sent on way.

LARCENY (bike), 7:31 p.m., Stop and Shop Supermarket, 65 Newport Ave. Case number provided. Report filed.

Norfolk County Sheriff's Office Hosts First Summer Safety Fest Of 2023

The Norfolk County Sheriff's Office hosted its first of three Sheriff's Summer Safety Fests recently in Braintree. The event, which was hosted at the Sheriff's Public Safety complex on Washington Street, provided activities, resources, information, and demonstrations for participants of all ages.

"This was a great way to kick off the summer in a fun, safe and informative way," said Sheriff McDermott. "Bringing families together and providing opportunities for fun and learning is what the Sheriff's Summer Safety Fest is all about."

Families who attended had the chance to visit with local community organizations, learn about public safety resources, and enjoy a variety of activities for all ages. Attendees

were able to try the high-ropes course, see a K9 demonstration, and tour a touch a truck area. The Sheriff's Office also provided free grilled burgers, hot dogs, and snacks throughout the day. Over 250 people were estimated to be in attendance.

Two additional Sheriff's Summer Safety Fest are planned for July and August in Medway and Sharon, respectively. Details about the next Sheriff's Summer Safety Fest will be announced soon.

The Sheriff's Office recommends that the public follow their social media channels (@NorfolkSheriff on Instagram, Facebook, and Twitter) for announcements about this and other programs.

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Number Of Potential Candidates Now At 23

By **SCOTT JACKSON**

Two Quincy residents this past week pulled nomination papers to run for office in the fall municipal election, setting the stage for a potential City Council contest in Ward 6 and a preliminary election in the School Committee race.

Deborah Riley, a resident of Landgrane Street, on June 23 took out papers to run for the Ward 6 seat on the City Council. The incumbent Ward 6 councillor, William Harris of Ashworth Road, had previously taken out papers to run for reelection and has returned his nomination papers with the requisite 50 certified signatures.

Vincent Ho Tran, a resident of East Elm Avenue, on June 23 pulled papers to run for a seat on the School Committee. He is the seventh person to do so, joining all three incumbents whose seats will be contested this year – Paul Bregoli of Willow Avenue, Kathryn

Hubley of Marion Street and Frank Santoro of Lois Terrace – as well as challengers Kathryn Campbell of Cranch Street, Courtney Perdios of Ruggles Street and Liberty Schaaf of Howe Street. Hubley and Perdios have both returned their nomination papers with the requisite 50 certified signatures.

Should seven or more residents qualify for the ballot in the School Committee race, a preliminary election would be held on Aug. 29. The top six candidates would advance to the final election on Nov. 7.

The addition of those two potential candidates brings the total number of residents who have pulled papers to 23.

The field of potential candidates includes three residents who have taken out papers to run for mayor: incumbent Thomas Koch of Newbury Avenue, James Maloney of East Squantum Street, and Anne Mahoney,

an incumbent councillor at-large, of Ferriter Street. Koch has qualified for the ballot, returning the necessary 50 certified signatures.

A preliminary election would be held in the mayor's race if three or more residents qualify for the ballot. It would likewise be held on Aug. 29.

Three residents have taken out papers to run for the three at-large seats on the City Council. They include incumbents Noel DiBona of Chickatabot Road and Nina Liang of Grandview Avenue, as well as Scott Campbell of Rockland Street.

In addition to Harris, four of the city's ward councillors have taken out nomination papers to run for reelection. They are Ward 1 Councillor David McCarthy of Whitney Road, Ward 2 Councillor Anthony Andronico of Nicholl Street, Ward 3 Councillor Ian Cain of Forbes Hill Road and Ward 4 Councillor James Devine of Cross Street.

In the Ward 2 race, Andronico is facing a potential challenge from Richard Ash of Mound Street. In the Ward 4 race, Devine is facing a potential challenge from Matthew Lyons of Centre Street.

The remaining incumbent ward councillor, Charles Phelan Jr. of Ward 5, has announced he will not be running for reelection in the fall. Two residents have pulled papers to run for that open seat, Richard Iacobucci of Adams Street and Daniel Minton, a resident of Sims Road and retired Quincy police lieutenant.

Among those candidates for City Council, Campbell, McCarthy, Devine and Minton have all returned nomination papers with the required 50 certified signatures.

Nomination papers have been available since May 2. The deadline to return them to the Board of Registrars is 5 p.m. on July 11 and certified nomination papers, in-

cluding a statement of candidacy, must be submitted to the city clerk by 5 p.m. on July 25. The deadline for objections to or withdrawals of nomination papers is 5 p.m. on July 27.

The signatures of 50 registered voters are required to run for each office in a municipal election. Residents seeking one of the six ward

councillor seats must obtain the signatures from within their ward.

Quincy's mayor is elected to a four-year term, city councillors to two-year terms and school board members to staggered four-year terms, meaning three seats are on the ballot every two years.

Massachusetts Gas Prices The Same As Last Week

The average gas price in Massachusetts is the same as last week, averaging \$3.54 per gallon.

Monday's price is 3 cents higher than a month ago (\$3.51), and \$1.39 lower than June 26, 2022 (\$4.93). Massachusetts' average gas price is 3 cents lower than the national average.

"The price of a barrel of crude oil has been in the 70s most days this year but is now hovering right at 70 dollars or even dipping into the high 60s," said Mary Maguire, AAA Northeast's Vice President of Public and Government Affairs. "This means the price at the pump is significantly lower than a year ago and is one reason AAA is projecting a record-breaking year for Fourth of July travel."

AAA Northeast's June 26 survey of fuel prices found the current national average to be the same as last week (\$3.57), averaging \$3.57 a gallon. Monday's national average price is the same as a month ago (\$3.57), and is \$1.33 cents lower than this day last year (\$4.90).

ANHP, United First Parish Church To Host 'Jefferson & Adams' July 4

Adams National Historical Park and United First Parish Church will host an Independence Day celebration featuring the play "Jefferson & Adams" Tuesday, July 4 at the church, 1306 Hancock St., Quincy.

The public is invited to UFPC from 4 to 6 p.m. for a performance of "Jefferson & Adams." This play, written by Howard Ginsburg, tells the story of the turbulent 52-year friendship between Thomas Jefferson and John Adams and covers such highlights as their work on the Declaration of Independence.

The show stars Bill Barker as Thomas Jefferson, Sam Goodyear as John Adams, and Abigail Schumann as Abigail Adams.

This event is free to the public and does not require a ticket.

United First Parish Church, Unitarian Universalist, is a welcoming and inclusive spiritual community in the heart of Quincy. It is also the location of the Adams Family crypt; the final resting place of Presidents John Adams and John Quincy Adams, and First Ladies Abigail and Louisa Catherine Adams.

Bill Barker is widely recognized as the nation's foremost interpreter of Thomas Jefferson. After portraying Thomas

Jefferson at Colonial Williamsburg for 26 years, Barker joined the Thomas Jefferson Foundation at Monticello in June 2019. Barker has performed as Jefferson at sites including the White House, the U.S. Capitol, the Palace of Versailles, and more. He has appeared as Jefferson on ABC, NBC, CBS, CNN, C-SPAN and Comedy Central's Colbert Report.

Sam Goodyear is a veteran actor and singer who has been acting the part of John Adams for nearly 30 years. He has performed the part of Adams (often with Bill Barker) at Colonial Williamsburg and Adams National Historical Park. A filmed version of the play (with Abigail Schumann as Abigail Adams) aired on PBS on July 4, 2006 and was nominated for an Emmy Award.

Abigail Schumann is a Virginia actor with four decades of stage experience. Portraying Abigail Adams in Howard Ginsburg's "Jefferson & Adams" has been a highlight of her acting career. Other favored roles include Queen Eleanor in "The Lion in Winter" by James Goldman; the title role in Willy Russell's one-woman play "Shirley Valentine;" and Catherine in David Garrick's "Catherine & Petruchio," an 18th century adaptation of Shakespeare's "The Taming of the Shrew."

Christ Church Resumes Summer Beach Church Worship Service July 2

Christ Church, a mobile Christian ministry, announces it will resume weekly Summer Beach Church Worship Services Sunday, July 2 at 8 a.m.

The services take place on Wollaston Beach between the Squantum and Wollaston Yacht Clubs and

everyone is invited to attend. The brief services include Scripture, songs and a message about the blessings of living life with Jesus Christ the Son of God.

For further information check the website at christevangelicalchurchmobmin.org.

Quincy Point Congregational Church Outdoor Worship July 2

Quincy Point Congregational Church, 444 Washington St., invites the public to Outdoor Worship on July 2, the Fifth Sunday after Pentecost, at 10 a.m. on the Abbey Road lawn, weather permitting.

This is Communion Sunday and the Fourth Annual Hymn Sing Sunday. Communion will be by reverse intinction, and the service will feature favorite hymns chosen by the congregation. If it is raining, then worship will be in the air-conditioned sanctuary.

This week's worship will not be live-streamed to allow our audio/visual volunteers a well-deserved vacation. However, those unable to attend in person are encouraged to visit the church online venues and pick a service that speaks to you. You can access past live streams at any time through the church website (quincypointcong.org), as well as the church's Facebook, Vimeo, and YouTube pages.

Stay tuned for more exciting summer happenings including Camp Sunday, guest preachers and the Summer of Love Worship and craft series.

AAA: Record-Breaking Travel Volumes Expected July 4th Weekend

Number Of Americans Traveling By Car And Air Over The Holiday Projected To Be Highest On Record

AAA projects 50.7 million Americans will travel 50 miles or more from home this Independence Day weekend, setting a new record for the holiday.

Domestic travel over the long weekend will increase by 2.1 million people compared to 2022. This year's projection surpasses the previous July 4th weekend record set in 2019 of 49 million travelers.

"We've never projected travel numbers this high for

Independence Day weekend," said Mary Maguire, Vice President of Public and Government Affairs for AAA Northeast. "More than 1.4 million Massachusetts residents will be among those traveling, 1.2 million of us by car. Both mirror the national trends and are higher than the number of travelers and drivers from a year ago."

This July 4th weekend is expected to set a new record for the number of Ameri-

cans traveling by car for the holiday. AAA expects 43.2 million people will drive to their destinations, an increase of 2.4% over 2022 and 4% higher than 2019. This summer, gas prices are well below what they were one year ago. The national average for a gallon of regular was \$4.80 on July 4th, 2022. Gas prices have remained steady the past couple of months, with the national average hovering around \$3.50 to \$3.60 a gal-

lon, thanks to the lower cost of oil.

Air travel is also expected to set a new record. AAA projects 4.17 million Americans will fly to their destinations Independence Day weekend, an increase of 11.2% over 2022 and 6.6% over 2019. The previous July 4th weekend air travel record of 3.91 million travelers was set in 2019. The share of air travelers in the overall holiday forecast this

Cont'd On Page 27

July 4th & Summertime Sale
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Real Estate

Quincy Real Estate Transactions June 19 - June 23

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Kaylee Quick & Khanh Doan
Quincy Ave Realty Partners LLC
Irene E. Moran
Andrew & Valeria Summerfield
John Liu
Quincy Ave Realty Partners LLC
24 Tyler Street Realty Trust
Rebecca D. Hoover & Kyle B. Mikami
Laurie Thai
Robert E. Jackson
Linda Alessi
Paul M. & Loretta Whelton
George K. Lau & Ellen S. Chan
Patrick J. Downey
Quincy Ave Realty Partners LLC
36 Hilltop Street Realty Trust
Jet Realty Trust
Beverly M. Carinci & Mary T. Perrow
Gail M. Flaherty & Bridget K. Derosé
Jianqing Chen
Paul & Carolyn Wood
Francis J. Devine 2018 Revocable Trust &
Conchetta M. Devine 2018 Revocable Trust
George & Lydia Soucek
Quincy Ave Realty Partners LLC
John W. & Carol J. Ketner
Appleton Grove LLC
Lacey Irrevocable Trust
Zhefan Wang & Xuefang Zhao

BUYER

Tan V. Ngo & Phi Q. Dao
Wen Ye
Hao & Jessica Wang
Kexing Fang & Shui Z. Weng
Ming X. Li & Yu P. Zhou
Jia Y. Chen
Pingping Wu & Liangping Gao
Hairuo Tu & Daoshen Bi
Paul J. Morin & Jeffrey M. Mackey
Vinay K. Mekala & Madhavi Tumma
Carrie Yung
Maruti & Mamata Bhandarkar
Ka Lun Po & Joanne S. Ma
Yong D. Chen
Erika Mani & Michael Livingston
Rachel Marshall
School Gas Realty LLC
Yana Huang & Lucas H. Phan
David Daniels
Phwe Y. Tham
James M. & Kristine M. Barbati

166 Washington LLC
Larry Chiang 2000 Supplemental Needs Trust
Ti Wang & Jay Leung
Benjamin Faust & Alexis Johnson
Angelina B. Rodriguez
Bocheng Zhong & Kunfeng Chen
Sachi Inoue & Colleen Dunlea

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\$920,000.00
\$788,000.00
\$798,500.00
\$663,000.00
\$289,000.00
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\$435,000.00
\$365,000.00
\$380,000.00
\$750,000.00
\$630,000.00
\$975,000.00
\$748,000.00
\$490,000.00
\$650,000.00
\$880,000.00
\$365,000.00
\$320,000.00
\$908,000.00

\$1,050,000.00
\$630,000.00
\$780,000.00
\$969,000.00
\$520,000.00
\$675,000.00
\$535,000.00

ADDRESS

171-175 Granite Street
188 Quincy Avenue Unit B-1
15 Eastbrook Road
202 Independence Avenue
133 Commander Shea Blvd Unit 312
188 Quincy Avenue Unit B-5
24 Tyler Street
43 Merrymount Road Unit B-5
9 Belmont Street Unit 2
500 Washington Street Unit 201
10 Weston Avenue Unit 313
164 Putnam Street
122 East Squantum St. Unit 122-4
232 Pine Street
188 Quincy Avenue Unit B-6
26 Carlson Street
59 School Street
17-19 Rodman Street
766 Willard Street Unit A-5
115 West Squantum Street Unit 1004
2001 Marina Drive Unit 504W

166 Washington Street
55 Bunker Hill Lane
188 Quincy Avenue Unit B-8
255 Pine Street
57 Crescent Street
80 Alvin Avenue
95 Monroe Road Unit 2R

GOOD DEEDS: Getting Laws Passed And You

By WILLIAM P. O'DONNELL
Norfolk County
Register of Deeds

There are a number of documents recorded at the Norfolk Registry of Deeds that pertain to the four United States Presidents born in Norfolk County. One of those Presidents, John Adams, stated, "We are a government of laws, and not of men."

In my tenure as Norfolk

Register of Deeds, I have gotten to experience firsthand the making of laws. Laws govern our daily lives and have significant impacts. Not that long ago, the Homestead Protection for your home was \$300,000.00. The legislative process here in Massachusetts increased the Homestead Protection you can put on your home to \$500,000.00. This change in a law benefited each of you as a consumer who owns a

house or condominium as your principal residence.

A Mortgage Discharge Bill was passed into law, giving you, as real estate borrowers, assistance in getting your mortgage discharge document. This is impactful, as a mortgage discharge once recorded at the Registry of Deeds tells the world that your loan has been paid off. The Community Preservation Act, which so many of our local communities have implemented, started as an idea in a bill that later became state law here in Massachusetts.

How do bills become laws?

A bill becomes a law once it has been passed by the State Legislature and signed by the Governor. Once a bill is introduced in



NORFOLK COUNTY REGISTER of Deeds William O'Donnell (left), along with Plymouth County Register of Deeds John R. Buckley (right) testify in support of House Bill 3862, An Act Modernizing the Registries of Deeds.

Courtesy Photo

either the State House of Representatives or the State Senate, it goes through a series of committee hear-

ings before it is voted on. Members of the committee can ask questions, suggest changes, and vote on whether or not the bill should be sent to the full House or Senate for consideration.

Understanding the legislative process can empower you to engage in advocacy and allow you to see how

your elected officials are or are not working on issues that matter to you. Committee hearings are an essential part of the legislative process, as they provide an opportunity for lawmakers to fully understand the potential impact of a bill and make informed decisions.

Cont'd On Page 23

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14 Quincy Firefighters Complete Training

Cont'd From Page 2

In addition to thanking the mayor and City Council for their support, Jackson thanked the Quincy firefighters who helped run the academy for the previous 13 weeks. They include Capt. Timothy Marks, the drill-master, Capt. James Cosgrove, Lts. Kenneth Kochera and Steven Chencharik and Firefighters Christopher Barry and Andrew McAllister.

Jackson also offered some advice to the new firefighters.

"I'll give you the same advice my father gave me, don't stop learning, don't take a day for granted, always remember how fortunate you are to be in the position you are," he said. "You guys have seen the list. There is a lot of people who would love to be in your shoes."

"Like I said the day you were sworn-in, wring the towel on this experience, don't take this for granted, be the best version of yourself every time you come into the work. That's all we can ask."

Quincy Mayor Thomas Koch noted each of the 14



STEVEN CONROY is one of 14 Quincy firefighters who graduated on June 9. He receives his pin from his brother, Arlington Fire Captain Martin Conroy,

new Quincy firefighters is a military veteran.

"Each of you put it on the line when you took that oath to serve the nation, and then you took the oath several weeks ago in the City Hall chamber to put it on the line for the people of Quincy," he said. "Today...you become an official part of the family of the Quincy Fire Department, which is the best in the commonwealth. There is no doubt about it."

The mayor also offered

his advice to the new firefighters.

"Let me just give you a little advice...don't become that guy in the firehouse that becomes the Eeyore, that becomes how everything is wrong and everything is bad et cetera, et cetera. There is too much of that in this world today," Koch said, adding that they should feel the positive influence of those they work with.

Belmont Fire Chief David DeStefano encouraged



MICHAEL GOLDEN was among the 14 Quincy firefighters to graduate on June 9. Here, his sister, Christina Golden, pins him. Looking on is Fire Chief Joseph Jackson.

all the firefighters in the room – the 15 newly minted ones and the dozens of veteran firefighters on hand for the occasion – to embrace being a firefighter.

Cont'd On Page 18

MAYOR THOMAS KOCH (right) addresses the standing-room-only crowd at the June 9 ceremony. He noted each of the 14 Quincy firefighters who graduated that morning are veterans of the armed forces. "Each of you put it on the line when you took the oath to serve the nation," the mayor said.



Quincy Sun Photos/Scott Jackson

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THOMAS KOCH Jr. receives his pin from his uncle, retired Quincy Fire Lt. Bill Phelan, during the ceremony on June 9. Looking on is Fire Chief Joseph Jackson.

14 Firefighters Complete Training

Cont'd From Page 17

"Did you ever notice when you meet someone new and they ask us about ourselves, we all start off the same way, 'I'm a firefighter?' Fire service may start off as a career, but when you love what you do, it becomes an identity. I'm asking you to embrace the identity," DeStefano said.

"We have the honor of serving in a role that was created only for one purpose, to help people in their

greatest time of need. There is no halfway. We must dedicate ourselves to learning this profession and remaining current with emerging technology and equipment. That's the best way to ensure that we all go home safe at the end of our tour. We must be good brother and sister firefighters and we must never forget that although our missions are ever evolving, we exist as a group to save lives and property."

PAID ADVERTISEMENT

Christopher Barbone, the senior member of the new class of Quincy firefighters, talked about the cohort's experience over the prior 13 weeks.

"We learned so much. We worked as a team to learn leadership and held each other accountable," Barbone said. "We completed a rigorous academic schedule of reading and testing while also performing a wide range of hands on

Cont'd On 23

PAID ADVERTISEMENT



NEW QUINCY FIREFIGHTERS Christopher Barbone (center) and Thomas Koch Jr. (right) present Mayor Thomas Koch with a plaque during the graduation ceremony on June 9. "This academy has been an amazing experience and exceeded my expectations," Barbone said. "I really couldn't have asked for anything more."

Quincy Sun Photos/Scott Jackson



QUINCY FIREFIGHTERS Union leadership presented Mayor Thomas Koch with a personalized firefighting helmet at the conclusion of the graduation ceremony on June 9 in recognition of his support for the Fire Department. From left: Fire Chief Joseph Jackson, Koch, union Secretary Paul Moody, Vice President Matt Keenan and President Tom Bowes.

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Mark Kennedy Sworn In As 18th Police Chief

Cont'd From Page 3

the summers that dad wasn't fun at the beach because I was reading police administration, ruining your summers and cruises," he said. "Thank you. I truly would not be here without you."

"My extended family, you've always supported me in everything I've done."

He next thanked the men and women of the department that has served alongside, as well as Mayor Thomas Koch.

"I'm also standing here today in large part due to the men and women that I've had and continue to have the honor of serving alongside in this police department. Men and women of all ranks who took the time to teach me, mentor me, and show me by their example how to be a leader in the Quincy Police Department," Kennedy said.

"Last but not least, I'd like to thank Mayor Koch. I've been privileged to know Mayor Koch for the past 20 years and I can tell you I have never in my life met anyone with a greater love and vision for the city of Quincy than Tom Koch. Mr. Mayor, I promise to work day and night to earn the trust that you've shown in me here today."

The Quincy Police Department, Kennedy continued, has long been at the forefront of policing and has embraced its role as guardians of the community.

"When I graduated from the police academy nearly 25 years ago, I remember our training lieutenant, Vincent Flaherty, telling us, 'the police academy taught you how to be cops. Now we're going to teach you how to be Quincy cops,'" Kennedy said.

"I didn't realize what he was saying at the time and it took nearly 17 years for this sentiment to be described

in President Obama's 21st century policing report, but what soon-to-be Capt. Flaherty was essentially telling us that day was that the academy taught us to be warriors, but to be a Quincy cop, you need to be a guardian of the community."

"The Quincy Police Department has always been ahead of the curve and led the way across the country on national policing best practices. The 21st century policing report in 2015 was not a call for this department to change, but rather a validation of what we've been doing for decades."

Kennedy provided three examples where the city's police department was ahead of the curve.

"In 1978, when police departments across the nation were treating domestic violence as a marital matter best dealt with at home, the Quincy Police Department embraced their guardian role and said, 'not here,'" he stated. "Building a coalition with the district attorney's office, Quincy District Court and DOVE, we began arresting and prosecuting the primary aggressor in domestic violence calls and changed the way police departments across the country responded and dealt with violence at home."

"In 2008, recognizing that mental health calls were on the rise, the Quincy Police Department became one of the first agencies in the state to embed a mental health clinician in the police department to respond to calls involving persons with mental health issues in the hopes we could intervene and deescalate crisis behavior before it became criminal behavior. This program has been incredibly successful and this year we hope to expand it and add a second full-time clinician."

Cont'd On Page 20



POLICE CHIEF Mark Kennedy was sworn in on the morning of June 23. Helping to pin his new chief's badge is Kennedy's son, Jackson. The chief's other son, Ryan, also helped pin the chief's badge on their father. In the photo below Mark shakes his with his father. Looking on are the chief's son Jackson and daughter Ainsley.



NEW QUINCY POLICE Chief Mark Kennedy receives congratulations from Mayor Thomas Koch (photo at left) and City Clerk Nicole Crispo (above photo) after being sworn in as the city's 18th police chief at a ceremony June 23 in the Great Hall of the James R. McIntyre Government Center (old City Hall).

Quincy Sun Photos/Robert Bosworth

Mark Kennedy Sworn In As 18th Police Chief

Cont'd From Page 19

"Once again in 2010 the Quincy Police Department put its guardian mindset on display and led the nation in its response to the opioid epidemic that was ravaging our community and the nation as a whole. Under the leadership of Chief Keenan and Mayor Koch, the Quincy Police Department partnered with the Department of Public Health and equipped every officer with nasal Narcan to reverse opioid overdoses. As a result of these efforts, first-responding Quincy police officers — many of them in the room right now — are credited with saving over 1,000 lives and set the standard nationwide for how police agencies deal with people suffering from opioid-use disorder."

Under his leadership, Kennedy said the department would continue to innovate.

"I tell you these things not to brag about the department that I'm so proud to serve, but to remind myself of the challenge that stands before me. The current state of the Quincy Police Department is strong, and its future is bright," he said.

"My command staff and I will continue to push forward, to innovate, build coalitions and look for ways to stay ahead of the curve. We will continue to provide the best police services for the citizens of Quincy while embracing the guardian mindset that has for decades been at our core."

Kennedy next recalled the life lessons that his father, the late Paul Kennedy, taught him, and said the Quincy Police Department would be a better place because of those life lessons.

"A few months ago, I had an incredibly vivid dream. I was here in this hall being sworn in as chief of police and dad, who passed away in 2017, walked up to shake my hand and congratulate me, told me how proud he was, and he said, 'this is the easy part — now what are you going to do with it? You have to earn it every day,'" the chief said.

"For those of you who knew my father, he didn't suffer fools and he never let us rest on our laurels. I always found it a bit frustrating that when I thought I made it to the top of the mountain, my dad would point out another peak. I know he'd be proud, and I know the Quincy Police Department will be a better place because of the lessons he taught me."

"Today is just the beginning of the journey. There



FAMILY OF new Quincy Police Chief Mark Kennedy pose for a photo after Chief Kennedy was sworn in at a ceremony June 23 in the Great Hall of the James R. McIntyre Government Center (old City Hall). From left: son Ryan, Chief Kennedy, daughter Ainsley, wife Laura holding daughter Ava and son Jackson.

are many more peaks that I know we need to climb, and I know that together, we can do great things and continue to push this department forward."

"To the men and women of the Quincy Police Department," Kennedy continued, "both sworn and civilian, I want to let you know I have your back and I will work hard on your behalf to ensure that you have the tools, training and support that you need to do your jobs safely and come home to your families at the end of your shifts."

"My management philosophy has always been rather simple: Take care of the people that I work with and be accountable to the people that I work for, the citizens of Quincy."

"Mr. Mayor, Chief Keenan, my brothers and sisters in the police department, I'm humbled and grateful for the trust that you've bestowed upon me and I'm ready to get to work."

Speaking shortly before the new chief was sworn in, Koch called the morning a great occasion for the city, the Police Department and the Kennedy family alike.

"It is certainly a great occasion. It's a great occasion for the city, it's a great occasion for the police department, and it's certainly a great occasion for lieutenant, about to chief, Kennedy, and his family," Koch said.

"I know we had a number

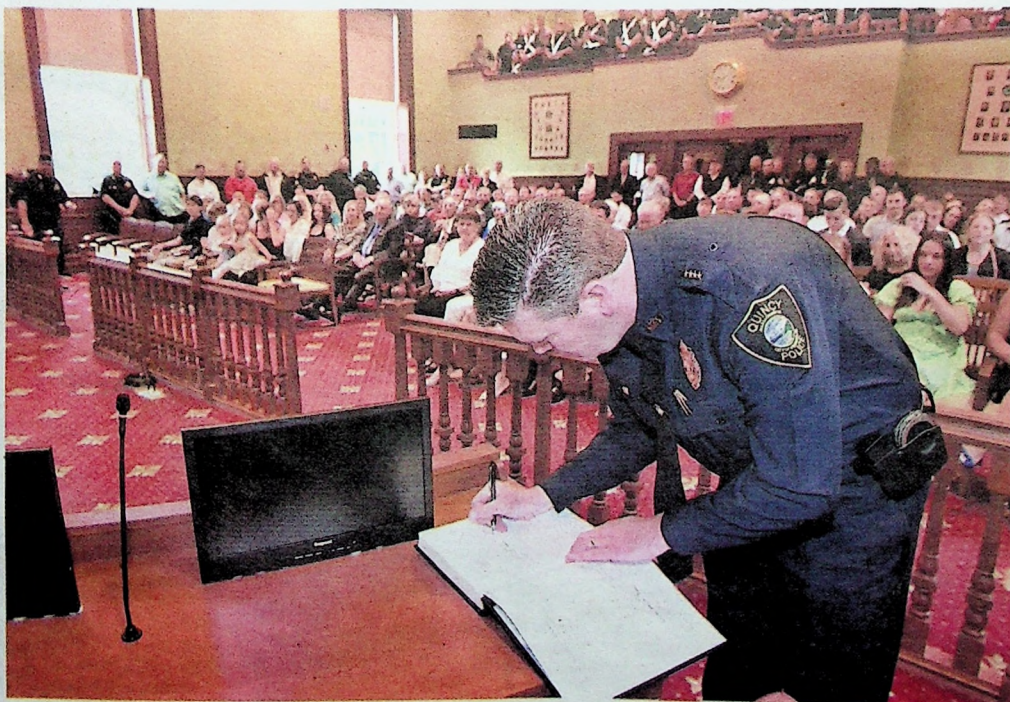
Cont'd On Page 34

POLICE CHIEF Mark Kennedy (right) signs his name in the city's record book seconds after his swearing in inside the McIntyre Government Center. The room was full of family members, friends and fellow police officers for the occasion.



NEWLY MINTED Police Chief Mark Kennedy embraces his mother, Ann, following his swearing in the morning of June 23. At right is his sister, Christine Robles. Also looking on are members of the Kennedy family including (far left) sons Jackson and Ryan and wife Laura.

Quincy Sun Photos/Robert Bosworth



Karen O'Sullivan Inducted Into Tennis Hall Of Fame

A Quincy resident has been enshrined in the International Tennis Hall of Fame in Newport, R.I.

Karen O'Sullivan, who grew up in South Boston and is now a Quincy resident, was among the inductees enshrined by USTA New England into its esteemed Hall of Fame Class of 2023. O'Sullivan joined Lisa Gilbride, Felicia Hutnick and Harlan Stone who were celebrated for their lifetime of achievements as players, coaches, volunteers, philanthropists and tennis fans in front of family, friends, USTA New England and National Board members, and more.

Also recognized at the ceremony were Sally and Stephen Goldman, who were presented with the Gardner Ward Chase Memorial Award, USTA New England's lifetime achievement award.

"These incredible individuals have dedicated their entire lives to tennis, from playing and coaching to growing the sport in New England and beyond. It's our privilege and honor to have them part of our section and

to recognize their commitment to excellence in our sport," said Lindsey Keeler, USTA CEO and New England Executive Director.

Bill Mountford, Director of Tennis at the International Hall of Fame, emceed the ceremony.

Karen O'Sullivan started off her tennis career as the number one ranked player in New England between the 10u and 16u divisions. She also achieved a top twenty national junior ranking in the 16u and 18u divisions. These achievements led her to playing tennis collegiately at Duke University in Durham, N.C. While at Duke, she was elected to three all conference teams, voted a two year captain, and was a two time All-American. She achieved over 100 match wins at Duke.

"One of the best things about tennis is the wonderful friendships it has brought into my life, and that was reflected by many of the people that came," O'Sullivan said.

O'Sullivan was joined by friends and family, including two longtime part-



KAREN O'SULLIVAN of Quinc (far left) y was among the inductees recently enshrined in the International Tennis Hall of Fame in Newport, R.I. She is joined by other honorees (second from left) Steve Goldman, Sally Goldman, Felicia Hutnick, Lisa Gilbride and Harlan Stone.

Courtesy Photo

ners, Katrina Driscoll and Alex Chen, who presented her with the prestigious honor.

O'Sullivan is still active in tennis, serving on the USTA National Collegiate Committee and competing and captaining on New Eng-

land Sears and Addie Cup teams. Her volunteer service has also included work on the USTA National Awards Committee as well as the USTA New England Board of Directors.

"This is a tremendous honor reflective of my life-

long involvement in tennis," O'Sullivan said. "The big theme is tennis has had a major impact in each of our lives in a very positive way, and it's wonderful to be recognized for my involvement in the sport I gave a lot to but gave so much more back to me."

The USTA New England Tennis Hall of Fame exists to recognize and honor New England tennis players and non-players whose achievements or volunteer contributions in tennis-related activities have been outstanding over a significant period of time.

Quincy Rec's Spring Swim Team Competes In Its Year-End Meet

Over the past six weeks, 20 middle schoolers have taken it upon themselves to push their swimming skills to the next level.

Divided into two teams, they fine-tuned their strokes to compete against each other in an end-of-season competitive swim meet on June 2. Competing in all four strokes - freestyle, backstroke, breaststroke, and butterfly - it was a great rivalry with a lot of close calls and impeccable sportsmanship.

Some major highlights of the event included Elenor

Jackson taking home a first place ribbon, dominating in her 25-meter butterfly with a time of 20.32 seconds.

Desmond James Desantos remained a difficult competitor, striding into first place for the 50-meter backstroke with a time of 49.78 seconds.

Elizabeth Lee, after joining her first swim team, took first in the 50-meter breaststroke at 59.78 seconds. Isabella Scarnici, with an impossible-to-beat attitude, pulled her team to a well-deserved second place in the 200-meter free relay.



PICTURED (from left to right) are the 12 individuals who placed first, second or third place wins in the Quincy Recreation's spring swim competition consisting of 25m sprints, 50m sprints, medley relays and free relays. Front row: Hannah Day, Ayesha Elisse Enriquez, Fiona McGrath, Isabella Scarnici, Emma Prendiville, Elizabeth Lee, Luis Eduardo Vasquez, Eeshan Mukherjee and Jayden Yan. Back row: Faye McGrath, Elenor Jackson, Desmond James Desantos and Yash Prakash.

Courtesy Photo

Overall, all competitors put their best stroke forward and demonstrated an admiration for the sport.

Student-Athletes Honored At Q-NQ Spring Track Banquet

The annual QNQ spring track banquet was recently held in the cafeteria of Quincy High with nearly 100 in attendance.

Coaches present included Michelle Bell, David Stuhlstatz, Peter Chrisom Jr., Dan Mongo and Percy Watson. Coach Geoff Hennessy was the emcee.

All Star certificates were presented to Jacey Ham, Gabe Rodrigues, Alex Martinez and Jayden Francois. Also Sofija Slezas, Hannah Moriarty, Maddy McGillicuddy, Aluna Oisin Coogan-Coyne and Salma Boukhtam.

Patriot League Sportsmanship Certificates went to Lena Waldron and Andrew Hodgdon.

Academic All-Star Certificates went to Patrick Lee

and Mollie Nelson. Both teams finished at 2-2 with the girls placing second to Pembroke in the Fisher Division at the Patriot League Championship.

The following athletes received special awards named after former Quincy and North Quincy athletes and administrators:

Jeanior Alexis - Principal's Award. Alexis will attend Merrimack College.

Kendry Duran - The Unsung Hero Award. Kendry will attend Framingham Stat.

Jacey Ham - Christopher Anderson (QHS'92) Award. Jacey will attend Assumption College.

Andrew Hodgdon - Johnny Johnson (QHS'73) Award. Andrew will attend Quincy College.

Gabe Rodrigues - Jake Consalvi (QHS'65) Throwing Award.

Jayden Francois - Coach's Award.

Salma Boukhtam - Elizabeth Sawan (QHS'96) Distance Award.

Lena Waldron - Picarski Family Award. Lena will attend Worcester State College.

Aluna Coogan-Coyne - Bryson Family Award.

Hannah Moriarty - Deirdre Donovan Page (NQ'82) Award.

Brooklynn Rizzo - Sherin Quintiliani (NQ'90) Adversity Award.

Sofija Slezas - Peter Chrisom Sr. Award.

Oisin Coogan-Coyne - Lou Tozzi Award. Oisin will attend UMass Amherst.

Alex Stankov - Captain's

Award for Leadership. Alex

will attend Northeastern

University.

Mollie Nelson - (PLAca-

demic) will attend Brandeis.



MICHELLE BELL (center) with javelin thrower Brooklynn Rizzo (left) and discus thrower Grace McGough at the recent Quincy-North Quincy Track Team spring banquet.

Courtesy Photo

Council On Aging Activities At Kennedy Center In July

By **MARIE FERENT**
Assistant Director
Quincy Elder Services

The Quincy Council on Aging announces the following events are scheduled during the month of July.

The COA is located at the Kennedy Center, 440 East Squantum St., North Quincy.

Aging Strong **Wednesday, July 5th, July 12th,** **July 19th, and Aug. 2nd**

Learn practical information that can help prevent unintentional falls. This 4-session long program is to educate and empower older adults with a holistic approach to fall prevention. This program will include a 10-minute warm up exercise sequence that can be done seated or standing. Please check with your doctor to see if this program is suitable for you. Space is limited. Registration is required. Please call 617-376-1506 to register.

Computer Classes Grace Buscher

Tuesday Classes 1 - 2:30 p.m. Individual Appointments
Wednesday by appointment from 1-3:30 p.m. Individual Appointment times on Thursday by appointment 9 - 11:30 a.m. Please call 617-376-1506 to register.

Wednesday, July 5th - Individual Appointments
Thursday, July 6th - Individual Appointments
Tuesday, July 11th - No Class
Wednesday, July 12th - No Class
Thursday, July 13th - No Class
Tuesday, July 18th - iPhone and iPad Class
Wednesday, July 19th - Individual Appointments
Thursday, July 20th - Individual Appointments
Tuesday, July 25th - Chromebook Class
Wednesday, July 26th - Individual Appointments
Thursday, July 27th - No Class

Book Club

Thursday, July 6th at 1:30 P.M.

The book club meets the first Thursday of every month at 1:30 p.m. For July 6th, it will be "The Mystery of Three Quarters: A Hercule Poirot Mystery." The book for August is "The Italian Prisoner" by Elsa Speranz.

Nails to You Manicures

Friday, July 7th and Friday, July 21st

Join us for a manicure event at the Kennedy Center. Manicures will be \$15 payable to Nails to You on the day of the event. Nails to You will now be at the Kennedy Center twice a month for manicure appointments. LeeAnn will now be offering Dazzle Dry which is a healthy alternative to gel. It is long lasting, vegan, healthy and completely dry in 5 minutes. Dazzle Dry Manicures will be \$20 and regular Manicures will remain at \$15. Please call 617-376-1506 to schedule your appointment.

Classical Pianist Archie Richards

Friday, July 21st at 1:00 P.M.

Archie Richards will perform a classical piano concert featuring numerous works by Frederic Chopin, including the Scherzo in C# Minor. Also, a few pieces by Sergei Rachmaninoff. Archie Richards learned piano under Kyriena Siloti, with whom he studied at the Longy School in Cambridge, MA. Kyriena was the daughter and assistant of Alexander Siloti. He in turn was widely considered the best of the students of Fraz Liszt and was world renowned in the early 20th century. While Archie was with Kyriena, his performance of a major Beethoven sonata was played on WCRB-AM radio on Sunday mornings. Please call 617-376-1506 to register.

Friends of the Kennedy Center/Rotary Club Bingo **Monday, July 10th at 1:00 P.M.**

Join the Quincy Rotary Club for an afternoon of Bingo! Registration is required. Please call 617-376-1506 to register.

Ending Back Pain

Tuesday, July 11th at 2:00 P.M.

Join MCR Chiropractic for a group health talk about Eliminating Back Pain. Learn about the prevalence and

causes of back pain, the most effective options for back pain, home care tips, and time for open discussion. Registration is required. Please call 617-376-1506 to register.

Bracelet or Necklace Making

Friday, July 14th at 10:30 A.M.

Come join Ruth and Elizabeth for a jewelry making class! Cost is \$5 for a bracelet and \$10 for a necklace and all materials will be provided. Registration is required and payment is due at time of registration.

Guangzhou Association of **Boston Cross Cultural Performance** **Friday, July 14th at 1:00 P.M.**

Seize the opportunity to experience a one-of-a-kind, cross-cultural performance! The singing and dancing troupe from the Guangzhou Association of Boston will perform for you traditional Chinese and Western songs, Tai Chi sword demonstrations, Sway Mambo Line Dance, Qi Pao dance and more. Please call 617-376-1506 to register.

Quincy's Memory Café Hosted by Standish Village **at the Kennedy Center Monday, July 17th at 12 Noon**

Brought to you by Julie Williamson, Director of Communications for Standish Village Assisted Living & Compass Memory Support, Quincy's Memory Café welcomes those living with memory loss or dementia and their care partners, family and friends. While Memory Café is open to anyone in the community, any guest who requires a personal care attendant must have a caregiver present. Please call 617-376-1243 to register for the café or with any questions.

National Aging in Place Council presents **How to Plan for Aging in Place** **Tuesday, July 18th at 10:30 A.M.**

Come join us for this educational and eye opening event about aging in place and simple steps you can take to make a big difference presented by Ryan McEniff, owner Minute Women Health Care. Coffee and snacks will be provided. Registration is required. Please call 617-376-1506 to register.

Acrylics

Tuesday, July 18th at 1:00 P.M.

Join acrylics teacher Karen Kelley for an acrylics class. No painting experience required. Cost is \$18 and includes all supplies. Payment is due at time of registration.

Rock Painting Friday, July 28th at 2:00 P.M.

Come join us in the Art room and paint a rock with your own unique design! Paint supplies provided. Registration is required. Please call 617-376-1506 to register.

Trips

Sign ups are open for the following:

7 Seas Whale Watch and Beverly Depot Restaurant **Wednesday, Aug. 23rd**

\$139 per person. Begin the day at Beverly Depot, a historic 1890s working train station for a delicious lunch. Choose between top sirloin, chicken marsala or baked haddock. All entrees come with salad, starch, coffee/tea and Ice Cream for dessert. Then arrive at 7 Seas Whale Watch and be welcomed aboard the Privateer IV. As you head out to see the whales, you will have a narrated tour of Gloucester's historic harbor. The trip out to the whales usually takes between 45 minutes to a little over an hour depending on the location of the whales. Once we arrive, we will spend approximately 1.5 hours with the whales. After your time with the whales has ended, you will begin the journey back to Gloucester with unforgettable memories and a new appreciation for marine life. Depart from Squantum Point Park at 9:30 a.m. and return at approximately 6:30 p.m. Payment due at registration. Checks made payable to Wilson Bus Lines. Must be a Kennedy Center member to attend.

Newport Playhouse - 'Norman, Is that You?'

Thursday, Aug. 10th

\$117 per person. We have a reserved seat in the intimate theater to enjoy the show "Norman, Is that You?" The show centers around a dry cleaner who visits his son in New York after having an argument with his wife. He finds his son living with a male roommate. The father is stubborn and

irascible and his struggle to accept the situation is hilarious. He finds a lady of the night to get Norman on the "right" track. Before the performance, we will enjoy a great buffet. The extensive, hearty banquet does not skimp on quality or selection. There is a large variety of hot and cold foods, main entrees, side dishes, beverages and desserts. After the performance we head back to our original table in the dining room and enjoy a delightful Cabaret where the company members continue to entertain us with songs and laughter. Depart from Pageant Field at 9:45 a.m. and return at approximately 5:30 p.m. Payment is due at time of registration. Checks only made payable to Landmark Tours. Must be a Kennedy Center member to attend.

Sign Ups begin July 3rd for the following: **Adirondack Balloon Festival - Sept. 22-24**

\$1212 per person single, \$862 per person double, \$761 per person triple. Depart from Massachusetts to the glorious Adirondacks to see one of the country's largest Balloon Festivals. After some shopping and sightseeing, we will next check into the elegant Queensbury Hotel. In the late afternoon we will head to the festival to see the launching of over 50 balloons including special shapes. We will return to the hotel for dinner. On Day 2, we are up early to head back to the festival to see the early morning launch of over 75 balloons. We then depart for nearby Lake George for a boat cruise, then return to town for an enjoyable lunch on the water's edge. We return to the hotel to freshen up, then back to the Festival to see the launching of over 50 balloons. On Day 3, (another early rising day) the bus will take you for the 6:30 a.m. Walter's Mass "Ascension of the Balloons" with over 75 balloons and shapes. Tour includes: Roundtrip transportation, Tour of Saratoga Springs, 2 nights lodging at Queensbury Hotel, 4 meals: 2 breakfasts, 1 lunch, 1 dinner, Lake George Cruise, 5 different balloon launchings, baggage handling (1 bag per person), all taxes and gratuities. Must be a Kennedy Center member. Payment in full due at registration. Checks only made payable to Landmark Tours.

Covered Bridge Tour with The Inn at East Hill Farm **Monday, Sept. 25th**

\$93 per person. Come to stunning corners of Vermont and New Hampshire! As we make our way up north, we will immediately feel the beckoning of the breathtaking mountain vistas and quaint villages. Our first stop is at The Inn at East Hill Farm in Troy, NH to pick up our guide. We then head out on a narrated tour of some of the most beautiful, covered bridges Southern New Hampshire has to offer. We'll learn the history of these iconic structures as we soak in how they enhance the natural beauty of the countryside. Picture taking is a must and we won't miss the opportunity for snapshots and selfies. The Inn at East Hill Farm is a working farm that has been delighting visitors for over 70 years. Our luncheon after the tour features mouthwatering hearty comfort foods that will be served family style. Menu includes New England Pot Roast, Roast turkey with country style stuffing, soup, bread, vegetables, and dessert. During lunch we will be entertained by Walt Sayre on keyboard and sing along with favorite hits of past and present. Afterwards there will be time for browsing the gift shop and visiting the farm animals. Price is \$93 per person. Must be a Kennedy Center member. Maximum of 2 registrations per person. Checks payable to Landmark Tours. Bus departs Squantum Point Park at 7:45 a.m. and returns at approximately 5:30 p.m.

Squantum Road Race Saturday

The Squantum Road Race, a tradition held annually as part of the 4th of July festivities in Squantum, will be held Saturday, July 1st.

Registration will begin at 9:30 a.m. at the Squantum Fire Station, 50 Huckins Ave., North Quincy. The race will kick off at 10 a.m.

Registration is \$20 for adults, and kids age 10 and under run for free.

State Rep. Bruce Ayers, who has sponsored the Squantum Road Race for over 25 years, said he's excited for the race to be held once again. "It's a great community event that has become a real Squantum tradition to kick off the July

4th festivities," he said. "I'm looking forward to seeing all the families and runners who come out to support the road race, which is run in memory of longtime Squantum community activist Frank Buckley."

T-shirts will be provided as supplies last, and trophies will be presented to first place winners in each age category as well as first place overall. Medals will be presented to every child who runs.

All proceeds go to the Squantum 4th of July Parade.

For more information, email Bruce Ayers at brucej.ayers@yahoo.com.

Openings Available for Baseball, Track & Field Clinics

Quincy Recreation announces there are openings available for its baseball clinic beginning on Wednesday, July 5th and running through Friday, July 7th. The clinic is open to children ages 8-12 and is held at Pageant Field from 9 a.m. to 1 p.m. The cost to attend is \$65.

The clinic is directed by Matt Edgerly, head baseball coach, North Quincy High School. Instruction will range from basic fundamentals to advanced skills in order to build a solid baseball foundation. Position play, game experience and individual attention will be offered. Participants should bring their own helmet and baseball glove. For more information and to register, visit www.QuincyRec.com.

Additionally, there are openings for its Track and Field

Clinic beginning on Wednesday, July 5th and running through Friday, July 7th. The clinic is open to children entering grades 2-9 and is held at the Faxon Field Track from 8 a.m. to 12 noon. The cost to attend is \$55.

The clinic provides a hands-on learning environment focusing on the basic fundamentals of sprinting, relay racing, hurdling, distance running, and all field events. Athletes will have daily lectures on training, diet and nutrition, sports psychology, rules and regulations, and sports medicine.

The clinic is directed by Geoff Hennessey, head track coach at Quincy-North Quincy High Schools and Quincy Track Club. For more information and to register, visit www.QuincyRec.com.

Getting Laws Passed And You

Cont'd From Page 16

As Register of Deeds I was very involved in getting a law passed that paved the way for registered land documents to be remotely submitted electronically via the internet for recording at the Registry of Deeds. On January 11, 2017, a filed bill, House Bill 3862, An Act Modernizing the Registries of Deeds, became Chapter 404 of the Acts of 2016. What went into the passing of this law?

A draft of the legislation, accompanied by a fact sheet, was sent to each one of the 200 members of the State Legislature. Calls and emails were made in order to get this bill passed into law. When the bill had its hearing before the Joint Committee on Judiciary, I along with other Registers appeared before the committee to provide testimony.

The effect of this bill was to pave the way for electronic recording of Land Court documents. What is now seen as commonplace today only came about because House Bill 3862 received a favorable vote from the Judiciary Committee. Once this favorable vote occurred, the bill is sent to the House Committee on Ways and Means which reviews every bill for its fiscal impact. From there this piece of legislation, like all bills that become law, went to the House Committee on Bills in the Third Reading for their legal review and approval.

House Bill 3862, once receiving approval from all these committees, went to the full floor of the State House of Representatives, where it received a favorable vote. In the State Senate, a similar process occurred, with the legislation getting favorable reviews

and votes from that branch's Ways and Means as well as Third Reading Committees before hitting the Senate Floor for a favorable vote.

After clearing both chambers, the legislation was sent to the Governor's Office, where the executive staff did their own fiscal and legal analysis. The Governor signed this bill into law becoming effective 90 days later. On that day, the Norfolk County Registry of Deeds became the first Registry of Deeds in Massachusetts to record a land court/registered land document electronically.

For the current legislative session, a notable piece of legislation is an Act to Increase Transparency in the Massachusetts Land Record Systems to Protect the Property Rights of Homeowners and Businesses. Senator Michael D. Brady filed legislation in the Massachusetts State Senate, which was given Senate Docket #194 and referred to the Joint Judiciary Committee as Senate Bill #908 while in the State House of Representatives, Representative Gerard Cassidy filed legislation that was given House Docket #2461 and referred to the Joint Judiciary Committee as House Bill #1411.

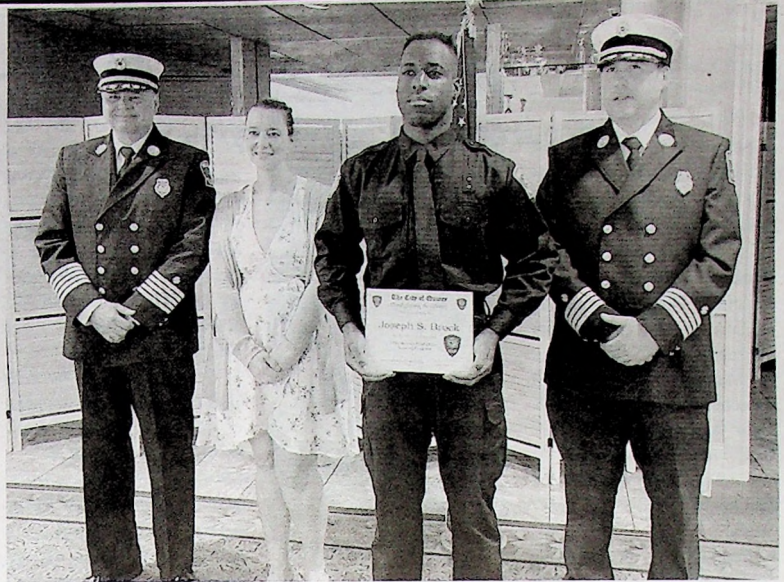
If enacted, this legislation will eliminate the possibility that a homeowner may not know who the holder of their mortgage is because a mortgage assignment was not recorded at the Registry of Deeds. This legislation would make assignments of residential mortgages more transparent for the consumer. You, as a borrower, could just look up this information from your home computer via the internet on the Registry's land records website at www.norfolkdeeds.org or call the Norfolk Registry's

Customer Service Center.

Also up for consideration is a bill requiring automatic external defibrillators in Norfolk County public buildings. Representative Denise Garlick filed legislation in the Massachusetts House of Representatives. This bill was given House Docket #1842 and referred to the Joint Committee on Municipalities and Regional Government as House Bill #2051.

I was very proud back in 2010 to install and maintain automatic external defibrillators (AED) on all three floors of the Norfolk County Registry of Deeds building. The Registry of Deeds also pays for the training of staff on the AED, which is a lightweight portable device that delivers an electric shock through the chest to the heart. The American Red Cross states that there are better survival rates and outcomes if an AED is used on a person experiencing sudden cardiac arrest in a timely manner. The American Red Cross has estimated that some 50,000 lives could be saved with improved training and access to an AED. Representative Denise Garlick wants to use Norfolk County as a pilot program. The more locations for the AED, increases all our chances for a better health result. The difference between life and death may be the availability of a functioning AED unit.

You have learned about the law-making process. You have read about bills that have become laws and some bills that are being considered to become law. Maybe some issues or matters you feel strongly about can be put into place by passing a law, as we are a society as well as a government of laws.



BELMONT FIREFIGHTER Joseph Brock (second from right) graduated from the Quincy Fire Department's academy on June 9. Pictured with Brock are (from left): Belmont Fire Chief David DeStefano, Town Administrator Patrice Garvin, and Assistant Fire Chief Andrew Tobio.

Quincy Sun Photo/Scott Jackson

14 Firefighters Complete Training

Cont'd From Page 18

evolutions, such as throwing and climbing both ground and aerial ladders, conducting searches, learning how to operate in a zero-visibility environment, and how to use the Jaws of Life to extricate victims, among many other vital skills.

"These lessons we've learned will benefit us for the rest of our careers and push to overcome any fears we might have had and learn the right way of accomplishing tasks."

"This academy has been an amazing experience and exceeded my expectations," Barbone added. "While we had a lot of fun along the way, we also understood when it was time to get serious, focus and get to work. I really couldn't have asked for anything more."

Barbone thanked a number of people for their support, including the mayor and fire chief, along with Marks and the other firefighters who ran the academy.

emy.

"Of course, no list of thank yous would be complete without acknowledging our families who have put up [with] and supported us throughout the journey," Barbone said. "We wouldn't have reached this point without you and your belief in us."

On behalf of the new class of firefighters, Barbone and Thomas Koch Jr. then presented Mayor Koch with a plaque that includes the names of all 15 graduates and their instructors as well as a class picture taken in front of Quincy's Ladder 2.

Leaders from IAFF Local 792, the Quincy firefighters' union, presented the mayor with a personalized firefighting helmet in recognition of his support of the department over the years.

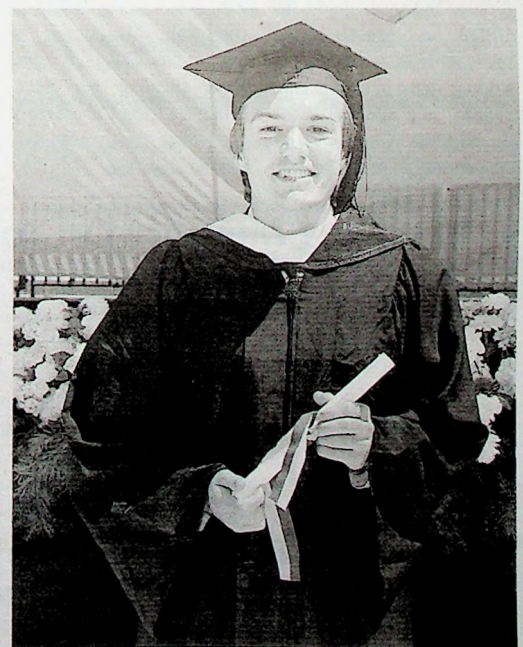
"We wouldn't be here to-

day if it wasn't for the mayor," said Tom Bowes, the union president. "Sixteen years ago he took office. He transformed this job. Your ranks will take us to the ranks we haven't seen since 1985. That's a big deal."

Mother Olga of the Sacred Heart, founder of the Daughters of Mary of Nazareth, delivered the invocation and the benediction at the opening and closing of the graduation ceremony.

"Almighty God, whose great power and eternal wisdom embraces the whole world, watch over all our firefighters, protect them from harm in the performance of their duty to fight fires, to save lives, to preserve properties," she said in her benediction. "We pray that you would help them keep our homes and our neighborhoods and all the buildings safe, day and night."

Matthew Brandi BC Graduate



MATTHEW BRANDI of Quincy recently graduated from Boston College with a BA in history and economics. Matthew is the son of Cindy and Richard Brandi. Matthew previously attended BC High and Quincy Catholic Academy. Matthew's plans for future include working over the summer in the City's Clerk's office and then in the fall, going to Spain to teach English to high school students.

Courtesy Photo

CLA Launches High School Internship Program

CLA (CliftonLarsonAllen LLP), the eighth largest accounting firm in the United States, recently launched its high school internship program by welcoming 60 students to 15 of its offices across the country. This first-of-its-kind program is designed to not only provide the students with a glimpse into the world of accounting and professional services but guide CLA in ways to recruit the next generation of business leaders.

CLA received more than 400 applications in less than two weeks for this inaugural program. The paid summer internship program welcomes four interns in each of the 15 participating CLA locations, including in the Quincy office located at 4 Batterymarch Park. More than a summer job, the in-

terns will receive tangible, hands-on experience in the world of accounting, audit, wealth management, digital engagement and more. The 8-week program began June 19.

"High school students have more career options available to them than ever before and we believe it is vital to provide them with a glimpse into the professional services world at CLA," explained Jen Leary, CEO of CLA. "This program is designed to show the students not only what we do, but how an entrepreneur or small business owner operates. And we expect to learn as much from this group of students as they will learn from us. Our CLA family is excited to welcome them into our offices."

The number of young people choosing careers in

accounting is declining and CLA is leading the charge to reach students even earlier as they contemplate future careers. The goal of the internship program is not only to provide an exceptional experience for the students, but also seek to inspire more high school students to better understand all the opportunities the profession has to offer.

"Competition for employees in every sector of the economy is fierce and we don't see it changing in the future. By reaching high school students now, we are helping to change perceptions and give them a better understanding of the profession," said Trey Sturtevant, Massachusetts Managing Principal of Office. "Accounting and professional service careers aren't about just being good at math any-

more. They're about advising businesses, developing relationships, guiding strategic business initiatives and decisions and so much more. Our entire office is excited for this program."

The students will participate in engaging learning opportunities, including a hands-on case study, a personality assessment, college preparatory sessions, and connections with other high school interns around the country. They'll also have the chance to research and nominate a local community organization for a CLA Foundation award and enjoy some fun activities along the way.

CLA will also be offering a one-day learning event called "Pathway to the Profession" later this summer for students not selected for the internship.

OBITUARIES

Margaret M. 'Peggy' Joyce, 91

Margaret M. "Peggy" (O'Connor) Joyce, age 91, a longtime resident of Quincy, died peacefully, Saturday, June 24, 2023 at AccentCare Inpatient Hospice Center in Milton, in the comfort of her loving family.

Margaret was born in Dorchester, to the late William and Johanna (Reidy) O'Connor. She was raised and educated there. She lived in Quincy for the past sixty years.

Peggy was primarily a homemaker but had also worked for the Quincy Public Schools as a cafeteria manager at the Daniel Webster School in Quincy Point.

Peggy, along with her late husband, James, served as a volunteer with the Quincy Council on Aging. A spiritual person, she was a longtime parishioner of Saint Joseph's Church in Quincy Point.

Most of all, Peggy was devoted to her family, actively supporting their many activities and accomplishments.

Beloved wife of the late James P. Joyce.

Devoted mother of Patrick



MARGARET M. JOYCE

J. Joyce of Quincy, Joanne M. Stephens of Wrentham, William M. Joyce and his wife Cheryl of Braintree, James T. Joyce and his wife Kathleen of Milton, and Margaret M. McGillvray and her husband Richard of Bridgewater.

Loving grandmother of Eric, Rachel, and Evan Stephens, Matthew Joyce, Taylor Chang and her husband Jeff, Kevin Joyce, Patrick and Jamie Joyce, Meghan McGillvray and her husband Rory Kazarian, and Kristen McGillvray.

Cherished great grand-

mother of Kira and Sylvie Chang.

Dear sister of Joan Arnold of Quincy, Tina Carson of Dorchester, and predeceased by her twin Helen Cataldo, William O'Connor, and Thomas O'Connor.

Peggy is also survived by her son-in-law, Jeff Stephens, as well as many nieces, nephews, and dear friends.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Thursday, June 29, from 4 - 7 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Friday, June 30, at 10 a.m. Interment to follow at Cedar Grove Cemetery, Dorchester.

For those who wish, donations in Margaret's memory may be made to Saint Joseph's Church, c/o 556 Washington St., Quincy, MA 02169.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Helen M. Alexander, 87



HELEN M. ALEXANDER

Although never golfing a day in her life, Helen was an avid fan of the sport. She enjoyed gardening and taking care of her home, but most of all she loved to spend time with her family. She was the quintessential Grandma and Mom; always providing unconditional love and support to her family who were her first priority. Her generosity knew no limits. She will be missed tremendously, but we are grateful to know that she lived out her life on her terms.

Helen was the beloved wife of the late Robert J. "Bob" Alexander. She was the devoted mother of Susan DiRamio and her husband Richard of Marshfield, Karen Pare and her husband Raymond of West Bridgewater and Stephen Alexander of Derry, NH. She was

the cherished grandmother of Cassidy, Brendan and Catelyn DiRamio. Helen is survived by her sisters, Theresa Fitzgerald, Kathleen Mullane, Nora Hanley and Rita Ryan as well as her brother Dan Hartnett; all of Co. Limerick, Ireland, and Mike Hartnett of Quincy. Helen was predeceased by her brothers Pat, Jim and John Hartnett. She leaves many nieces, nephews, extended family and dear friends both here and in Ireland.

Helen's Funeral Mass was celebrated Monday, June 19, 2023 at St. Mary's Church of Our Lady of the Angels Parish, 392 Hanover St., Hanover. Burial followed at the Massachusetts National Cemetery, Bourne, where she was interred alongside her beloved late husband, Bob.

Due to flower restrictions at the National Cemetery, the family suggests that Gifts may be made in Helen's memory to: Dana-Farber Cancer Institute in support of cancer research and patient care at: Dana-Farber Cancer Institute, P.O. Box 849168 Boston, MA 02284 or by visiting dana-farber.org/gift.

For more information or to leave online condolences, please visit HamelLydon.com.

Maura Jane Jago

Maura Jane (Roach) Jago, of Quincy, died June 23, 2023.

Maura loved the water and was active around the boating circles in Quincy. She sailed the waters of Quincy Bay for many years while growing up and was a lifelong member at the Squantum Yacht Club. Maura and her husband Al were yearly participants in activities surrounding Quincy Bay Race Week and The Lipton Cup as a race committee boat and scorer. She also loved decorating the family boat and competing in the QBRW boat parade. Maura spent most of her adult life working in the motion picture industry as a salesperson for United Artists, Cinerama, and Paramount Pictures where



MAURA JANE JAGO

she retired from. She was a sports junkie and enjoyed watching Patriots, Celtics, Bruins, PGA golf, and both men's and women's college basketball. Maura was an avid knitter and crafter and loved attending her grandchildren's games and events. She will be greatly missed by all who knew her.

Beloved wife of the late Alfred F. Jago. Loving mother of Kevin B. Jago and his wife Maryanne of Quincy, Mark F. Jago and his wife Maureen Leary-Jago of Bonita Springs, and Sean W. Jago and his wife Mary Duane Jago of Morristown, NJ. Cherished "Mimi" of Courtney Jago of Quincy, Kevin A. Jago and his wife Chelsea of Quincy, Elizabeth Jago of Quincy, Alison Hop-ton and her husband Justin of Hoboken, NJ, and Liam Jago of New York City, NY.

Services were previously held. Donations in memory of Maura may be made to SYC Sailing Program, PO Box 67, Wollaston, MA 02170. See www.Keohane.com for online condolences.

Anne T. O'Brien, 91



ANNE T. O'BRIEN

Anne T. O'Brien, age 91, of Quincy, died peacefully, Wednesday, June 21, 2023 in the comfort of her loving family.

Anne was born in Boston, raised and educated in Quincy. She was a graduate of Quincy High School, Class of 1949. She lived in Quincy for most of her life.

She worked for the former New England Telephone Company, beginning her career as an operator and becoming a supervisor.

Anne was a longtime active parishioner of Saint John the Baptist Parish in Quincy. She was a devoted communicant and assisted with the

counting of the collection for many years. She was a member of the Saint John's Ladies

Sodality and Quincy Catholic Club.

Anne was a constant and loving presence in the lives of her nieces and nephews.

Beloved daughter of the late Francis T. and Esther M. (Fagan) O'Brien.

Devoted sister of Francis T. O'Brien and his wife Dorothy of Weymouth.

Loving aunt of Francis and Stephenie O'Brien of Hingham, Mary and Stephen Libbey of Norwood, Ann Marie and Michael Holland of Hanover, Eileen O'Brien of Quincy, Jody O'Brien of Rockland, James O'Brien, Thomas and Jennifer O'Brien, all of Weymouth.

Anne is also survived by many grandchildren and grand-nephews.

Visitation was held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Tuesday, June 27. A Funeral Mass was celebrated at Saint John the Baptist Church, 44 School St., Quincy, on Tuesday, June 27. Interment followed at Saint Mary's Cemetery, West Quincy.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

In Loving Memory On Your Birthday



Thomas G. Bowes
July 4, 1950 – January 26, 2023

Those We Love Don't Go Away
They Walk Beside Us Everyday
Unseen, Unheard But Always Near
Still Loved, Still Missed and Very Dear
Love, Linda, Tom Jr. and Kristen

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Duey DiCesare, 97

Duey DiCesare, age 97, of Quincy, died peacefully, Thursday, June 22, 2023 in the comfort of his loving family in Yorktown, VA, where he resided for the past year.

Duey was born in Anversa degli Abruzzi, Italy, to the late Cesidio and Lisetta (DelVecchio) DiCesare. He immigrated to the United States in 1936 at the age of ten, settling in Quincy. He was raised and educated in Quincy and lived there for most of his life.

He served in the United States Navy during World War II as an Aviation Metal-smith, Third Class and was awarded the World War II Victory Medal and American Area Medal.

Duey was employed at Boston Gear Works as a Quality Control Inspector for forty years, retiring in 1990.

He was a member of the Braintree Knights of Columbus Council #1462, the South Shore YMCA, and Boston Gear Works Retiree Activity Club.

He enjoyed golfing, square dancing, and traveling with his family. He faithfully attended Saint John the



DUEY DICESARE

Baptist Catholic Church in Quincy, Saint Joan of Arc Catholic Church in Yorktown, VA, and All Generations Church in Newport News, VA.

Most of all, Duey was devoted to his family and was especially proud of his children, grandchildren, and great grandchildren, supporting all their many activities and accomplishments.

Devoted father of Linda A. Poe and her husband Lyle of Columbia, MD, Kenneth J. DiCesare and his wife Lisa of Keene, NH, Stephen F. DiCesare of Oklahoma City, OK, Cynthia M. Webb and her husband Brandon of Rockwall, TX, William A. DiCesare and his wife Di-

ann of Yorktown, VA, and Robert J. DiCesare and his wife Rhonda of Swansea.

Loving grandfather of twelve and great grandfather of twelve and one on the way.

Dear brother of Joseph DiCesare and his wife Millie of Quincy, and the late Linda Pizzuti, Nicolina Steinberg, Costantino DiCesare, Flavio DiCesare, and Ronald DiCesare. Duey is also survived by many nieces, nephews, and their families.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Friday, July 7, from 4 – 6 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated at Saint John the Baptist Church, 44 School St., Quincy, on Saturday, July 8, at 10 a.m., with military honors to follow.

For those who wish, donations in Duey's memory may be made to Saint John the Baptist Church, c/o 556 Washington St., Quincy, MA 02169.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Priscilla B. Bonica, 20

Priscilla Beth Bonica's soul was born into Eternal Life at home, surrounded by loved ones. She suffered a long fierce battle against cancer until being set free on June 17, 2023 at the age of 20. Rain peacefully fell to the earth that day, as if tears were descending from the eyes of heaven while angels filled her room awaiting an embrace from our dear Priscilla to safely escort her to her heavenly home.

Priscilla was diagnosed with glioblastoma multi-form shortly after graduating from Quincy High School in 2021. This vicious disease slowly stripped away her physical being and childhood dreams but it could not touch her beautiful heart or destroy her spirit. She fought hard for so long, like a kid from Hough's Neck. Priscilla silently endured her heavy cross with tremendous faith and profound grace until she took her last breath. Throughout her life and more so through her powerful endurance of suffering, she became an inspiration to all who came to witness her journey.

Priscilla is survived by her devoted parents, Stephen and Erin Bonica who never left her side until she passed from this side of



PRISCILLA B. BONICA

heaven; her younger siblings Adam (17) and Marilyn (14), who throughout this journey selflessly put their own needs aside for that of their big sister's; her loving grandparents, Daniel and Marilyn Morrell and Anthony and Virginia Bonica; her compassionate aunts, Janet D'Antona and Lisa McAlpine who were always there to make her smile; her uncles Mark Bonica, Scott Bonica and all of their spouses. Priscilla will be fondly remembered by her cousins; Luke, Matthew and John McAlpine; David and Joseph D'Antona; Kylie and Hailey Bonica. Priscilla leaves behind her dearest friend Alyssa Ryan, with whom she shared a loving bond that has shown what a pure heart and beautiful soul looks like; and her best friend, Allie Scarpa, with whom she shared a pro-

found friendship and many treasured memories; her spiritual journey mentor, Mother Olga of the Sacred Heart and the Daughters of Mary of Nazareth.

The family finds much comfort in knowing that Priscilla is now reunited with her guardian angel Uncle Danny, "Nice Kid."

Visiting hours were held Tuesday in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 10 a.m. on Wednesday prior to the Funeral Mass in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy at 11 a.m. Burial in Pine Hill Cemetery, Quincy.

In lieu of flowers, we welcome your generosity to contribute to the establishment of a future foundation in honor of Priscilla to keep her legacy alive for generations to come. Your donations will be gratefully received by Stephen and Erin Bonica through mail to 186 Rhoda St., Quincy, MA 02169. Your generous support will be forever cherished.

See www.Keohane.com for directions and online condolences.

John F. 'Jake' Hanly, 89

John F. "Jake" Hanly, age 89, a longtime resident of Quincy, died suddenly, Friday, June 23, 2023 at Boston Medical Center, surrounded by his loving family.

John was born in Dorchester, to the late John F. Hanly and Lillian A. (Gorman) Young. Raised and educated in Dorchester, he was a graduate of Dorchester High School, Class of 1951. He lived in Quincy's Houghs Neck for over seventy years.

Jake was employed as a tool and die maker for the Polaroid Corporation for over twenty years and had been retired for many years. Jake had a passion for boating and fishing. He was a lifetime member of the Quincy Yacht Club and had served as treasurer. He was also a member of Harvey's Salt Water Fishing Club.

Jake and his wife, Gabe, enjoyed traveling and cruises, especially to Bermuda. He also enjoyed playing on Louis softball, golf, and bowling teams.

Most of all, he was devoted to his family, actively supporting their many activities and accomplishments.

Beloved husband for sixty-seven years of Ellen J. "Gabe" (Gabriel) Hanly.

Devoted father of Lynn A. Hanly and her partner Bill Junglen of Ohio, Patty DeCosta and her partner Rick Cross, Debby Parrish and her husband Chuck, all



JOHN F. HANLY

of Quincy.

Loving grandfather of five and great grandfather of six.

He was predeceased by his siblings, Lawrence J. Hanly and Elizabeth A. Ir-

win.

A Celebration of Jake's Life will be held at the Quincy Yacht Club, 1310 Sea St., Quincy, on Saturday, July 8, from 12 – 3 p.m. Relatives and friends are invited to attend.

In lieu of flowers, donations in Jake's memory may be made to Holy Trinity Parish, c/o 227 Sea St., Quincy, MA 02169.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.



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NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.



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WHAT OUR FAMILIES SAY ABOUT US

"Thankfully, your compassionate caring at Hamel-Lydon Chapel helped her to transition to her beautiful, peaceful new life in God's Heaven. Many thanks for making this passage easy and welcoming, your warmth and kindness will always be remembered. God Bless You."

"Outstanding dedication, knowledge, ability to listen and other personal and professional qualities made our experience with Hamel-Lydon exceptional. From the bottom of our heart, Thank You!"

"There are no words to express my gratitude to you. My family and I are grateful to you for your kindness and careful attention to every detail."

"It was the most prepared funeral that we have ever experienced. It was our blessing for our grandmother to have Hamel-Lydon as her funeral home."

"We were all pleasantly surprised at how much respect and thought went into the whole process. I'm so happy that we chose to use your business."

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2019-2023 Best of Quincy Funeral Home Award

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-46

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, July 11, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Jason Cole for a Variance and Finding to subdivide the lot into two lots and construct two townhouses with parking under for one vehicle in violation of the Quincy Zoning Ordinance, Sections 3.4.2 Nonconforming Uses, 4.1.1 Table of Dimensional Requirements (Conformance) and 5.1.4 Off-Street Parking (Setbacks) on the premises numbered 1247 SEA STREET, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

6/22/23, 6/29/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-47

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, July 11, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Martin & Catherine Lynch for a Variance to demolish the existing nonconforming garage and construct a new wider and longer garage in violation of the Quincy Zoning Ordinance, Section 3.2.3 Accessory Uses in the Residence Districts on the premises numbered 50 HOBOMACK ROAD, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

6/22/23, 6/29/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-48

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, July 11, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Xiao Bin Wu for a Finding to change the business use from an online retail business to a retail convenience store in violation of the Quincy Zoning Ordinance, Section 3.4.2 Nonconforming Uses on the premises numbered 44 SAINT ANNS ROAD, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

6/22/23, 6/29/23

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

Invites sealed proposals for furnishing and delivering to the City of Quincy:

MAYOR'S OFFICE

AUTOMATED OPEN ACCESS PLATFORM

JULY 13, 2023 at 11:30 a.m..

The City of Quincy, Office of the Mayor seeks to contract with a company to look for a qualified vendor to provide an Automated Open Access Platform that will play a crucial role in delivering a network that addresses specific objectives as defined in the Quincy Broadband Master Plan.

The platform and all related hardware and software must be capable of supporting a minimum of one gigabit symmetrical active ethernet services to business and residential customers. While the primary focus of this platform is the delivery of internet services, the City recognizes the platform will be capable of delivering many diverse services.

Non-Price Proposals must be in a sealed envelope and separate from the Price Proposals in another sealed envelope. The outside of the sealed envelopes is to be clearly marked **"RFP - NON PRICE PROPOSAL ENCLOSED"** with time/date of RFP and **"RFP - PRICE PROPOSAL ENCLOSED"** with time/date of RFP.

Bids/Proposals will be received at the Purchasing Department until the time and date stated above, at which time and date they will be opened and registered. Late Bids/Proposals, delivered by mail or in person, will be rejected.

Detailed specifications will be available on-line on June 26, 2023 at 10:00 a.m. at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

The City of Quincy reserves the right to withdraw the Request for Proposal; to reject any and all proposals; and to accept any proposal deemed to be in the best interest of the City of Quincy.

Thomas P. Koch, Mayor

Kathryn R. Logan, Chief Procurement Officer

6/29/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-49

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, July 11, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Danilo Lopes for a Variance to install a new 20 foot storage container in the parking lot of the property in violation of the Quincy Zoning Ordinance, Section 5.1.5 Prohibited Uses, on the premises numbered 338 WASHINGTON STREET, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

6/22/23, 6/29/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-50

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, July 11, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Patrick Foley, Esq. for a Variance and Finding to construct a third story to the existing dwelling with a water side balcony in violation of the Quincy Zoning Ordinance, Sections, 3.4.3 Nonconforming Structures and 4.1 Table of Dimensional Requirements on the premises numbered 25 BAYSIDE ROAD, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

6/22/23, 6/29/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-51

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, July 11, 2023 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Patrick Foley, Esq. for a Variance to raise the rooflines of the existing three family home to increase the living area in violation of the Quincy Zoning Ordinance, Section 4.1 Table of Dimensional Requirements on the premises numbered 16 SIXTH AVENUE, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.viewpointcloud.com/categories/1083/record-types/6468>.

Martin Aikens, Chairman

6/22/23, 6/29/23

REQUEST FOR PROPOSALS

OBITUARY

Albert S. Capobianchi, 92

Albert S. Capobianchi, age 92, a lifelong resident of Quincy, died peacefully, Wednesday, June 21, 2023 in the comfort of his home, surrounded by his loving family.

Albert was born in Quincy, to the late Amedeo Q. and Mary A. (Brovelli) Capobianchi. Raised and educated in Quincy, he was a graduate of Quincy High School, Class of 1950.

Albert proudly served as a Private First Class in the United States Army during the Korean conflict.

He worked for over thirty years at the former Goldies Auto Salvage in Quincy, where he was a manager in the truck department. Albert later worked at the former The Egg & I in Quincy.

His favorite pastime was caring for and bringing joy to his family. Being surrounded by his loved ones brought him true happiness and filled his heart with love. Albert was a kind, patient and generous soul with a matter of fact personality that would get anyone to laugh during difficult times. He was a lifelong member of the Adams Heights Men's Club of Quincy. An avid lover of Westerns, especially John Wayne films and country music. Albert was a New England sports fan of the Red Sox, Patriots, and Bruins. His favorite place to eat was McKay's Restaurant in Quincy.

Beloved husband for sixty-four years of the late Angela L. (D'Amore) Capobianchi, who died on June 10, 2022.

Devoted father of Paula M. Sweeney of Carver, Nancy A. DiMaggio, Kevin M.



ALBERT S. CAPOBIANCHI

Capobianchi, both of Quincy, the late Stephen M. Capobianchi, and the late Dawn L. Capobianchi.

Special and fun-loving grandfather of Heather Sweeney of Kingston, Kyle Lambert and his wife Samantha of Plympton, Bianca DiMaggio of Weymouth, Dominic DiMaggio of Quincy, and Corin Capobianchi of Quincy.

Much-loved great grandfather of Meadow and Summer Sharp and Raelynn and Walt Lambert.

Dear brother of Julia Ricciardi of Quincy and brother-in-law of Jean D'Amore of Hingham. Albert is also survived by many nieces, nephews, and their families.

Visiting hours were held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Sunday, June 25. Albert's interment, with military honors, will take place privately at Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in Albert's memory may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Ruth Gordon Amphitheater Summer Events Kick Off Friday

Friends of the Ruth Gordon Amphitheater announce a full summer of free Friday events and entertainment at the outdoor entertainment venue.

On **June 30th** from 6-8 p.m., opening night features the Rudderkings and various local artists for "Open Mic Night." Sign up for your chance to take the stage!

On **July 7th** from 6 to 8 p.m., the Racky Thomas Band performs Chicago and acoustic style blues.

On **July 14th** from 6 to 8:30 p.m., Quincy Rocks brings three popular local performers to the stage — Daisy, Sweet Nothings, and Jon Gorey.

The Friends are incredibly excited to welcome the legendary Roomful of Blues, an 8-piece blues band with an incredible sound, on **July 21st** from 6 to 8 p.m.

Improv Boston will be bringing their act, along with plenty of belly laughs, to the historic Quincy stage on **July 28th** from 6 to 8 p.m.

Remembering Ruth: A Ruth Gordon Tribute on **Aug. 4th** from 7-11 p.m. promises to be a truly special night as Ruth Gordon's grandson, Jack Harris, will be joining as a guest of

Cont'd On Page 27

OBITUARY

Joseph M. Walgreen, 80

Joseph M. Walgreen, age 80, of Holbrook, formerly of Quincy, died peacefully, Sunday, June 25, 2023 at South Shore Hospital, in the comfort of his loving family.

Joseph was born in Milton, to the late John and Louise (Maynard) Walgreen-Solano. Raised and educated in Milton and Braintree, he was a graduate of Braintree High School, Class of 1961. He lived in Holbrook for 20 years, previously in Quincy for 30 years.

Joe proudly served in the U.S. Navy during the Vietnam era aboard the U.S.S. Mills (DER-383).

He was employed as a sheet metal fabricator with General Dynamics at the former Fore River Shipyard in Quincy for twenty years and had been retired for many years. Previously, Joe was employed as a driver for Hertz Rental Car.

He was devoted to his family, especially his cherished grandchildren and great grandchildren, supporting all their many activities and accomplishments.



JOSEPH M. WALGREEN

Beloved husband for 38 years of Sharon J. (McCarty) Walgreen.

Devoted father of Wayne Walgreen and his wife Debbie of Middleboro, Kimberly Roche of Quincy and her late husband Dennis, Lynda Rooney and her husband Joseph of Plymouth, Carol Collins and her husband Michael of Fla, Rayschelle Ventresca and her husband James of Ga., Nicole Walgreen of Ga., Rene Miller and her fiancé Chris of Plymouth, Eric Walgreen of Holbrook, Jeffrey Walgreen and his wife Cala of Norton, Michael Walgreen and his fiancée Avalon of Quincy,

and the late infant Joseph M. Walgreen, Jr.

Loving grandfather of fifteen and great grandfather of ten.

Dear brother of John Walgreen and his wife Sonia of Mansfield, Jeffrey Walgreen and his wife Diana of N.C., Janet Stiller and her husband Neal of Martha's Vineyard, and the late James Walgreen and his surviving wife Marie of Randolph.

Brother-in-law of Darleen Austin and her husband Tom of Brooksville, Fla. and son-in-law of the late Violet Maynard.

Joe is also survived by many nieces, nephews, their families, and all his dear friends in Holbrook.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, on Sunday, July 2, from 2 – 5 p.m. Relatives and friends are invited to attend.

A Funeral Mass will be celebrated in Saint John the Baptist Church, 44 School Street, Quincy, on Monday, July 3, at 10 a.m. Interment, with military honors, to follow at Pine Hill Cemetery, West Quincy.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Record-Breaking Travel Volumes Expected July 4th Weekend

Cont'd From Page 15

year is an impressive 8.2% - the highest percentage in nearly 20 years.

Other modes of transportation are also on the rise this year. AAA expects 3.36 million people will travel by bus, cruise, or train over the long weekend, an increase of 24% over last year. While more travelers are turning to these modes this year, the number is not expected to surpass 2019's total of 3.54 million.

Summer Travel Trends and Tips

Travel demand has been steadily increasing since 2020, and this summer is poised to be one for the record books. Here are some trends and tips from AAA Travel.

• **Air travel is seeing the biggest spike despite high ticket prices.** Passengers are paying 40% - 50% more for flights compared to last year, but AAA data shows bookings aren't slowing down. Many airlines are responding to demand by hiring more staff and taking smaller regional planes out of service and replacing them with larger ones to increase capacity. However, there are still challenges,

including a shortage of air traffic controllers that has led to reduced service in and out of New York City area airports.

• **AAA Travel Tip:** Apply for TSA Precheck to avoid long security lines at packed airports.

• **Hotel prices are up slightly over 2022, but not by much.** While the number of domestic hotel bookings is about the same as last year, AAA data shows international hotel bookings are up 80% compared to 2022. International travel demand is booming and so are passport applications. The U.S. State Department says it's processing half a million applications a week. Routine service is averaging 10-13 weeks.

• **AAA Travel Tip:** Need a passport fast? RushMyPassport provides expedited services and discounts for AAA members. This past May, they handled more than 1,100 applications from AAA members, compared to just 73 applications in May of last year.

• **Car rental shortages seen during the pandemic have improved.** Inventory has been increasing steadily since last year, with newer models and electric ve-

hicles added to fleets. AAA data shows rental prices are down slightly from last year. Demand for international rental cars is up more than 80% compared to 2022.

• **AAA Travel Tip:** If you're planning to drive abroad, keep in mind some countries require International Driving Permits. AAA is one of only two private entities in the U.S. authorized by the State Department to issue IDPs. This year, AAA reports demand for IDPs is double what it was in 2022.

• **Cruising is back to pre-pandemic numbers, with sold-out ships and advance bookings.** Prices are about the same as 2022, with certain cruises a bit higher this year due to demand. Alaska cruises are particularly popular this time of year. AAA booking data also shows Caribbean cruises and European river cruises are top vacations in 2023.

• **AAA Travel Tip:** Protect your investment with travel insurance. AAA data shows demand for travel insurance is up more than 100% over last year, as more travelers now see the need to prepare for the unexpected.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO23P1338EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Daniel Joseph Munkley, Jr.
Date of Death:
January, 15, 2023

To all persons interested in the above captioned estate, by Petition of:
Petitioner Colleen M. Munkley of Weymouth, MA
Colleen M. Munkley of Weymouth, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
6/29/23

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO23P1511EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:
Rhoda Helen Silverstein
Date of Death:
2/21/2023

To all persons interested in the above captioned estate, by Petition of:
Petitioner Michael Silverstein of Newton, MA
Michael Silverstein of Newton, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
6/29/23

USS Constitution To Commemorate 247th Independence Day July 4

USS Constitution is scheduled to go underway from Charlestown Navy Yard, on Tuesday, July 4 for its annual 4th of July Cruise. One hundred and fifty lottery winners and their guests will join Old Iron-

sides as she cruises in celebration of the United States' 247th birthday.

USS Constitution will conduct a 21-gun salute at Fort Independence on Castle Island.

USS Constitution will fire an additional 17-gun salute as she passes U.S. Coast Guard Sector Boston, the former site of the Edmund Hart's Shipyard, where USS Constitution was built and launched on Oct. 21, 1797.

USS Constitution's cruise will be viewable from the Boston Harborwalk, Castle Island, and Charlestown Navy Yard.

USS Constitution's 4th of July Turnaround Cruise dates back to the 1950s when the ship was turned around to evenly weather the hull.

USS Constitution is currently undergoing a planned maintenance period, restoring the main mast, yards and other various projects.

USS Constitution will reopen for free public visitation, Tuesday, July 4, from 3

to 6 p.m.

USS Constitution is open to free public visitation Tuesday through Sunday from 10 a.m. to 6 p.m.

The USS Constitution Museum is open to the public every day from 9 a.m. to 6 p.m.

USS Constitution, is the world's oldest commissioned warship afloat, and played a crucial role in the Barbary Wars and the War of 1812, actively defending sea lanes from 1797 to 1855.

The active-duty Sailors stationed aboard USS Constitution provide free tours and offer public visitation as they support the ship's mission of promoting the Navy's history and maritime heritage and raising awareness of the importance of a sustained naval presence.

USS Constitution was undefeated in battle and destroyed or captured 33 opponents. The ship earned the nickname of Old Ironsides during the war of 1812 when British cannonballs were seen bouncing off the ship's wooden hull.

Ruth Gordon Amphitheater Summer Events Kick Off Friday

Cont'd From Page 26

honor. Harris has been very supportive of the work to save and revitalize the amphitheater and will say a few words about his grandmother for whom the theater was dedicated.

The evening will kick off with a song by baritone, Marcus Johnson, and theatrical scenes of Ruth by local actress, Ann Danby. Following will be a screening of "Harold & Maude" and "Rosemary's Baby" — the film that earned Gordon her Academy Award.

Other Friends' Friday specials include Celtic Quincy (Aug. 11, 6-8 p.m.), New England's #1 Beatles tribute band We Can Work It Out (Aug. 18, 6-8 p.m.), and a screening of Academy Award-winning anime masterpiece, Spirited Away (Aug. 25, 7-9:30 p.m.).

A pop-up bar from Break Rock Brewery, food trucks, and arts/crafts will be available for your enjoyment in the new covered pavilion next to the amphitheater at Pageant Field.

Members of the Friends of the Ruth Gordon Amphitheater hope the community will show their support by coming out to enjoy these free events.

"If events are well attended, as we hope they will be," said Sara Callard of the Friends of RGA, "this may, at last, prove the theater's viability to any still in doubt — and secure its future for generations to come."



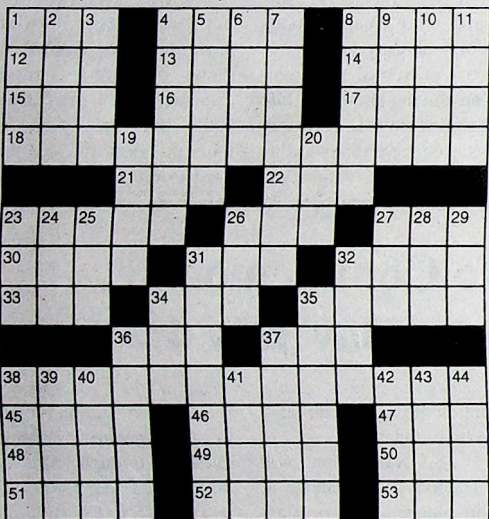
PLEASE RECYCLE THIS NEWSPAPER

SUN FUN PAGES

King Crossword

ACROSS

- 1 America's uncle
4 "Dracula" author Stoker
8 Leftovers recipe
12 Chinese chairman
13 Roof overhang
14 Arizona tribe
15 Samovar
16 On the rocks
17 Hurler
18 "Syriana" Oscar winner
21 British ref. work
22 Caribou kin
23 Gold-loving king
26 "See ya!"
27 Scale abbr.
30 Privy to
31 "Of course"
32 Cheer (for)
33 Joke
34 Chic, to Austin Powers
35 Five dozen
36 Droop
- 37 Iota
38 1997 film starring Nicole Kidman and 18-Across
45 Only
46 Algeria's neighbor
47 Granada gold
48 "Mamma Mia" group
49 La Scala solo
50 Apprehend
51 Katy Perry hit song
52 Adolescent
53 Ninny
- 19 Reddish horse
20 Flamenco cheer
23 "Top Gun" target
24 — jiffy
25 Pooch
26 Nap site
27 Bagel topper
28 Automaton, for short
29 Hog haven
31 Pad you bring to exercise class
32 Ms. Moreno
34 West of Hollywood
35 Ape
36 Asparagus unit
37 Prove untrue
38 Despot
39 Vagrant
40 Exile isle
41 Give a darn
42 Hawaiian coffee
43 Historic periods
44 Filches
- DOWN**
1 Overconfident
2 Bern's river
3 Stereo alternative
4 Linen shades
5 Sped
6 Opposite of "sans"
7 Musical mixes
8 Trembled
9 Undecided
10 Duel tool
11 Sly



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MAGIC MAZE • SAILING SHIPS

H C Z X V T R P N L F J R H E
M C C O N S T E L L A T I O N
A A Y W I E L V Y T R P M N K
Y L K I N G S I G E E C A B R
F A I R A M N S Z X L W P U A
L S R E P G O M U L U J I I S
O G B E C D B A Y E C X N W Y
W Y M L A V I C T O R Y T U T
E S O R Y R A M T S E P A Q T
R U O V A E D N E P H O N L U
D K J N O I T U T I T S N O C

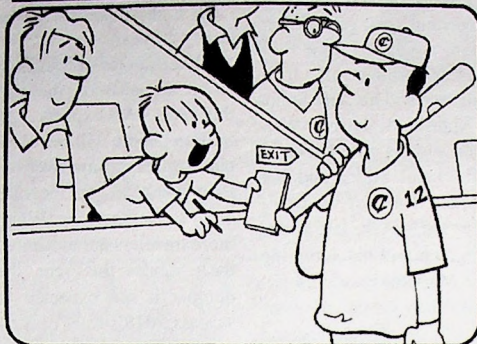
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: SANTA —

Beagle	Endeavour	Mayflower	Preussen
Constellation	Flying Cloud	Nina	Valmy
Constitution	Hercule	Pamir	Victory
Cutty Sark	Mary Rose	Pinta	

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Pocket is smaller. 2. Neckline is different. 3. Sign is missing. 4. Glasses are different. 5. Number is missing. 6. Ball is shorter.

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What is the tallest building in the world?
2. GENERAL KNOWLEDGE: What does HTTP stand for in a website address?
3. LITERATURE: Which kind of animals are featured in the novel "Watership Down"?
4. HISTORY: When was the first iPhone released?
5. MOVIES: What kind of fish is Nemo in "Finding Nemo"?
6. GAMES: What is the final course on Mario Kart video games?
7. ASTRONOMY: How many planets in our solar system have moons?

8. U.S. PRESIDENTS: Which president was licensed as a bartender?
9. MEDICAL: What is a more common term for somnolency?
10. TELEVISION: How many castaways are on "Gilligan's Island"?

Answers

1. Burj Khalifa, Dubai, United Arab Emirates.
2. HyperText Transfer Protocol.
3. Rabbits.
4. 2007.
5. Clownfish.
6. Rainbow Road.
7. Six of the eight planets.
8. Abraham Lincoln.
9. Talking in your sleep.
10. Seven.

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Wishing Well®

8 5 7 6 8 7 3 7 4 6 2 7 5
A W C G P O P N J E N T O
4 5 4 2 8 3 7 4 5 3 5 3 6
O R Y E P R E I K O E B T
8 5 3 5 4 7 3 8 3 5 8 6 5
L F L F S N E Y M O W O R
8 5 7 8 3 2 3 6 7 2 8 4 6
I T T L S W O R E F L Y G
8 2 7 5 2 5 7 3 8 5 2 8 3
P O D P U A L L O Y N W V
5 8 5 4 5 6 7 2 5 3 8 6 3
S E O O F A I D F E R N D
2 7 2 7 2 4 2 6 4 6 4 6 6
F F A E M U E I R Z S E D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) You are self-reliant and rarely ask anyone for help. But this time, you might want someone you trust to be there for you while you deal with a difficult matter. Cheer up. Things improve soon.

TAURUS (April 20 to May 20) Your patience begins to pay off. Look for the first sign that your goals are in plain sight. Also, take time out from all your hard work for some fun with someone special.

GEMINI (May 21 to June 20) There could be some lingering effects from a recent setback. But it's all for the best, as you're now beginning to appreciate. Use the lessons you've learned to start over.

CANCER (June 21 to July 22) What seemed to be a difficult goal to reach is now -- or soon will be -- all yours. Congratulations. An unexpected travel opportunity holds an intriguing new prospect.

LEO (July 23 to August 22) A chilly reception to your presentation shouldn't cause you to abandon your ideas. Instead, do tweak up those weaker parts and then, once again, show them what you have.

VIRGO (August 23 to September 22) Hiding your feelings might make you feel safer against rejection. But this could be the time when you'll need to speak up or risk losing out on an important event in your life.

LIBRA (September 23 to October 22) Some co-workers might try to talk you out of

accepting a promotion. But you need to follow your own instincts -- and if you believe you're right for the job, then take it.

SCORPIO (October 23 to November 21) Some changes are in order, as you come to realize that you need to sort out several areas in your life. Your remarkable insight helps you make the right decisions.

SAGITTARIUS (November 22 to December 21) It's time to act on your own behalf and separate yourself from those whose selfish needs threaten your personal and/or professional survival.

CAPRICORN (December 22 to January 19) Resist your tendency to close yourself off from unpleasant situations. Instead, open up to how things are so that you can help change them to what they could be.

AQUARIUS (January 20 to February 18) An unspoken problem could be driving a deep wedge between you and that special person. Some honest talking between the two of you starts the healing process.

PISCES (February 19 to March 20) You might feel you've been going around in ever-widening circles trying to deal with recent workplace problems. Lighten up. A successful end is finally in sight.

BORN THIS WEEK: You're authentic and unafraid of using the large emotions that overtake your heart. Originality is your super power.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals R

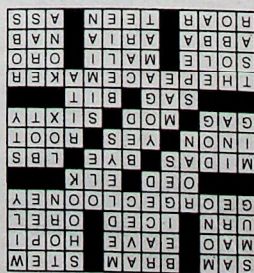
RY SIUGLIQO, N'U YJXXIYGT HI
QGRT HSNY MIIO ME LQNHGQ
TRSZ NA IAG TRE.
HNUG HI SNH HSG QIRZT!

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King Crossword

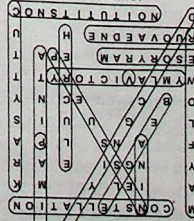
Answers

Solution time: 21 mins.



Magic Maze

ANSWERS:



CryptoQuip

answer

Time to hit the Road!
Dah! in one day!
Read this book by writer
As homework, I'm supposed to

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Candace Cameron Bure, who has starred in more than two dozen Hallmark movies and 18 "Aurora Teagarden Mysteries" films, announced in April 2022 that she was leaving Hallmark to take on an executive role at Great American Media to develop, produce and star in original rom-coms and holiday fare. In November, she told the Wall Street Journal that she left Hallmark because it was a completely different network than when she started.

Bure explained, "My heart wants to tell stories that have more meaning and purpose and depth behind them. I knew that the people behind Great American Family were Christians that love the Lord and wanted to promote faith programming and good family entertainment." Her remarks were believed to allude to Hallmark's trend toward progressive themes, including recognition of the LGBT community in their productions. Well, "Aurora Teagarden Mysteries" moved on without her. Mutiny is a witch! It now stars 29-year-old Skyler Samuels, who had a recurring role in "Wizards of Waverly Place," starred in the films "The Stepfather" (2009), "Furry Vengeance" (2010), "The DUFF" (2015) and "Scream Queens" (2015); and played the Frost sisters in the Fox series based on "X-Men," titled "The Gifted." She co-stars with Jason Statham in "Meg 2: The Trench," due later this year.

"Spider-Man" Tom Holland learned the hard way that playing a good guy is a piece of cake compared to playing a criminal. During the production of the AppleTV+ crime series "The Crowded Room," in which he's arrested for a

shooting in Rockefeller Center, Holland admitted, "We were exploring certain emotions that I've definitely never experienced before, and then on top of that, being a producer dealing with the day-to-day kind of problems that come with any film set just added that extra level of pressure." Juggling producing chores while playing a character in a severe mental state apparently pushed him to a breaking point, so he's decided to take a year off from acting. Amanda Seyfried co-stars, and it dropped June 9.

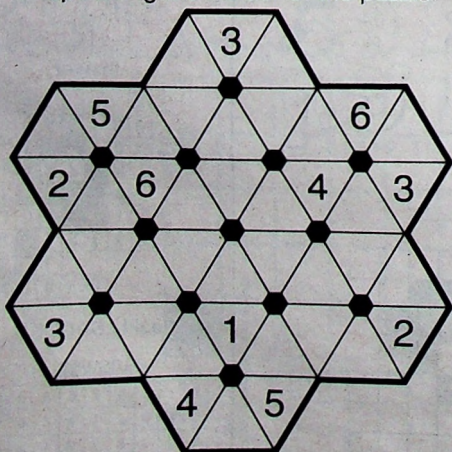
Many were shocked when James Corden announced last April that he was ending his hosting stint of "The Late Late Show" on CBS, which he'd done since 2015. Everyone wondered why he walked away from a yearly paycheck of \$6 million. But CBS, who stuck by him when there was a ton of backlash from his bad behavior at restaurants, decided for him. The show, which cost \$65 million a year, was only making \$45 million a year in advertising revenue. A CBS executive confessed "It was simply not sustainable. CBS could not afford him anymore." His show averaged 971,000 viewers during the 2020-21 season, while his competition, "Late Night With Seth Meyers," at NBC was pulling in 1.01 million viewers. Add in the fact that CBS is vacating their longtime Fairfax Television Center and would've needed to relocate his show, and it's a no-brainer. While Carpool Karaoke is probably what most viewers will miss, he's back home in London, and our crosswalks are once again safe from his crosswalk musicals!

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult ★★★ GO FIGURE!

	+		×		16
×		×		÷	
	+		×		13
÷		-		×	
	×		+		20
10		17		16	

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Butter Prints — It isn't easy to recognize this wood piece with a deeply carved design. Unlike today's familiar decorating stamping tools, it wasn't pressed into ink and used to print on fabric or paper; it is a butter print.

Nineteenth-century farm families made their own butter, shaped it in molds, and pressed designs into it with handcarved butter stamps or prints. If the butter was sold at a market, printed designs would appeal to customers and identify the maker. Designs with symmetrical, repeating or divided elements may have helped divide the butter into portions. Some butter prints had handles or were attached to a butter mold.

This oval print with a flower-and-heart design and notched border sold for \$5,015 at Conestoga Auction Co. It was made in Lancaster County, Pennsylvania, in the 19th century.

Q: In the 1950s or '60s, my mother had a Barbie doll that wasn't like any I have seen since. It had painted brown hair with a painted blue headband, and it came with three wigs: long and dark brown, curly and reddish-brown, and short and blond. I have seen a lot of Barbies at auctions but not one with wigs like this. Is this one rare?

A: Your mother's doll sounds like the Fashion Queen Barbie doll, introduced in 1963. This doll had a molded head with brown hair and a blue headband and non-bending legs. It was dressed in a one-piece swimsuit with white and

gold stripes, a matching turban and white open-toe shoes. It was sold with three wigs: one blond, one brunette, and one titian (the term used for red-brown Barbie hair). It was marked "Midge T. M. [copyright] 1962 Barbie [registered] [copyright] 1958 by Mattel, Inc." The 1964 edition had "Patented" added to the mark. Mattel also made Barbie "wig wardrobes" in the 1960s, which were sold with a doll head, not a complete doll. Fashion Queen Barbies without the wigs or box have sold for less than \$100 at recent auctions. A doll with all three wigs and the original outfit and box can sell for \$100 to \$400.

TIP: Put a silver spoon in a glass before pouring in hot water. It will absorb heat and keep the glass from cracking.

CURRENT PRICES

• Pottery jar, Nambe Pueblo, blackware, round, turned-in rim, wide geometric band, signed, Marie Herrera, 2 1/2 x 4 1/4 inches, \$115.

• Ice cream freezer, lid, glass, embossed, "Whip/Egg Beater/Butter Churn," metal churn, Dazey, 11 inches, \$185.

• Textile, United States flag, 35 stars, coarse linen, hand sewn, double-applique stars, two brass grommets, c. 1863, 52 x 91 inches, \$2,600.

For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

by Terry Stickels

In the grid below, place the numbers 1 through 8 so that no number is next to a consecutive one in the counting sequence (horizontally, vertically or diagonally).

12			10
9			11

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Strange BUT TRUE

• The largest volcano in the solar system is Olympus Mons, on Mars, standing at an impressive 13.6 miles high with a diameter of approximately 370 miles. That's nearly three times the height of Mt. Everest.

• During World War II, a U.S. naval destroyer won a battle against a Japanese submarine by throwing — wait for it — potatoes at them. The Japanese thought they were grenades.

• Lettuce is a member of the sunflower family.

• Gennaro Pelliccia, a taster for Costa Coffee, had his tongue insured for \$22 million.

• To leave a party without telling anyone is called, in English, a "French exit." And in French? Appropriately enough, it's known as a "partir à l'anglaise," or, to leave like the English.

• The rotund Buddha so commonly depicted in statues and pictures isn't at all an accurate representation. Instead, his real-life counterpart was actually quite

thin, due to self-deprivation.

• GPS may be free to use, but it still costs \$2 million per day to operate. The funds are supplied by American tax revenue.

• No, the color red doesn't make bulls angry — they're colorblind.

• One of the World Trade Center towers was purposefully built to a height of 1,776 feet to reference the year the Declaration of Independence was signed.

• Want to generate electricity from mud? Crazy as the concept may sound, it is indeed possible, thanks to geobacter sulfurreducens, which belongs to a group of organisms known as electrogenic bacteria that are able to transfer electrons from organic matter to metals or other conductive materials.

• According to a study done by French researchers, if you listen to loud music, you are more likely to drink more in less time.

Thought for the Day: "Faith is the bird that feels the light and sings when the dawn is still dark." — Rabin-drath Tagore

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Now here's a tip!

by Jo Ann Derson

• Save the rubber bands from broccoli. You can put them around the body of a drinking glass so that it will be less slippery as it condenses.

• "I save the wrappers from my unsalted butter sticks in a baggie in my refrigerator. I use them to grease a pan when baking." — M.M. in Wisconsin

• Corn is best cooked with in a day or two of being picked, so farm-stand corn is the best. Add a little bit of milk to the cooking water, and it will bring out the natural sweetness.

• Cherries are in season! Much like strawberries, they need to be kept refrigerated but taste best at room temperature. Before eating your cherries, let them sit out for about a half-hour.

• Mmmmm. Dried lentils don't need to be soaked prior to cooking like other dried beans. And they're packed with protein.

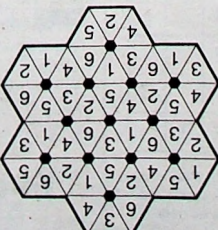
• "If you lose a contact lens and can't find it right off, try turning out the lights and shine a flashlight across the ground. The lens might reflect the light and cause a flash. That will make it easier to find." — T.L. in Texas

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

solution



Stickelers Answer

Here is one way. Did you find another?

Go Figure! answers

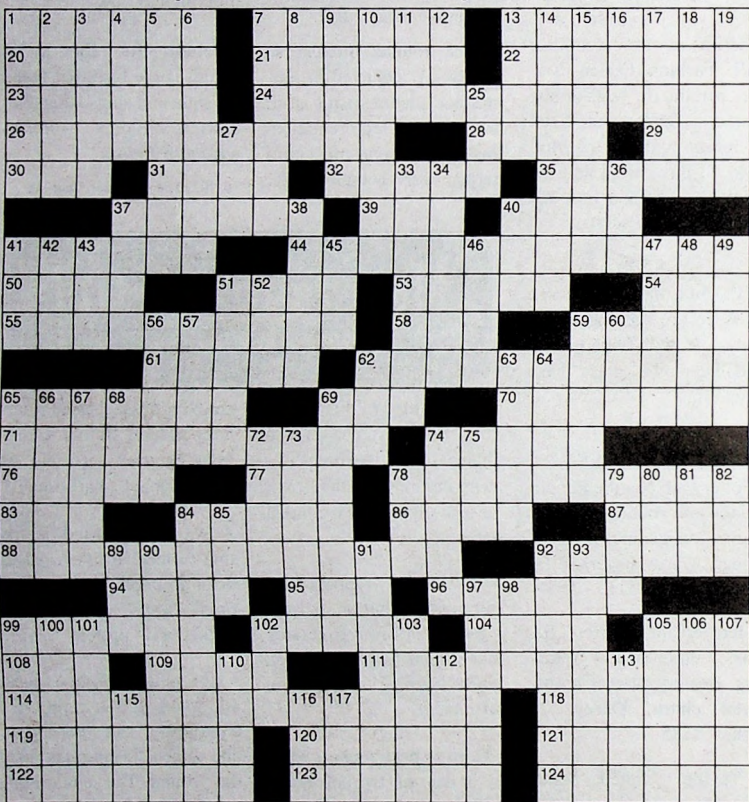
16	17	01
20	8	4
×	+	×
13	1	7
÷	×	+
19	2	3

11	5	3	6
2	8	1	7
10	6	4	12

Super Crossword

MAY THE FOURTH
BE WITH YOU

- ACROSS**
- Dryer's partner
 - Neither-here-nor-there states
 - Not straying off topic
 - Get in the way of
 - "You may relax, soldier"
 - One looking something over
 - "The Delta Force" actor Chuck
 - Question after a chat interruption
 - Latched on firmly
 - Space balls
 - San Luis —, California
 - Mount, as a jewel
 - "Diane" star Turner
 - "Carrie" star Spacek
 - Mutineers
 - 2012 Robert Pattinson film based on a Maupassant novel
 - Chou En —
 - Fictional "Warrior Princess"
- DOWN**
- Lax in duty
 - British remake of "That '70s Show"
 - Say for sure
 - Trepidation
 - Fathered, as a horse
 - Start of many rapper names
 - Realities that are tough to face
 - "E-e-ew!"
 - Vodka brand, informally
 - Reply to "You are not!"
 - Fulfill, as standards
 - Wiseacre
 - River to the Rhine
 - Hint at
 - "That's impossible!"
 - Reagan adviser Edwin
 - Flooring units
 - "... bug — feature?"
 - Identity before turning over a new leaf
 - City in Oklahoma
 - Trig function
- ACROSS**
- Away from the wind, nautically
 - Non-iron club
 - Revealing interference with the contents, as a package
 - Key related to D major
 - Saharan
 - Oct.-Dec. link
 - Creek, e.g.
 - Garbage collectors
 - Very easy thing
 - "Back in Black" band
 - Italian monk's title
 - Runner Sebastian
 - Really eager
 - With
 - 114-Across, source of the phrase formed by the ends of eight answers in this puzzle
 - See
 - 111-Across identical to
 - Famed French mime
 - Interfere
 - Nuanced
- DOWN**
- Hot bar food
 - Roman love
 - Fat avoider Jack
 - Sage, e.g.
 - Items of food
 - Closes tightly again
 - Suburb of D.C. in Maryland
 - "Am — late?"
 - Cries weakly
 - In a ribald way
 - Novel kind
 - Not absent
 - "— Gang"
 - River to the Rhine
 - Stairway post
 - Low cards
 - Banjoist Clark
 - Genetic helix
 - More cheeky
 - Stuff in sand
 - "Humbly"
- ACROSS**
- Avian creature
 - Boise's home
 - 1960s Jaguar model
 - Team booster
 - Exercise in a pool
 - Long time
 - Leicester lav
 - WWII prez
 - Recoil from
 - Multivolume Brit. lexicon
 - Dawber of "Mork & Mindy"
 - Amazon
 - Kindle, e.g.
 - Dodgers
 - Recuperation by lying down
 - Asian monkey
 - Natural gift
 - Rival of Sony
 - In — (not just sleeping)
 - Big couches
 - Many future kings
 - Long time
 - Tubular pasta
 - Edicts
 - Esther of "Good Times"
 - Photographer Adams
 - Creative work
 - CI doubled
 - Big brass instrument
 - Sarge, e.g.
 - Sports org. with skaters
 - Scooby —



celebrity extra

by Dana Jackson

Q: I know that HBO's "Succession" got a lot of praise and will probably clean up at the Emmy's, but I enjoyed the show "Billions" much more. When does it return with new episodes? — M.F.

A: Showtime's "Billions" will return for its seventh and final season this August. Damian Lewis, who left the series at the end of season five, is back for several episodes, reuniting with cast members Paul Giamatti, Corey Stoll and Maggie Siff.

Unlike "Succession," which appears to be over for good with no announced spin-offs, "Billions" has several planned spin-off series in the works, including the tentatively titled "Millions" and "Trillions." Paramount Pictures president and CEO Chris McCarthy stated, "This final season is packed full of the incredible, complex dialogue and character dynamics fans have come to love, and we are thrilled to partner with them on turning this hit series into a global franchise."

"Billions" will premiere first for subscribers of Paramount+ with Showtime on Friday, Aug. 11, before airing on Showtime on Sunday, Aug. 13.

Q: I was disappointed to hear that the sitcom "American

Auto" has been canceled. Is there any chance it will end up somewhere else? — T.T.

A: Justin Spitzer, the creative mind behind the NBC sitcom "American Auto," recently revealed on Twitter what he had in store for the third season of his critically acclaimed comedy series. Unfortunately, unless another network or streaming service picks it up, we won't get to see Ana Gasteyer's Katherine Hastings and Payne Motors "finally finding success and taking the world by storm."

NBC also gave the ax to two other beloved sitcoms: "Grand Crew," which starred Nicole Byer ("Nailed It!") and Echo Kellum ("Arrow"), and "Young Rock," which was based on Dwayne "The Rock" Johnson's childhood.

On a positive note, NBC has renewed a dozen of its shows, including modern takes on classics like "Magnum P.I.," "Night Court" and "Quantum Leap." The hit futuristic drama "La Brea" will also return, and the trio of "Law & Order" and "Chicago" shows will all be back with new episodes.

Regarding "Magnum P.I.," it was picked up by NBC after CBS canceled it, and not only has NBC saved it, they've renewed it for not just one, but two seasons! Perhaps "American Auto," too, will get a second chance somewhere, someday.

Q: Where have I seen the actor who stars in "Citadel" with Priyanka Chopra? Has he been in any series I might have seen? — S.A.



Damian Lewis
("Billions")

Courtesy of Showtime

A: Scottish actor Richard Madden has been around for quite a while, but is probably most recognizable as Robb Stark in the first three seasons of the iconic HBO series "Game of Thrones." He went on to star as Prince Kit in the 2015 release of "Cinderella," which also starred Lily James and Cate Blanchett. He was nominated for a Golden Globe Award for his title role in the British miniseries "Bodyguard." He played Elton John's manager in the film biopic "Rocketman," and then became part of the Marvel Universe as Ikaris in "Eternals." "Citadel" has been renewed for a second season by Amazon Prime Video.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|-------------------------|---------------|----------------------------|---------------|
| 1. Spring festival | E _ _ _ _ _ | Having more speed | F _ _ _ _ _ |
| 2. From Oslo | _ O _ _ _ _ | Hospital employee | _ U _ _ _ _ |
| 3. Like overdone toast | _ _ _ N _ _ | Popped | _ _ _ S _ _ |
| 4. Slow boil | _ _ I _ _ _ | Growing season | _ _ U _ _ _ |
| 5. Actor Kevin | _ _ _ C _ _ | Twirler's stick | _ _ _ T _ _ |
| 6. Vocation | _ _ _ _ _ R | Sway recklessly | _ _ _ _ _ N |
| 7. Rent | _ _ _ _ _ S | Sailor's sabbatical | _ _ _ _ _ V |
| 8. Vote into office | _ _ _ L _ _ | Cast out | _ _ _ J _ _ |
| 9. Haggle | B _ _ _ _ _ | 39 th president | C _ _ _ _ _ |
| 10. Dracula's outerwear | _ _ _ _ _ A _ | Time keeper | _ _ _ _ _ C _ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

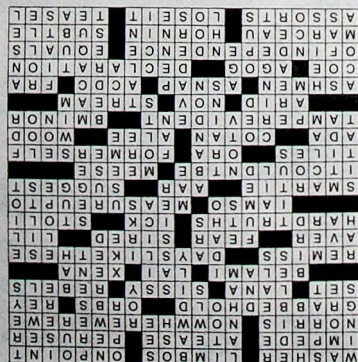
DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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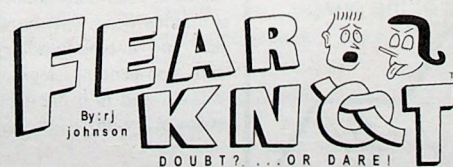
Super Crossword

Answers

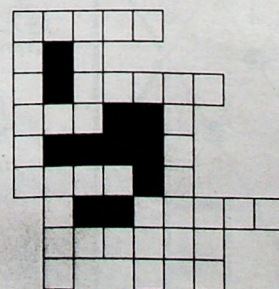


Even Exchange answers

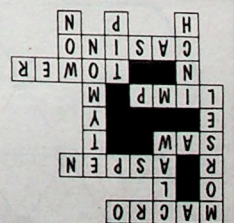
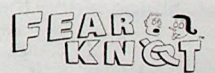
- | | |
|-------------------|-------------------|
| 1. Easter, Faster | 6. Career, Career |
| 2. Nurse, Nurse | 7. Lease, Leave |
| 3. Burst, Burst | 8. Elect, Elect |
| 4. Summer, Summer | 9. Barber, Carter |
| 5. Bacon, Baton | 10. Clock, Clock |



- ♥ TPI
- ♥ MOYENT
- ♥ SNEAP
- ♥ HNIC
- ♥ SLOREM
- ♥ WNO
- ♥ ACWL
- ♥ ORWET
- ♥ ASW
- ♥ ONCSIA
- ♥ OCMAR
- PILM

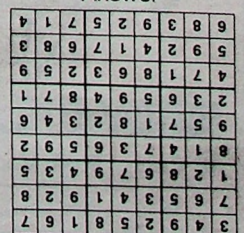


Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer

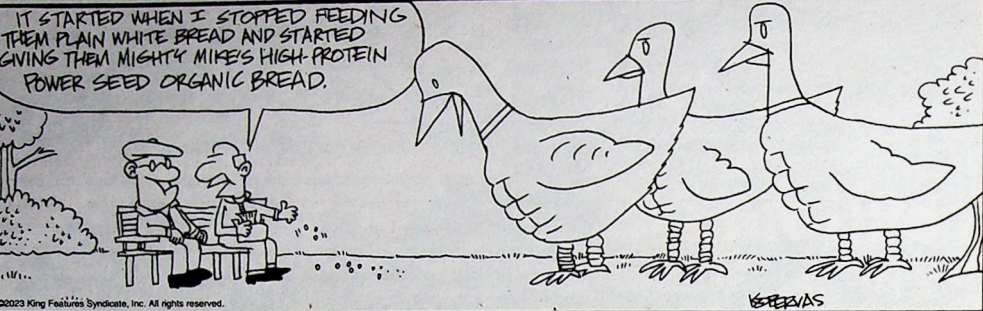


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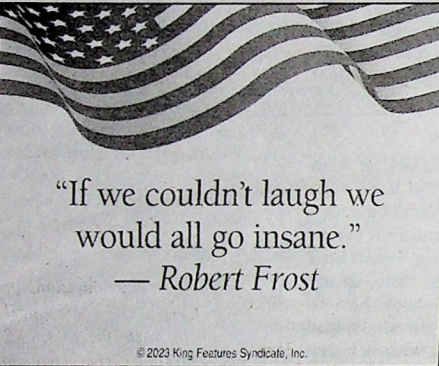
Amber Waves



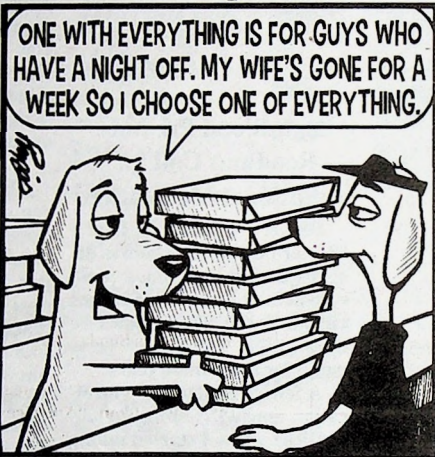
Out on a Limb



Americanisms



Just Like Cats & Dogs by Dave T. Phipps



Cat Reacts to Thunderstorms Poorly

DEAR PAW'S CORNER: Yesterday, we had a pretty big thunderstorm roll through. My 8-year-old cat, Sphinx, is normally never afraid of anything. But for the first time, he hid underneath the sofa, and even after the storm passed he stayed underneath the coffee table and wouldn't come out. Why would he suddenly be afraid when he wasn't before? — *Claire A., Utica, New York*

DEAR CLAIRE: A sudden change in behavior may warrant a trip to the veterinarian. This can rule out any physical causes for the change in behavior, such as a silent infection or a chronic condition. Cats may seem aloof and resilient to us, but they are actually creatures of habit — much more so than dogs, who thrive on applied structure, like walks at the same time each day. Cats

develop their own daily routine: when they eat and drink, when they "patrol" the house, where they sleep at different times of the day. Any change in that routine can be very upsetting to them, but most still won't let you know it. (Some will — they might turn their back on you, meow incessantly, or even, when deeply aggrieved, leave a special present right where you can find it.) Observe Sphinx as much as you can, and think about any changes to the home. Did you recently rearrange furniture or install new flooring? Did a family member leave or did a new person move in? To reduce his anxiety, spend more time playing with Sphinx. When a storm rolls in, place one of your favorite old shirts next to him wherever he is hiding. Speak to him calmly during the storm. If his anxiety doesn't improve, or begins to get worse, talk to his veterinarian about temporarily giving him anti-anxiety medication.

Send your tips, comments or questions to ask@pawscorner.com.
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WORD LADDERS

Can you go from PLACE to POUCH in 6 words? Change one letter for each rung in the ladder.

PLACE

POUCH

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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Placid
TENGLE

Charge
MABLE

Amble
WADDLE

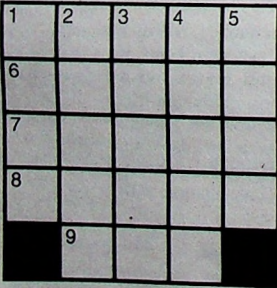
Pivot
NIGHE

TODAY'S WORD



Micro Crossword By Elizabeth C. Gorski

- Across**
- 1 Crouch, like catcher in baseball
- 6 Jousting weapon
- 7 Sketch (mechanical drawing toy)
- 8 Earnhardt and Carnegie
- 9 2012 Taylor Swift album



- Down**
- 1 Snow day coaster
- 2 Doha's land
- 3 "___ Vanya" (Chekhov play)
- 4 Hurt all over
- 5 Sushi bar quaffs

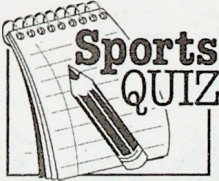
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STREAMING SOURCE

Here's what to watch and where to watch it for the week of June 19, 2023

- ON NOW:** "Jagged Mind" (NR) — Hulu
- ON NOW:** "Star Trek: Strange New Worlds" (Season 2) — Paramount+
- 19-June:** "Take Care of Maya" (Documentary) — Netflix
- 21-June:** "Secret Invasion" (Season 1) — Disney+
- 22-June:** "Skull Island" (Season 1) — Netflix
- 22-June:** "The Bear" (Season 2) — Hulu
- 22-June:** "And Just Like That..." (Season 2) — Max
- 23-June:** "The Perfect Find" (NR) — Netflix
- 23-June:** "Swagger" (Season 2) — AppleTV+
- 25-June:** "The Gold" (Limited Series) — Paramount+

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by Ryan A. Berenz

1. What Australian basketball player scored a WNBA-record 53 points in a July 2018 game?
2. What European country hosts the annual Algarve Cup invitational women's soccer tournament?
3. R. Norris Williams, a two-time U.S. Open tennis singles champion, survived what 1912 disaster?
4. What UCLA Bruins running back was selected in the first round of the 1988 NFL Draft by the Los Angeles Rams?

5. Fast-food magnate Ray Croc purchased what Major League Baseball team in 1974?
6. What multi-sport event, featuring sports disciplines that are not in the Olympic Games, was first held in Santa Clara, California, in 1981?
7. The "keystone combination" is a baseball term for a play involving what two positions?

Answers

1. Liz Cambage.
2. Portugal.
3. The sinking of the RMS Titanic.
4. Gaston Green.
5. The San Diego Padres.
6. The World Games.
7. The shortstop and second baseman.

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Micro Crossword Answer

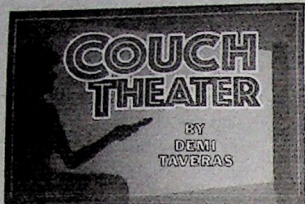


SCRAMBLERS

solution
BETWEEN
Today's Word

1. Gentle 2. Blame; 3. Dawdle; 4. Hinge

MORE SUN FUN



"Run Rabbit Run" (TV-MA) — Hot off the finale of the series "Succession," Sarah Snook has a new psychological thriller film premiering June 28. Snook plays a fertility doctor, also named Sarah, who has a 7-year-old daughter, Mia. Following the death of Mia's grandfather, the tone of Sarah and Mia's lives is melancholic and grim, which makes Sarah recall the mysterious disappearance of her 7-year-old sister, Alice, years ago. When a white bunny strangely appears in their home, a sinister air subsequently takes over Mia. Sarah becomes increasingly terrified by Mia, who tries to convince her mother that she is a reincarnated version of Alice. Critics have compared Snook's performance in the film to Toni Collette's in "Hereditary" (2018). (Netflix)

"M3GAN" (PG-13) — The Blumhouse sci-fi/horror success "M3GAN," which premiered in theaters earlier this year, is out on streaming June 27. Allison Williams ("Get Out") plays Gemma, a roboticist whose niece, Cady, comes to live with her following the death of her parents. Coincidentally, Gemma's latest work project included the development of a child-sized robot doll, nicknamed M3GAN (Model 3 Generative Android). Gemma lets Cady pair up with M3GAN and watches as Cady's emotional struggles dissipate. But since M3GAN's main purpose in her programming is protecting Cady, the robot doll quickly escalates her levels of protection to a deadly category for just about everyone else. A sequel to the film is expected in early 2025. (Amazon Prime Video)

"Hijack" (TV-MA) — In this new thriller series (we're sticking with the horror genre this week!) releasing on June 28, the stakes have never been higher — literally and figuratively. On an almost seven-hour flight from Dubai to London, with 200 passengers on board, a group of hijackers gain control over the plane right after take-off. As the hijackers veer the plane off course and try to keep everyone subdued, business negotiator Sam Nelson (Idris Elba) attempts to do what he does best and negotiate with the hijackers to get everyone off the plane safe. But, in the event that his way with words doesn't pull off the job, Sam refuses to let the plane go down without a fight: "It's either us or them." (AppleTV+)



Courtesy of Netflix
Sarah Snook, left, and Lily LaTorre star in "Run Rabbit Run."

"Burial" (NR) — Taking place in 1945 Berlin, this British war thriller film follows a female Soviet soldier named Bana (Charlotte Vega). A part of the Red Army unit, Bana and her fellow soldiers are assigned to carry, from Berlin to the Soviet Union, a casket of unknown contents that must be buried every night and dug up every morning. When they realize they're in pursuit by several Nazi loyalists, they realize the contents of the casket are none other than Adolf Hitler's remains. Critics have praised the performances of Vega, Harriet Walter ("Ted Lasso") and Tom Felton (the "Harry Potter" films), but also stated that the film lacks a certain vigor to make it all come together. "Burial" premieres June 30. (Hulu)

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Contract Bridge

HOW TO CAPTURE A QUEEN

South dealer.

Both sides vulnerable.

NORTH		EAST	
♦ 9 2		♠ Q 7 5 4	
♥ K 8 6 4		♥ A 9 3	
♦ Q 10 3		♦ 8 2	
♣ Q 10 9 5		♣ A 7 6 3	

WEST		EAST	
♠ 6		♠ Q 7 5 4	
♥ Q J 10		♥ A 9 3	
♦ 9 7 5 4		♦ 8 2	
♣ K J 8 4 2		♣ A 7 6 3	

SOUTH		EAST	
♠ A K J 10 8 3		♠ Q 7 5 4	
♥ 7 5 2		♥ A 9 3	
♦ A K J 6		♦ 8 2	
♣ —		♣ A 7 6 3	

The bidding:		North		East	
South	West	North	East	South	West
1 ♠	Pass	1 NT	Pass	1 ♠	Pass
3 ♠	Pass	3 NT	Pass	3 ♠	Pass
4 ♠				4 ♠	

Opening lead — queen of hearts.

Assume you're declarer at four spades and West leads the Q-J-10 of hearts. East winning the third round with the ace. East next plays the ace of clubs, which you ruff, and the question is how to handle the trump suit.

There are two possible approaches to this card combination. One is to cash

the ace of spades before entering dummy with a diamond to take a trump finesse. The purpose of the ace play is to guard against the possibility of the singleton queen in the West hand.

The other method of play is to cross dummy at once with a diamond, lead the nine of spades and let it ride. If the nine wins, declarer repeats the finesse.

In the actual deal, the second line of play makes the contract, while the first loses it. The question that naturally arises is which approach is correct, without the benefit of having seen the East-West cards.

There is no doubt that in the long run, the second method of play is far superior to the first. The so-called safety play of cashing the ace first, to protect against the singleton queen, is a snare and a delusion.

While it is true that it gains whenever West has the queen singleton, it loses four times as often, whenever West started with the singleton 7, 6, 5 or 4. When West has one of the small singletons, declarer eventually loses a trump trick if he cashes the ace first, but does not lose a trump trick if he takes a finesse on the first round of the suit.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

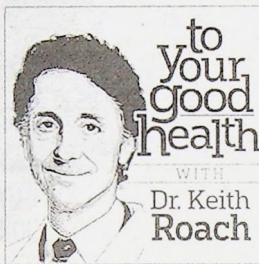
RIDDLE SEARCH — SO ANGRY

Look up, down, and diagonally, both forward and backward to find every word on the list. Circle each one as you find it. When all the words are circled, take the UNUSED letters and write them on the blanks below. Go from left to right and top to bottom to find the answer to this riddle: What angry monkey is with a man in a yellow hat?

ANGRY
ANNOYED
BOTHERED
DISTURBED
FUMING
GRIM
GRUMPY
HOPPING MAD
HUFFY
IRKED
RAGING
SOMBER
SORE
STEWING
UNHAPPY
UPSET
VEXED

H	D	E	B	R	U	T	S	I	D
I	O	V	E	X	E	D	R	U	F
R	U	P	R	S	I	O	A	N	B
K	U	Y	P	M	U	R	G	H	O
E	F	U	M	I	N	G	I	A	T
D	E	Y	O	N	N	A	N	P	H
S	O	M	B	E	R	G	G	P	E
S	G	E	M	I	R	G	M	Y	R
H	U	F	F	Y	O	O	R	A	E
G	G	N	I	W	E	T	S	E	D

Riddle answer: _____



High Blood Pressure Readings Call for Additional Medication

DEAR DR. ROACH: I am a 68-year-old female who was diagnosed with high blood pressure at 32. I am 5 feet, 5 inches tall and weigh 130 pounds. I've been taking 240 mg of verapamil for all of these years.

A few years back, my medication started coming in 120-mg dosages, so I started taking one in the morning and one at night. My blood pressure both at home and at the doctor's office is often higher than I think it should be, averaging 138/88. Recently, I used a 24-hour blood pressure monitor, which showed that more than 50% of my daytime readings were above 140/90, while my nighttime readings averaged 118/82. I am still waiting to hear back from my doctor regarding the results of this test, but I wanted to get your thoughts. Should I be on some other type of medication? Should I alter the timing to get better daytime readings? -- E.T.

ANSWER: In my opinion, these readings are not ideal. Twenty-four-hour, ambulatory blood pressure readings are usually 5 to 10 points lower than office blood pressure readings, so your average daytime readings are correspondingly higher.

There is strong evidence that in people at high risk for heart attack (such as those who are already known to have blockages), controlling blood pressure to an average of less than 120 systolic (the first or top number) and less than 70 diastolic (the second or bottom number) reduces risk. It's not as clear for people who are at a lower risk, such as people who have high blood pressure without any additional risks.

In my own practice, however, I will usually try to get my patients close to those optimal numbers, as long as the medication does not cause side effects. In a situation like yours, I would consider additional daytime medicine. More verapamil might be reasonable, but many doctors

might use a different medication, such as a diuretic, in the morning to try to get the optimal blood pressure with less risk of side effects.

Very often, the choice of blood pressure medication depends on any other medical issues a person may have. Only your doctor knows enough about your medical condition to make a personalized recommendation.

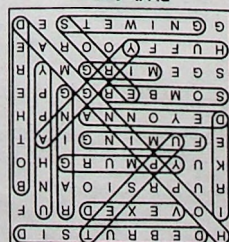
DEAR DR. ROACH: Can you eat eggs if you have a severe allergy to them? I ask this because my grandson vomited after eating scrambled eggs for the first time, so my daughter-in-law took him to four doctors until she found one who agreed with her that he had a severe allergic reaction. (The first three said he did not.) Since then, he has eaten baked foods with eggs in them without getting a reaction. -- G.A.

ANSWER: Egg allergies are among the most common childhood food allergies, second only to cow's milk. Symptoms of a severe egg allergy can start within minutes of eating an egg product, with skin changes (flushing, itching or swelling) and problems with the airway (swelling of the throat or a change in voice). Not all people -- whether they're adults or children -- get skin changes, and gastrointestinal symptoms are also common. Although vomiting may occur, other symptoms (looking pale, lethargy or diarrhea) commonly occur.

A single episode of vomiting is not strong evidence of a food allergy. Blood and skin testing are sometimes used to evaluate whether an allergy is truly present.

More importantly, repeated exposure without symptoms is evidence against the diagnosis of a food allergy (although it is possible there was not enough egg in what your grandson ate to trigger a reaction). I strongly recommend a consultation with an allergist.

Furious George.



SENIOR NEWS LINE

by Matilda Charles

Memory Aids We Can Use

There may come a time when you can no longer immediately remember the 25 telephone numbers that used to be easily recalled. I suspect it comes to us all. When it does, it's time to start making lists.

Having a cellphone is probably the easiest way to save all those numbers. But the problem comes when the phone is on its charger and can't be accessed. Written lists are a lifesaver then.

I made such a list for my father many years ago, not suspecting then that I would need the same type of list someday. I'd taped his list inside the cabinet door in his kitchen, the one right above the phone on the wall.

I now have a similar list taped to the inside of my own cabinet door, but in one other place as well: a slim piece of paper on the side of my computer monitor. Of the two, that's the most handy because I'm often at the computer.

I've also made a list for the other side of the monitor of important dates with items such as inspection and new tags for the car and the next date to pick up a three-month batch of prescriptions at the pharmacy.

One thing that was helpful for my father years ago when he was very senior and using his first computer: I made him a notebook of instructions. In a three-ring binder I put pages with one instruction per page, with titles like "How to Send Email," and I'd start each instruction with "Turn on the computer," because that's where his skill level was. Periodically, as his computer skills grew, he'd request additional instruction pages. It was a lot easier than trying to teach him by telephone.

Nowadays, if he were still living, I'm sure I'd be creating a "How to Use the Cellphone" notebook for him. I'd be happy to.

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1. ABBA won the 1974 Eurovision contest with which song?

2. Name the group that released "Boogie Fever."

3. Who was "Sloopy" in "Hang On Sloopy"?

4. Which duo released "Lady Godiva"?

5. Name the song that contains these lyrics: "Stayed in bed all morning just to pass the time; There's something wrong here, there can be no denying."

Answers

1. "Waterloo." Then, in 2005 at the 50th anniversary of the contest, the song was picked as the best song in the whole history of the contest, edging out "Nel blu, dipinto di blu" (aka "Volare") by Italian Domenico Modugno.

2. The Sylvers, in 1975. The group, consisting of nine of the 10 kids in the family, originally called themselves the Little Angels.

3. Legend says that Sloopy (born Dorothy Sloop Hefflick in 1913) was a singer in Ohio and an Ohio University student. "Sloopy" is the fight song of the Ohio State University Buckeyes and was named the state's official rock song in 1985.

4. Peter & Gordon, in 1966.

5. "It's Too Late," by Carole King in 1971. The song snagged a Grammy for Record of the Year in 1972 and made it onto the Rolling Stone's list of greatest songs of all time.

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Puzzles4Kids
Answer



PATROLMEN AND SUPERIOR OFFICERS were among those congratulating Mark Kennedy (back row, sixth from right) after he was sworn in as the City of Quincy's 18th police chief at a ceremony June 23 at the James R. McIntyre Government Center (old City Hall).

Mark Kennedy 18th Police Chief

Cont'd From Page 20

of candidates that expressed interest and went through the process. We're so fortunate in Quincy to have the best. You guys are the best, you men and women. You score well so we have great choices. Sometimes it's not easy because of that talent that's there.

"We are grateful today. We believe we have a great choice – we have an excellent choice."

The mayor also acknowledged the former chief Keenan, who was among those present for the ceremony.

"I do want to acknowledge – he had a pretty good send off yesterday – Chief Paul Keenan," Koch said.

"Thank you again for your almost 16 years of service as chief."

The mayor concluded his remarks by saying that Paul Kennedy was there in spirit to see his son's promotion.

"Mark and I had a conversation about a week ago talking about his dad. I said one of the regrets I had is my dad never saw me getting sworn in, and I know Mark feels the same way, except that we know he is certainly with us in spirit," Koch said.

"I have with me Paul's prayer card. He was a remarkable individual that gave and gave to the city. So today is great day for the city of Quincy and the Kennedy family."



PHOTO ABOVE: Quincy Police Chief Mark Kennedy shares a moment with his sons Jackson (left) and Ryan (right) at the new chief's swearing in ceremony June 23 at the James R. McIntyre Government Center.

PHOTO BOTTOM LEFT: Mother Olga expresses well wishes to the city's new police chief, Mark Kennedy, after Kennedy was sworn in as Quincy's 18th police chief.

PHOTO BOTTOM RIGHT: Police Chief Mark Kennedy (second from right) is joined by members of his family after being sworn in as Quincy's 18th police chief. From left: brother Paul Kennedy, sister Christine Robles, and mother Ann Kennedy.

Quincy Sun Photos/Robert Bosworth



QAA Artist Showcase: S.K. Sahni

Artist's 'Lines In Space' Exhibit On Display At QArts Gallery

As explained by the artist, "A line is like a sacred thread with which I create my work without any pre-conceived notion, sketch, or idea. I build my image directly with lines on the canvas or paper gradually, and painstakingly. I do not intend to represent any man made or nature made object in my work. My emphasis is to build a unique abstract image."

A collection of 38 works in acrylic, and pen and ink have been carefully selected to demonstrate S.K. Sahni's pursuit of the line.

S.K. Sahni is a prolific artist who was born in 1937. After studying painting in art school for four years, he went on to earn a post graduate degree in painting from Meerut University in 1977. He worked for ten years in Bal Bhavan, a Creative Center for Children, and for 23 years in National Gallery of



S.K. SAHNI

Modern Art, New Delhi.

S.K. Sahni's work has been showcased in numerous solo exhibitions and group exhibitions. A retrospective exhibition of his works (1962-2014) was held in 2016. He has also shown at India Art Fair in 2018. His works have also been shown

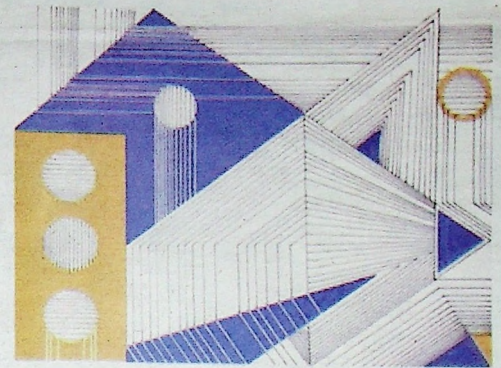
at the Museum of Geometric and MADI Art in Dallas TX in 2018. His works have also been displayed a number of times in the National Exhibition of Art, the most prestigious annual event of the Lalit Kala Akademi in India.

A book about S.K.

Sahni's work titled "Journey of the Straight Line" was written by author Dr. S.S. Bhatti, former principal of the Chandigarh College of Architecture in India. S.K. Sahni's works are in many prestigious public and private collections in India and the United States.

Since 1995 he has been a full-time painter. He has a keen interest in the creative manipulation of the straight line. To S.K., the straight lines are not lifeless strokes on a surface – rather, they are the very essence of his creative endeavors through which he builds an image... unique and beyond reality.

An exhibition of the artist's works at the QArts Gallery opened June 25 and runs through July 29. There will be an artist's reception Saturday, July 1, from 3 to 5 p.m. at the gallery located at 1229 Hancock St., Quincy Center (across from Quincy



College).

Artwork is available for purchase. Light refreshments served. The Quincy Art Association invites the public to a gallery talk with S.K. Sahni

Gallery hours are Saturday and Sunday, noon to 5 p.m. Admission is free and open to the public.

While visiting, browse the gift shop for one-of-a-kind, handmade items by QAA members. The QArts Gallery is managed and operated by volunteer members of the Quincy Art Association.

Email: info@quincyartma.org. For more information about the gallery, classes, events, and other news, visit www.quincyartma.org

The Quincy Art Association thanks the City of Quincy, Mass Cultural Council, The Janet Burke Mann Foundation, Granite City Electric Supply Company/WAC Lighting, Quirk Auto Dealerships, Dream Realty, Foxrock Properties, Eastern Bank, Northeast Community Bank, Colonial Federal Savings Bank, Altrusa, and Wollaston Wine & Spirits, for their support.

Plan And Plant A Hummingbird Garden

By MELINDA MYERS

Whether you are making some late additions to your gardens or planning for the future include some hummingbird-favorite plants. Select plants and create combinations to attract and support them with a season-long supply of nectar.

Hummingbirds consume an average of two to three times their weight in nectar each day. Providing feeders and an abundance of flowers throughout the season will support the hummingbirds and help attract them to your gardens. Keep this in mind as you add plants to your landscape.

Shrubs like azalea, lilac, weigela, buttonbush, and Rose-of-Sharon provide shelter for birds and nectar-filled flowers for humming-

birds and other pollinators to enjoy. The North American native honeysuckle vine adds vertical interest and hummingbird appeal even in small spaces. Major Wheeler is a cultivar of the native honeysuckle vine that blooms all summer and is more resistant to powdery mildew. Watch as the hummingbirds munch on any aphids that attack this plant. They are great pest managers to have in the garden.

Another native vine, the trumpet vine, is a vigorous grower that can be trained into a small tree or onto a trellis. This plant will send out suckers requiring some regular maintenance. Be patient as it can take several years for this vine to begin flowering. Avoid overfertilization which results in an

even bigger plant and no flowers.

Shorter vines, like the hummingbird's favorite cardinal vine, make excellent thrillers in containers. Train them onto a decorative support and grow them in their own pot or combine them with other annuals.

Include perennials for added seasonal beauty and nectar. Early blooming lungwort is shade tolerant and provides some of the earliest nectar for these winged beauties. Leave the white or lavender flowers on your hostas for the hummingbirds. This popular shade-tolerant plant is often overlooked for its hummingbird appeal.

Garden phlox and bee balm are both hummingbird favorites that add color

and nectar to the summer garden. Look for powdery mildew-resistant varieties or plant them among other tall plants to hide any discolored foliage that may occur. North American native anise hyssop and liatris are two more favorites you may want to include.

Fill vacant spots in the garden, containers, or hanging baskets with annuals known to attract hummingbirds. Fuchsias, begonias, and impatiens are perfect for shady locations. Cupheas are often sold under the common names, tiny mice and cigar plant, and prefer a sunnier location. The taller blue horizon ageratum, geranium, bidens, tall verbena, and petunias grow well in gardens and containers.

Both perennial and annual salvias attract hummingbirds. Place a pot or two of Black and Blue, Black and Bloom, and Wendy's Wish near your windows, so you can enjoy the frequent visits of your resident hummingbirds.

Add one or more feeders to your landscape. Provide



A HUMMINGBIRD dining on the nectar of phlox.

Photo Courtesy of MelindaMyers.com

space between the feeders as hummingbirds are territorial. Make sure there is cover within 10 to 15 feet. Fill the container with a 1-part sugar to 4-part water solution. Replace the mixture and clean the feeders every few days. This provides additional food for the hummingbirds and viewing opportunities for you.

It may take a couple of years for the hummingbirds to find your nectar-filled garden. In the meantime, you will enjoy the flowers and other pollinators that

stop by to dine.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition, and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.



GRAND OPENING – Located at 25 School St. across from St. John's Church, sister-owned Stone & Ivy Salon and Skin Care recently celebrated their grand opening. Stone & Ivy, owned and operated by sisters Lindsy Bourgea and Tori Ewing, provide an elevated experience that leaves clients feeling pampered and confident. With a keen eye for detail and a dedication to customer satisfaction, their team goes above and beyond to ensure every visit is a memorable one. Co-owners Lindsy Bourgea and Tori Ewing stand outside Stone & Ivy with Mayor Tom Koch and Quincy Chamber President Tim Cahill.

Courtesy Photo

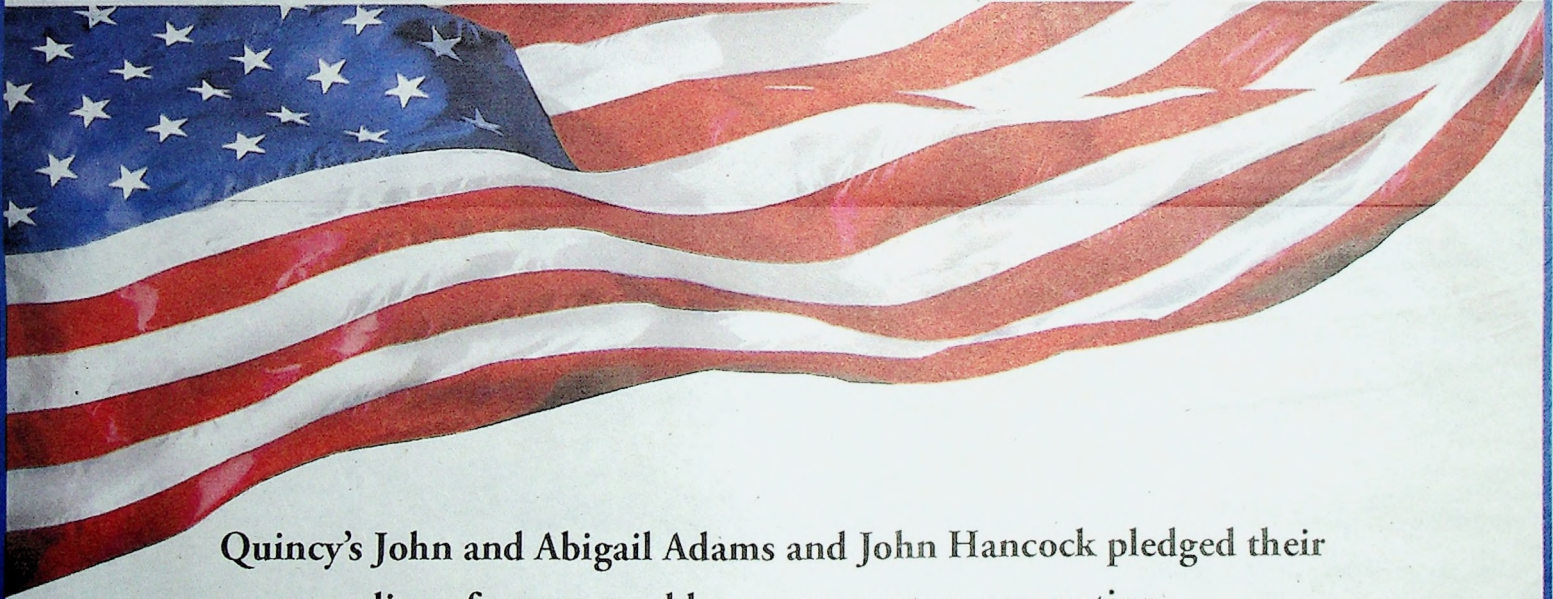
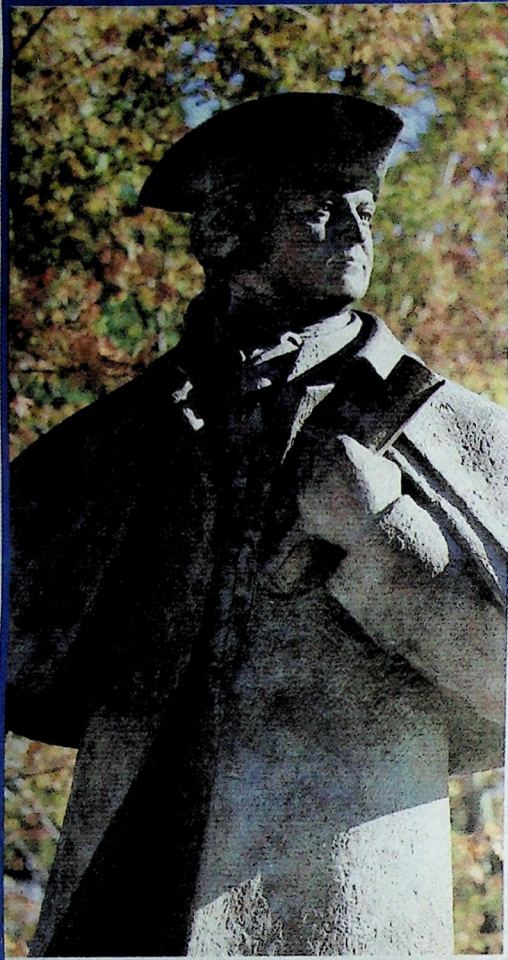
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Quincy's John and Abigail Adams and John Hancock pledged their lives, fortunes and honor to create a new nation.

A nation that acknowledges that all men are created equal and "are endowed by their creator with certain unalienable rights, that among these are life, liberty and the pursuit of happiness."

We strive to continue to be a more perfect union and recognize the patriots who created this republic and those who died defending it.

HAPPY JULY 4TH!

Mayor Tom & Christine Koch